



Registration

Seniors: Feb 12 • General: Feb 13

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Activity Guide

Spring 2020





Loudoun County, Virginia

www.loudoun.gov/prcs

Department of Parks, Recreation and Community Services

742 Miller Drive, SE, Leesburg, VA 20175

703-777-0343 • prcs@loudoun.gov • www.loudoun.gov/prcs

Spring 2020

I always embrace spring and its promise of new growth and beginnings. With each changing season comes opportunities to plan and implement new programs that celebrate the uniqueness of the season, as well as the diverse needs of our customers.

PRCS staff continue to draw from their professional education, training and creative talents to offer residents of all ages new opportunities to learn, grow and have fun! This spring issue features a variety of new programs and events, including preschooler kindness club, happy hour yoga, foodie fests, chalk art competitions and much more!

I encourage each of you to browse your spring guide and take the opportunity to challenge yourself to learn a new skill, enhance your level of fitness, attend a special event or enjoy a live performance. Whatever you choose, I hope that you will take the opportunity to celebrate this season of new beginnings with PRCS!

We thank you for the opportunity to be of service and remain committed to creating community through our people, parks and programs.

Sincerely,

Steve Torpy

Director, Loudoun County Department of Parks, Recreation and Community Services



WHAT'S INSIDE

Events, Classes & Activities: March 1 - May 31, 2020

General Registration Begins February 13 • Senior Registration Begins February 12

Plan Ahead!

Summer class registration Begins May 21 • Keep this issue until June 2020

Summer Daze/Fest/Adaptive Recreation Camp preregistration runs March 9-20

Summer camp general registration begins March 24

Classes & Activities

Classes are arranged by category and/or age group:

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*Cover photos Courtesy of Adaptive Recreation,
Claude Moore Park and Claude Moore Recreation & Community Center*



NOW HIRING!

loudoun.gov/jobs



#JoinTheFunWithPRCS





BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike, Bluemont, VA 20135

540-554-8643

M-Th 7:00am-8:30pm • F 7:00am-6:30pm

LICENSED CHILDCARE PROGRAMS

CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and part-time childcare program provides a safe, healthy learning environment. Call 540-554-4838 for availability and pricing information.

LICENSED PRESCHOOL

PRESCHOOL CLASSES FOR 2020-21 SCHOOL YEAR

(Ages 2.5-5) Bluemont Community Center offers a nine month preschool program from September-May. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Our program follows the Creative Curriculum Approach to Learning. Call Bluemont Community Center for available openings.

KIDS CLUB

(Ages 5-12) Bluemont Community Center offers a licensed after-school program for students attending Round Hill Elementary School. Our program features extended learning opportunities where students thrive in a friendly, nurturing environment. Staffed by qualified, experienced teachers, our center offers children the opportunity to participate in indoor and outdoor activities including arts, games and sports while simultaneously developing social and interpersonal skills. Additionally, children are able to complete their daily homework during dedicated homework time. Call Bluemont Community Center for available openings and registration information.

PRESCHOOL AGE PROGRAMS

HAPPY BIRTHDAY DR. SEUSS

(Ages 3-5) Celebrate by making a special treat and reading some books. Instructors: Linda G and Linda S.

306117-01	\$12 (+\$2 supl)	M	3/2-3/2	12:00pm-1:30pm
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PRESCHOOL EXTENSION

(Ages 4-5) A preschool extension class where students can learn and play in a structured, nurturing environment. Instructor: Lori McVey.

306108-01	\$108	Tu,Th	3/3-3/31	12:30pm-2:00pm
306108-02	\$84	Tu,Th	4/2-4/30	12:30pm-2:00pm
306108-03	\$72	Tu,Th	5/5-5/21	12:30pm-2:00pm

BON-API-TOTS

(Ages 3-5) Make easy and yummy recipes to share with family and friends. Instructors: Linda G and Linda S.

306101-01	\$12 (+\$2 supl)	M	3/9	12:00pm-1:30pm
306101-02	\$12 (+\$2 supl)	M	3/23	12:00pm-1:30pm
306101-03	\$12 (+\$2 supl)	M	4/20	12:00pm-1:30pm
306101-04	\$12 (+\$2 supl)	M	5/18	12:00pm-1:30pm

LET'S KEEP MOVING

(Ages 3-5) A fun movement class. Bring a lunch and drink. Instructors: Linda G and Linda S.

306104-01	\$12	W	3/11	12:00pm-1:30pm
306104-02	\$12	W	4/29	12:00pm-1:30pm
306104-03	\$12	W	5/13	12:00pm-1:30pm

BOOK BUDDIES

(Ages 3.5-5) Join in the fun as we explore the amazing world of children's literature. Bring a lunch and drink. Instructor: Kim Harper.

306103-01	\$12	F	3/13	12:00pm-1:30pm
306103-02	\$12	F	4/17	12:00pm-1:30pm
306103-03	\$12	F	5/8	12:00pm-1:30pm

PIZZA-LICIOUS

(Ages 3-5) Pizza Day! We will prepare our own pizza with special toppings. Instructors: Linda G and Linda S.

306121-01	\$12 (+\$2 supl)	W	3/18	12:00pm-1:30pm
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PRESCHOOL BASKETBALL

(Ages 3-5) Young players will learn the basic skills such as safety, passing, dribbling, shooting and running. Bring a water bottle.

306109-01	\$16	Tu	3/24-3/31	12:30pm-1:30pm
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PRESCHOOL HOCKEY

(Ages 3-5) It is hockey season for preschoolers! The class will focus on basics and skills of hockey. Bring a water bottle.

306102-01	\$16	Tu	4/7-4/14	12:30pm-1:30pm
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HIP HOP HOORAY

(Ages 3-5) Get ready for Easter by painting eggs, playing games and making springtime crafts. Bring a snack and drink. Instructors: Linda G & Linda S.

306105-01	\$24 (+\$3 supl)	Th	4/9	9:00am-12:00pm
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PRESCHOOL FOOTBALL TRAINING CAMP

(Ages 3-5) Young football players will learn safety, throwing, catching and running. Bring a water bottle.

306120-01	\$16	Tu	4/21-4/28	12:30pm-1:30pm
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EARTH DAY PROGRAM

(Ages 3-5) Celebrate by making Earth Day treats. Bring a lunch and drink. Instructors: Linda G and Linda S.

306119-01	\$12 (+\$2 supl)	W	4/22	12:00pm-1:30pm
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CINCO DE MAYO COOKING

(Ages 3-5) Celebrate Cinco De Mayo by making nachos and tacos for lunch. Bring a drink. Instructors: Linda G and Linda S.

306126-01	\$12 (+\$2 supl)	M	5/4	12:00pm-1:30pm
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SPRING TRAINING TEE BALL

(Ages 3-5) Young baseball players will develop skills in safety, hitting, fielding, throwing and running. Bring a water bottle.

306107-01	\$16	Tu	5/5-5/12	12:30pm-1:30pm
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SOCCER, SHOT AND GOAL

(Ages 3-5) This class is for the beginner soccer players. The focus will be on basic soccer skills and fundamentals. Bring a water bottle.

306111-01	\$16	Tu	5/19-5/26	12:30pm-1:30pm
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ELEMENTARY AGE PROGRAMS

STUDENT HOLIDAY CAMP

(Ages 5-11) School is out the days listed below. Join us at Bluemont for fun-filled days of activities. Bring a lunch, snack and drink.

306203-01	\$46	Tu	3/3	7:00am-6:00pm
306203-02	\$46	F	3/27	7:00am-6:00pm

CLAY ART PROGRAM

(Ages 6-11) Create and paint a beautiful bowl or a whimsical pinch pot with air dry clay. Participating Girl Scouts will receive a Fun Patch for this activity. Instructor: Sally Thibodeaux.

306206-01	\$20	M	3/16	6:00pm-8:30pm
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IN THE KITCHEN WITH KIM

(Ages 6-10) Make Irish Soda Bread. Children will leave with their own baked bread. Instructor: Kim Labash.

306244-01	\$8 (+\$3 supl)	Tu	3/17	4:00pm-5:00pm
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READER'S THEATRE PERFORMANCE

(Ages 6-11) Kids Club will perform a masterpiece skit from their Reader's Theatre project. For more information contact Leigh.Macklin@loudoun.gov.

306204-01	Free	F	3/20	4:00pm-4:30pm
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SPRING BREAK CAMP

(Ages 5-12) School is out for Spring Break. Join us for fun-filled days with games, and other activities. Bring a lunch, snack and drink each day. Call 540-554-8643 for more information.

306217-01	\$182	M-F	4/6-4/10	7:00am-6:00pm
306217-02	\$46	M	4/6	7:00am-6:00pm
306217-03	\$46	Tu	4/7	7:00am-6:00pm
306217-04	\$46	W	4/8	7:00am-6:00pm
306217-05	\$46	Th	4/9	7:00am-6:00pm
306217-06	\$46	F	4/10	7:00am-6:00pm

APRIL SHOWERS ART PROGRAM

(Ages 6-11) Use watercolors, paint stunning landscapes and nature on canvas and work with other water-based art. Participating Girl Scouts will receive a Fun Patch for this activity. Instructor: Sally Thibodeaux.

306207-01	\$20	M	4/20	6:00pm-8:30pm
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COOKING CLASS

(Ages 6-11) Learn how to prepare a meal that includes farm fresh fruits and vegetables. Girl Scouts participating in this program will earn a Fun Patch.

306202-01	\$8	F	4/24	4:00pm-5:00pm
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MAY DAY MAKE & TAKE

(Ages 6-10) Make a herbal May Day decoration in a mason jar. Supplies provided courtesy from the Herb Society of America. Instructor: Kim Labash.

306209-01	\$8	F	5/1	4:00pm-5:00pm
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CINCO DE MAYO COOKING EXTRAVAGANZA

(Ages 6-10) Celebrate by making some Mexican treats. Instructor: Linda Sapp.

306218-01	\$8 (+\$2 supl)	Tu	5/5	4:00pm-5:00pm
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DIGITAL PHOTOGRAPHY CLASS

(Ages 6-11) Students will learn basic elements of digital photography including: camera features, landscape and lighting tips, and posing tips. Students should bring a camera or phone. Participating Girl Scouts will receive a Fun Patch for this activity. Instructor: Leigh Ann Macklin.

306205-01	\$8	F	5/15	4:00pm-5:00pm
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MAY FLOWERS ART PROGRAM

(Ages 6-11) Students will create and paint their own gorgeous flower arrangements and plant seeds in pots they have personally painted. Participating Girl Scouts will receive a Fun Patch for this activity.

Instructor: Sally Thibodeaux.

306208-01	\$20	M	5/18	6:00pm-8:30pm
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ELEMENTARY PAINTING

(Ages 6-11) Students will learn the basics skills and techniques of painting. A wide variety of subjects will be painted.

306215-01	\$16	W	5/20-5/27	4:00pm-5:00pm
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ADULT PROGRAMS

GET FIT WITH LINDA

(Ages 18 & up) A fun workout all year round. First class is free. Instructor: Linda Sapp.

306501-01	\$56	M,W,F	3/2-3/18	8:15am-9:15pm
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PAINTING WITH ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. You will develop skills and techniques of painting. We will paint a variety of subjects. Students must have canvas, brushes and acrylic paints.

306502-01	\$30	W	3/11-3/25	7:00pm-8:30pm
306502-02	\$30	W	4/8-4/22	7:00pm-8:30pm
306502-03	\$30	W	5/13-5/27	7:00pm-8:30pm

MULTIAGE PROGRAMS

GRILLED CHEESE DAY

(All Ages) Tax and Grilled Cheese Day! Join the Bluemont Community for free sandwiches. We will have all types of bread and cheese combinations.

306702-01	Free	W	4/15	12:30pm-1:30pm
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FOOT GOLF

(Ages 6 & up) Try your skills at the Bluemont Community Center's 9 hole foot golf course. No registration required.

Pay at Door Ages 12 & under \$1.00 and Ages 13 & up \$2.00

Sa	4/18-5/30	12:00pm-4:30pm
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EARTH DAY CELEBRATION

(All Ages) We will celebrate Earth Day by planting seeds, weeding and cleaning up the grounds of the Bluemont Community Center. For more information contact Leigh.Macklin@loudoun.gov or call 540-554-8643.

306705-01	Free	W	4/22	3:00pm-5:00pm
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PRCS SUMMER 2020 CAMPS

Choose
Your
Adventure!

Summer Daze/Fest/Adaptive Recreation Camp
Pre-registration runs March 9-20

Summer Camp General Registration
Begins March 24

loudoun.gov/camps



DOUGLASS COMMUNITY CENTER

405 East Market Street, Leesburg, VA 20176

703-771-5913

M-F 8:00am-10pm • Sa 8:00am-4:00pm

TODDLER & PRESCHOOL AGE PROGRAMS

LITTLE LEARNERS

(Ages 2-3) Designed as a stepping-stone to Preschool. Learn socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay. No class on 3/3, 3/30 and 4/6 through 4/10.

304100-01	\$80	M,W	3/2-3/25	9:30am-11:00am
304100-02	\$80	M,W	4/1-4/29	9:30am-11:00am
304100-03	\$60	M,W	5/4-5/20	9:30am-11:00am

PRESCHOOL CLUBHOUSE

(Ages 3-5) Do you need extra time? Let your child have lunch with their friends, play games and make crafts! Please pack a lunch and a drink. No class on 3/3, 3/27 and 4/6 through 4/10. Two and three day rates available - contact office staff.

304103-01	\$50	M,W-F	3/2-3/6	11:20am-12:30pm
304103-02	\$50	M-F	3/9-3/13	11:20am-12:30pm
304103-03	\$50	M-F	3/16-3/20	11:20am-12:30pm
304103-04	\$50	M-Th	3/23-3/26	11:20am-12:30pm
304103-05	\$50	M-F	3/30-4/3	11:20am-12:30pm
304103-06	\$50	M-F	4/13-4/17	11:20am-12:30pm
304103-07	\$50	M-F	4/20-4/24	11:20am-12:30pm
304103-08	\$50	M-F	4/27-5/1	11:20am-12:30pm
304103-09	\$50	M-F	5/4-5/8	11:20am-12:30pm
304103-10	\$50	M-F	5/11-5/15	11:20am-12:30pm
304103-11	\$50	M-Th	5/18-5/21	11:20am-12:30pm

HAPPY BIRTHDAY DR. SEUSS

(Ages 4-7) Happy Birthday Dr. Seuss! Create crafts from Dr. Seuss's books: "Put me in the Zoo", "Green Eggs and Ham", and "The Foot Book". Your child will also prepare their own dinner with a special Dr. Seuss recipe. After dinner we will celebrate with a Birthday cake.

304102-01	\$12	M	3/2	5:00pm-8:00pm
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TEENY TOTS

(Ages 2-3) Designed as a stepping stone into Preschool. Learn socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay. No class on 3/3, 3/30 and 4/6 through 4/10.

304101-01	\$80	Tu,Th	3/5-3/31	9:30am-11:00am
304101-02	\$80	Tu,Th	4/2-4/30	9:30am-11:00am
304101-03	\$60	Tu,Th	5/5-5/21	9:30am-11:00am

SPRING LAMBS

(Ages 2-3) Create a unique lamb to decorate your home for Spring. Parent participation required.

304106-01	\$10	F	3/13	10:00am-10:30am
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WIGGLE, GIGGLE & GO (NEW)

(Ages 1.5-3) Looking for something fun and entertaining to do with your toddler? Join us in our multipurpose room on Monday's and Wednesday's! You and your child will enjoy playing with hoops, balls, and parachutes. Parent participation required.

304105-01	\$30	M,W	3/16-3/25	9:30am-10:30am
304105-02	\$30	M,W	4/13-4/27	9:30am-10:30am
304105-03	\$30	M,W	5/4-5/18	9:30am-10:30am

LUCKY GOLD HUNT

(Ages 2-3) Try the Luck of the Irish and join us in a lucky gold hunt. Your child will hunt for gold coins and make a St. Patrick's Day craft. Parent participation required.

304108-01	\$5	Tu	3/17	10:00am-10:30am
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WAKE UP LITTLE BEAR

(Ages 2-3) Wake up Mr. Bear and other sleeping friends for Spring. Join us in making fun bear crafts and other animals to celebrate Spring. Parent participation required.

304110-01	\$8	F	3/20	10:00am-10:45am
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ROCKIN INTO SPRING

(Ages 2-3) Create spring crafts to decorate your home! After crafts we'll play with the parachute, balls and do other fun activities. Parent participation required.

304107-01	\$5	Th	3/26	10:30am-11:00am
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MY LITTLE BUNNY

(Ages 2-3) Let's get moving and do the bunny hop while making bunny ears, an Eddie the Bunny craft, and more to decorate your home for the season. You never know, the Easter Bunny might even make a surprise appearance! Parent participation required.

304117-01	\$10	F	4/3	10:00am-11:00am
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PRESCHOOL COOKING FUN

(Ages 3-5) Looking for something fun for your preschooler to do during Spring Break. Bring them to Douglass and let them enjoy making fun treats. Your child will have hands on experience with measuring, pouring and mixing. Light cooking will be included.

304111-01	\$75	M-F	4/6-4/10	9:30am-12:00pm
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RAINBOW FUN

(Ages 2-3) Enjoy the beautiful colors of the rainbow while making unique rainbow crafts. Parent participation required.

304114-01	\$8	F	4/17	10:00am-11:45am
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SPLISH, SPLASH, RAINY CRAFTS

(Ages 2-3) Who says you can't have fun in the rain? Decorate an umbrella, use chocolate pudding to make a mud puddle, and make other fun crafts to celebrate the rainy season. Parent participation required.

304136-01	\$8	Tu	4/21	10:00am-10:45am
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TINY HANDS

(Ages 1.5-3) Little handprints make beautiful flowers, animals, and other Spring masterpieces! Parent participation required.

304109-01	\$8	F	4/24	10:00am-10:45am
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CINCO DE MAYO

(Ages 3-5) Let's celebrate Cinco De Mayo! Your child will make their own lunch and dessert. We will play games and to end the afternoon of fun, we will break open a piñata. Parent participation not required.

304127-01	\$12	Tu	5/5	11:30am-1:00pm
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FLOWER POT PAINTING

(Ages 3-5) Let your child express their artistic side and paint pictures on a flowerpot to decorate your patio or flower garden for the season. Parent participation not required.

304118-01	\$10	F	5/8	3:00pm-4:00pm
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SPRING FLOWERS

(Ages 2-3) Learn about floriculture as we plant flowers in our courtyard for the Spring. Be prepared to get dirty with this hands-on activity. You will also get a flower to take home and plant. Parent participation required.

304116-01	\$8	F	5/12	10:00am-10:45am
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SUMMER EXPLORERS

(Ages 3-5) Join us for a fun week of camp making new friends and enjoying crafts, games, and group play. The perfect pre-camp experience. Bring a snack and drink. Parent participation not required.

304142-01	\$125	Tu-F	5/26-5/29	9:00am-12:00pm
304142-02	\$150	M-F	6/1-6/5	9:00am-12:00pm

ELEMENTARY AGE PROGRAMS

BREAKING TECHNIQUE

(Ages 6-12) Learn one of the basic elements of hip hop: Break Dancing! This class introduces break dancing moves and B-Boy tricks leading to advanced moves like Baby Freeze, Air Nike, Headsprings, Kip-ups and more. Call 703-724-4900 for more information. No class on 4/6/20. Instructor: Drew Looner.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304208-01	\$82	M	3/2-3/23	7:00pm-8:00pm
304208-02	\$82	M	3/30-4/27	7:00pm-8:00pm
304208-03	\$82	M	5/4-5/18	7:00pm-8:00pm

SCHOOL'S OUT REVOLUTION

(Ages 5-13) School's Out! Camp is in! And our camp has it all! Activities include LEGO's, games and puzzles, arts and crafts, video games, and plenty of time to chill with their friends. Please bring a packed lunch, snack and drinks. Space is limited.

304234-01	\$50	Tu	3/3	7:00am-6:00pm
304234-02	\$50	F	3/27	7:00am-6:00pm
304234-03	\$200	M-F	4/6-4/10	7:00am-6:00pm

ACRO - BEGINNER

(Ages 5-8) Cartwheels away! Join us on the mat and learn basic elements of acrobatic arts. Build skills to progress towards advanced skills like back walkovers, handsprings, aerials, and more. Comfortable athletic clothing recommended, bare

feet required. Call 703-724-4900 for more information. Instructor: Taz Prince. No class on 4/7/20.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304209-01	\$75	Tu	3/3-3/24	3:45pm-4:30pm
304209-02	\$75	Tu	3/31-4/28	3:45pm-4:30pm
304209-03	\$75	Tu	5/5-5/26	3:45pm-4:30pm

FULL DAY DANCE CAMPS

(Ages 6-12) Full Day Camp for your convenience on LCPS Teacher Work Days! Includes Dance Classes, crafts and FUN activities! Please bring a water bottle, a healthy lunch and 2 snacks. Dancers should wear comfortable athletic wear (leotard/tights/booty shorts, or leggings/top), jazz and/or ballet shoes, and clean sneakers. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304211-01	\$55	Tu	3/3	8:00am-6:30pm
304211-02	\$55	F	3/27	8:00am-6:30pm

JAZZ TECHNIQUE - BEGINNER

(Ages 5-8) Learn the basics of jazz dance technique! We'll put on your favorite Pop songs and work on your Jazz technique skills, flexibility, leaps and turns. Areas of study include stretch, center floor technique and across-the-floor progressions. Leotard, shorts or tights and jazz shoes recommended. Call 703-724-4900 for more information. No class on 4/9/20. Instructor: Stacie Lee.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304212-01	\$82	Th	3/5-3/26	4:30pm-5:30pm
304212-02	\$82	Th	4/2-4/30	4:30pm-5:30pm
304212-03	\$82	Th	5/7-5/28	4:30pm-5:30pm

GOOD TIMES AT DCC

(Ages 8-14) Enjoy a night out while your kid's enjoy a night in! Your child will have a chance to make new friends and/or spend time with their old friends. We will enjoy card games, karaoke, sharing jokes and more. A pizza dinner is included. \$25 for one child, \$15 per additional child per family.

304300-01	\$25 One Child	F	3/6	5:00pm-9:00pm
304300-02	\$15 Per Additional Child		3/6	
304300-03	\$25 One Child	F	3/20	5:00pm-9:00pm
304300-04	\$15 Per Additional Child		3/20	
304300-05	\$25 One Child	F	4/3	5:00pm-9:00pm
304300-06	\$15 Per Additional Child		4/3	
304300-07	\$25 One Child	F	4/17	5:00pm-9:00pm
304300-08	\$15 Per Additional Child		4/17	
304300-09	\$25 One Child	F	5/1	5:00pm-9:00pm
304300-10	\$15 Per Additional Child		5/1	
304300-11	\$25 One Child	F	5/15	5:00pm-9:00pm
304300-12	\$15 Per Additional Child		5/15	

STEM EXCEL MINECRAFT MODDING

(Ages 6-12) Minecraft Modding teaches students important problem-solving and design skills by making changes to the popular game itself. Programming fundamentals are reinforced by designing and implementing large-scale Mine-craft modifications. Our instructors offer individualized attention and mentorship throughout our course, so students will learn at their pace following their personal learning style and interests. NO CLASS on APRIL 11.

304205-01	\$134	Sa	3/7-4/18	9:00am-12:00pm
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BOLLYWOOD (6 WEEK SESSION)

(Ages 6-12) This fun class teaches you the basics of this high-energy international dance style. Comfortable athletic clothing recommended. No class on 4/11/20. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304213-01	\$120	Sa	3/7-4/18	10:00am-11:00am
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HIP HOP (6 WEEK SESSION)

(Ages 6-12) Dancers learn basic hip hop grooves and techniques and learn a com-bo to show parents and friends. Comfortable athletic clothing and clean sneakers recommended. No class on 4/11/20. Call 703-724-4900 for more information. Instructor: Lauren Eisele.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

Spring Celebrations



are listed in the
Special Events Section on page 61

304214-01 \$120 Sa 3/7-4/18 12:30pm-1:30pm

STEM EXCEL ELECTRONICS WITH MINECRAFT REDSTONE

(Ages 6-12) STEM exCEL's Electronics with Minecraft Redstone allows students to explore electronics in a virtual world with essentially infinite resources. Using Minecraft's Redstone blocks, which act as wires on a breadboard, students can build constructs representing electrical circuits and simple computer projects that built in the real world. This course is a great precursor to understand real circuitry, electronics and electrical theory. NO Class April 11.

304206-01 \$134 Sa 3/7-4/18 1:00pm-2:00pm

BREAKING TECHNIQUE (6 WEEK SESSION)

(Ages 6-12) Learn one of the basic elements of hip hop: Break Dancing! This class introduces break-dancing moves and B-Boy tricks leading to advanced moves like Baby Freeze, Air Nike, Headsprings, Kip-ups and more. Call 703-724-4900 for more information. Instructor: Drew Looner.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304215-01 \$120 W 4/15-5/20 5:30pm-6:30pm

ADULT AGE PROGRAMS

TAP DANCE FOR FUN

(Ages 16 & up) Tap Dance is fun for everyone. Whether you're just learning your shuffles and flaps, or you're already doing your Perdidles and Maxi Fords, we can all Shuffle off to Buffalo! Fun music and fast rhythms help give you a good workout, too! Comfortable athletic clothing and tap shoes recommended. Call 703-724-4900 for more information. Instructor: Vivian Monroe.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304302-01 \$120 Tu 3/3-4/14 7:00pm-8:00pm

ADAPTIVE PROGRAMS

ADAPTIVE DANCE (RECITAL)

(Ages 16 & up) Dance class for teen and adult special needs students, covering basic jazz, ballet and hip hop techniques. Culminates in a routine for the end of the program with a recital, for those who begin on March 2. Comfortable athletic clothing and jazz shoes recommended. No class on 4/6/20. Call 703-724-4900 for more information. Instructor: Caitlin Snead. See Adaptive Recreation for more Inclusive opportunities.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn, VA

304301-01 \$82 M 3/2-3/30 5:30pm-6:30pm

304301-02 \$82 M 4/13-4/27 5:30pm-6:30pm

304301-03 \$82 M 5/4-5/25 5:30pm-6:30pm

ICE CREAM SUNDAES AND A MOVIE

(Ages 16 & up) Enjoy making an Ice Cream Sundae. While enjoying your sundae we will watch a movie. Parent/Guardian responsible for participant See Adaptive Recreation for more Inclusive opportunities.

304502-01 Sa 3/28 4:00pm-6:00pm

KARAOKE/SING-A-LONG AT THE BEACH FOR ADULTS WITH DISABILITIES

(Ages 16 & up) Spend an afternoon with us at Douglass Community Center enjoying some fun sing-a-long songs and karaoke. Drinks/Snacks will be available for purchase. Parent/Guardian responsible for participant. See Adaptive Recreation for more Inclusive opportunities.

304500-01 Sa 4/18 2:00pm-4:00pm

SPRING DANCE FOR ADULTS WITH DISABILITIES

(Ages 16 & up) Join us in the Douglass Multipurpose room for music & dancing. There will be photo props for you to take pictures to remember your special day. Drinks/snacks available for purchase. Parent/Guardian responsible for participant. See Adaptive Recreation for more Inclusive opportunities.

304501-01 Sa 5/23 4:00pm-6:00pm

For more adaptive and inclusive programs see Adaptive Recreation.



LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street, Purcellville, VA 20132

540-338-4122

M-Th, 7:00am-9:30pm • F 7:00am-6:00pm • Sa 8:00am-4:00pm

LICENSED PROGRAMS

CHILD CARE

(Ages 3-5) Are you looking for a community childcare Solution for your family? LVCC offers full time childcare 7am-6:15pm five days a week. Our Licensed professionals provide a safe, healthy, learning environment that promotes the physical, social, and intellectual growth of children. Healthy breakfasts and snacks are provided.

PRESCHOOL

(Ages 3-5) Our state licensed, nine-month preschool program operates September through May. Our experienced staff follows the Creative Curriculum program for the enrichment of your preschool student. Registration is currently available to all.

SCHOOL STREET KIDS AFTERSCHOOL PROGRAM

Grades K-1) Join this wonderful after school group of children for an enriching program that includes outside play, games, activities, crafts, and homework help is offered. This program follows the LCPS calendar.

PRESCHOOL AGE PROGRAMS

MATH MAGIC

(Ages 4-5) Get ready to have lots of fun and enrichment with numbers and math! We will learn basic math skills including number sense, counting, and addition and subtraction using real life examples! This class strives to prepare children to think independently, critically and creatively. Instructor: Stephanie Royhab.

301101-01 \$60 M 3/2-3/30 11:45am-1:15pm

301101-02 \$36 M 4/13-4/27 11:45am-1:15pm

301101-03 \$36 M 5/4-5/18 11:45am-1:15pm

JUMP START

(Ages 3-4) Give your child a JUMP START in this delightful "Afters" program. Ms. Elizabeth, an experienced preschool teacher will surround your child with additional literacy, counting, and patterns, games, songs, projects and lots of social interaction! This enriching environment is an addition to your youngster's preschool experience! Instructor: Elizabeth Licciardone.

301104-01 \$48 Tu 3/10-3/31 11:45am-1:15pm

301104-02 \$36 Tu 4/14-4/28 11:45am-1:15pm

301104-03 \$36 Tu 5/5-5/19 11:45am-1:15pm

CULINARY KIDS SNACKS

(Ages 3.5-5) Join Ms. Steph and prepare some fun snacks! We will learn about food (maybe even try something new), use kitchen tools and practice best table manners. Students enrolled in Culinary Kids Snacks will be exposed to all types of ingredients including, but not limited to dairy, eggs, and wheat, products produced in facilities containing peanuts and tree nuts; and all sorts of delicious treats! Instructor: Stephanie Royhab.

301102-01	\$48	W	3/4-3/25	11:45am-1:15pm
301102-02	\$48	W	4/1-4/29	11:45am-1:15pm
301102-03	\$36	W	5/6-5/20	11:45am-1:15pm

KALEIDOSCOPE - CREATIVE LITERACY

(Ages 3.5-5) Expand your child's day in the enchanting world of Kaleidoscope! You will explore the world of books, engage in various activities that provide literacy enrichment. Kaleidoscope embraces the treasures of literature that will guide and support your child's creative literacy development. Monthly literature projects along with group reading, games and crafts develop your child's foundation for literature enjoyment! Instructor: Elizabeth Licciardone.

301105-01	\$48	W	3/4-3/25	11:45am-1:15pm
301105-02	\$48	W	4/1-4/29	11:45am-1:15pm
301105-03	\$36	W	5/6-5/20	11:45am-1:15pm

DISNEY MAGIC

(Ages 3-5) Step into our magic world each week with a Walt Disney-themed story and activities! Each week, Ms. Elizabeth, our resident Disney expert, will share a favorite Disney story and their characters. You cannot imagine all you will learn through this delightful avenue! Art, Drama, Themed Foods, Music, Songs and Games are all part of this adventure!

March: *Inside Out, Alice In Wonderland, Finding Dory, Cars 2*
April: *Pinocchio, A Bugs Life, Peter Pan, Moana*
May: *Flubber, Lilo & Stitch, Donald Duck.*

Instructor: Elizabeth Licciardone.

301106-01	\$48	Th	3/5-3/26	11:45am-1:15pm
301106-02	\$48	Th	4/2-4/30	11:45am-1:15pm
301106-03	\$36	Th	5/7-5/21	11:45am-1:15pm

JUST ART

(Ages 3.5-5) Does your child like to paint, draw, and create? Then Just Art is the perfect class for their self-expression! Each day is full of imagination and creation with various paint, tempera, and watercolor and with some materials you might not think of! Drawing, paper cutting, tissue, glue, collage, clay, dough.....so many things to create our masterpieces. Wear old clothes for some messy fun!. Instructor: Stephanie Royhab.

301109-01	\$48	F	3/6-3/27	11:45am-1:15pm
301109-02	\$36	F	4/3-4/24	11:45am-1:15pm
301109-03	\$48	F	5/1-5/22	11:45am-1:15pm

PRESCHOOL SPORTS CLUB

(Ages 4-5) Boys and girls, are you looking to learn a new sport? Join Coach Rob and learn the basics of our favorite national pastimes, including baseball/softball, basketball, soccer, and football. Coach Rob will teach you everything you need to know to wow the crowd on your first day of practice.

301170-01	\$31	F	3/6	11:45am-1:15pm
301170-02	\$31	F	4/17	11:45am-1:15pm
301170-03	\$31	F	5/15	11:45am-1:15pm

BEGINNER TUMBLINASTICS

(Ages 3-5) Tumblineastics is a fun high energy class that includes learning the basics of gymnastics. This class helps build strength, coordination, self-confidence and flexibility through the use of floor exercises, creative movement, and yoga stretches. Instructor: Heather Orr.

301145-01	\$78	W	3/4-4/8	11:45am-12:30pm
301145-02	\$78	W	4/15-5/20	11:45am-12:30pm

TWOSIES

(Ages 2-3) Make your plans now for your two-year-old for the next school Season. Registration now available for the program at School Street! Child must be two by September 30th and potty-trained. Call 540-338-4122 for information.

\$50/registration	\$108/monthly
Tu,Th	9:00am-10:30am

STEM INVESTIGATORS

(Ages 3.5-5) These young programmers use a fun friendly little robot bee to learn the foundation of computers by pressing arrow keys that navigate the Bee-Bot to the desired destination. This is a great stem class for your child! Who doesn't love robots?! Instructor: PhiSciRobotics.

301172-01	\$19	M	3/2	11:45am-1:15pm
301172-02	\$19	M	3/9	11:45am-1:15pm
301172-03	\$19	M	3/16	11:45am-1:15pm
301172-04	\$19	M	3/23	11:45am-1:15pm
301172-05	\$19	M	3/30	11:45am-1:15pm
301172-06	\$19	M	4/13	11:45am-1:15pm
301172-07	\$19	M	4/20	11:45am-1:15pm
301172-08	\$19	M	4/27	11:45am-1:15pm
301172-09	\$19	M	5/4	11:45am-1:15pm
301172-10	\$19	M	5/11	11:45am-1:15pm
301172-11	\$19	M	5/18	11:45am-1:15pm

ELEMENTARY AGE PROGRAMS

SCHOOL STREET KIDS AFTER SCHOOL PROGRAM

(Grades K-1) Join this wonderful afterschool group of children for an enriching program that includes outside play, games, activities, crafts, and homework help offered. SSK serves Emerick, Lincoln, Kenneth Culbert and Hamilton Elementary Schools. This program follows the LCPS calendar. Contact LVCC at 540-338-4122 for information about program and registration.

\$50/registration	\$350/monthly
M-F	2:30pm-6:00pm

SCHOOLS OUT CHILD CARE PROGRAMS

SPRING SCHOOLS OUT CAMP

(Ages 6-10) Looking for a safe, fun filled day for your child when the schools are closed? Join our Schools Out Camp program at School Street! We offer a full day of childcare, including all the fun activities your children enjoy. We use a full size Gymnasium, a moon-bounce, video games, arts and crafts, and a feature movie with popcorn. Please bring your children with their water bottles, snacks for the day, and their lunch. Dress children for indoor, and outdoor activities. Our camps are facilitated by our reliable School Street staff of instructors. Contact robert.lloyd@loudoun.gov or 540-338-4122 for more information.

301235-08	\$55	Tu	3/3	7:30am-6:00pm
301235-09	\$55	F	3/27	7:30am-6:00pm
301235-10	\$55	M	4/6	7:30am-6:00pm
301235-11	\$55	Tu	4/7	7:30am-6:00pm
301235-12	\$55	W	4/8	7:30am-6:00pm
301235-13	\$55	Th	4/9	7:30am-6:00pm
301235-14	\$55	F	4/10	7:30am-6:00pm

HEALTH & FITNESS PROGRAMS

FITNESS CENTER

(Ages 16 & up) Come in and work out. Get back in shape or just tone up. \$150.00 gets you a 6 month membership. Seniors 55 and over or students 24 and under with a student ID, get a full year for \$150.00. Must sign up in person at LVCC

Membership options:	
Adults (Ages 16-54).....	\$150/6 mos; \$275/year
Adults (Ages 16-54).....	\$30/month
Seniors (55+)	\$100/6 mos; \$150/year
Seniors (55+) & Students (16-24)	\$20/month
Students (16-24 with ID)	\$100/6 mos; \$150/year

SENIOR EXERCISE PASS

(Ages 55 & up) This pass allows for unlimited punch card classes for one year at

Loudoun Valley Community Center. Call for more details.
\$300 M-Sa

3/2-5/30

BOOT CAMP

(Ages 15 & up) A challenging program that focuses on improving your cardiovascular stamina and increasing your muscle tone and strength, while decreasing your body fat and changing your body composition. The program focuses on overall core strength and stability, as well as resistance and cardiovascular training. Flexibility and mobility are emphasized in each workout. What makes our program unique and successful is that every single day is different! Every week is different! Every month is different! Join the Boot Camp team by enrolling in one of our monthly pass options. Passes expire at the end of each month Instructor: Fitness Image Results

4 Visits	\$52
8 Visits	\$96
10 Visits	\$110
Unlimited	\$120
Drop-In	\$15
M,W	8:15am-9:15am
M,	9:15am-10:15am
Tu,Th	6:30pm-7:30pm
Sa	8:00am-9:00am

TAI CHI

(Ages 18 & up) Tai Chi is a martial art that teaches strength, balance, relaxation, flexibility, and mind-body unification involving a series of deliberate movements. Instructor: Bob Gardner.

301515-04	\$110 Advanced	Tu,Th	3/17-5/7	9:00am-10:00am
301515-05	\$110 Intermediate	Tu,Th	3/17-5/7	10:00am-11:00am
301515-06	\$110 Beginner	Tu,Th	3/17-5/7	11:00am-12:00pm

PUNCH CARD FITNESS

(Ages 16 & up) Join us at LVCC for any of these four classes. Purchase your card at LVCC or on-line for \$100 for 15 classes. If purchased on line you must activate your card at LVCC. \$9 Drop in classes also available. Seniors 55+ are eligible for our Senior Exercise pass which grants you unlimited classes for one year at LVCC for \$300. Call 540-338-4122 for more details.

BARRE FITNESS

(Ages 16 & Up) This is a mix of Barre, Pilates and Yoga. Barre and Pilates exercises provide cardio and strength training, while gentle yoga poses offer stretching and flexibility for the entire body. No dance experience needed. This class is great for all levels!

M 9:00am-10:00am

YOGA

(Ages 16 & up) This punch card class is a Mixed Level Vinyasa Flow style yoga class for beginner to advanced students. We will incorporate cardio, strength, balance, flexibility and meditation in a small class environment. Join us to transform your body and mind!

W 8:30am-9:30am

STRENGTH & STRETCH

(Ages 16 & Up) Reduce Muscular tension, Strengthen joints, and improve posture in this strength and stretch class. Improve your flexibility, balance, and overall strength by challenging your muscles using light weights in a low impact workout. Perfect for all fitness levels.

Th,F 8:30am-9:30am

ZUMBA

(Ages 16 & Up) Zumba fuses hypnotic Latin and International rhythms with easy to follow moves to create a one-of-a-kind fitness program. It's an exciting hour of calorie-burning, body-energizing and inspiring movements designed to engage and motivate. All fitness levels welcome.

Tu 9:30am-10:30am
F 9:30am-10:30am

COMMUNITY EVENTS

PARENTS NIGHT OUT

(Ages 4-10) Parents, enjoy a night out on the town while the children enjoy crafts, a pizza dinner, and fun activities including the moon bounce! Call 540-338-4122 for more information.

301238-07	\$20	1st Child	3/20	6:00pm-9:00pm
301238-08	\$10	Additional Children	3/20	
301238-09	\$20	1st Child	4/24	6:00pm-9:00pm
301238-10	\$10	Additional Children	4/24	
301238-11	\$20	1st Child	5/8	6:00pm-9:00pm
301238-12	\$10	Additional Children	5/8	

MOON BOUNCE PARTY PACKAGES

(All Ages) Enjoy a bouncing birthday party indoors without worries of the weather! The party package includes two hour gym rental (plus 15 minutes before and after for set up and clean up) with 1 hour of moon bounce usage. Four tables are also included. Registration must be done in person at LVCC. Call 540-338-4122 for availability on Saturday date and time.

\$200
Sa 3/7-5/30 Saturdays

See Countywide Events & Trips for more LVCC Programs



LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way, Lovettsville, VA 20180

540-822-5284

M-Th 7:00am-9:00pm • F 7:00am-6:30pm

PRESCHOOL AGE PROGRAMS

New! KINDNESS CLUB

(Ages 3-5) Being kind makes kids feel good and helps them bond as they work on projects to make other people happy. Join us as we promote kindness and compassion through service projects within the school and the community. Instructor: Sue Cangemi.

302107-01	\$14	M	3/2	11:00am-12:30pm
302107-02	\$14	M	3/30	11:00am-12:30pm
302107-03	\$14	M	5/4	11:00am-12:30pm

CREATIVE MOVEMENT

(Ages 3-5) Learn and explore the joy of creative movement, ballet, lyrical, tap and jazz through storytelling, imagery, improvisation, use of props, and music. Students will participate in the Spring Dance Production at Franklin Park Arts Center in May 2020! Must be enrolled throughout the year to participate in all productions. Don't forget to pack a nut-free lunch. Instructor: SoHo Performing Arts LLC.

302114-01	\$100	M	3/2-3/30	11:00am-12:30pm
302114-02	\$120	M	4/13-5/18	11:00am-12:30pm

TUESDAY ADVENTURES

(Ages 3-5) Enjoy a new adventure each week! Don't forget to pack a nut-free lunch. Instructor: Christine White.

302104-01	\$14	Tu	3/3	11:00am-12:30pm
302104-02	\$14	Tu	3/24	11:00am-12:30pm
302104-03	\$14	Tu	4/21	11:00am-12:30pm
302104-04	\$14	Tu	5/12	11:00am-12:30pm

LUNCH BUDDIES

(Ages 3-5) Who doesn't want to play and have lunch with their friends?! Don't forget to pack a nut-free lunch. Instructor: Christine White.

302100-01	\$14	W	3/4	11:00am-12:30pm
302100-02	\$14	W	3/25	11:00am-12:30pm
302100-03	\$14	W	4/22	11:00am-12:30pm
302100-04	\$14	W	5/13	11:00am-12:30pm

TOUGH TIKES

(Ages 3-5) Tough Tikes is a high-energy fun filled exercise class for kids. This class strives to increase the overall health and fitness level of children in a fun, safe, positive and motivating environment. We will use basic sports concepts to build a positive fitness image that will stay with your child as they grow. Class filled with fun games that use fitness, partner exercises and obstacle courses. Instructor: Heather Rushing.

302134-01	\$30	Th	3/5-3/26	11:00am-11:45am
302134-02	\$40	Th	4/2-4/30	11:00am-11:45am
302134-03	\$20	Th	5/7-5/21	11:00am-11:45am

TWOS AND THREES

(Ages 2-3) Music, art, stories and socialization! Program designed for children to attend without a parent. Don't forget to pack a nut-free snack. Instructors: Barbara Ray and Cristen Parks.

302101-01	\$88	Th,F	3/5-3/27	8:30am-10:00am
302101-02	\$77	Th,F	4/2-4/30	8:30am-10:00am
302101-03	\$77	Th,F	5/1-5/22	8:30am-10:00am

LITTLE EXPLORERS

(Ages 2-3) This class will include stories, games, crafts, and other engaging activities for your little one! Program designed for children to attend without a parent. Instructor: Cristen Parks.

302111-01	\$40	Th	3/5-3/26	10:00am-10:45am
302111-02	\$40	Th	4/2-4/30	10:00am-10:45am
302111-03	\$30	Th	5/7-5/21	10:00am-10:45am

NEW! MOVEMENT & MUSIC

(Ages 2-3) Join us for this fun-filled, full of energy class which focuses on movement & music activities that are loads of active fun! Program designed for children to attend without a parent. Instructor: Cristen Parks.

302112-01	\$40	F	3/6-3/27	10:00am-10:45am
302112-02	\$30	F	4/3-4/24	10:00am-10:45am
302112-03	\$40	F	5/1-5/22	10:00am-10:45am

LEGO CLUB

(Ages 3-5) Play with your friends while being creative and working your fine motor skills - all with LEGOS and DUPLOS! Don't forget to pack a nut-free lunch. Instructor: Barbara Ray.

302122-01	\$14	M	3/9	11:00am-12:30pm
302122-02	\$14	M	4/13	11:00am-12:30pm

LITTLE CHEFS

(Ages 3-5) It is no secret that kids love to cook! Chef Christine will cater to your tiny one's taste buds and cook up a treat to take home. Don't forget to pack a nut-free lunch! Instructor: Christine White.

302106-01	\$16	Tu	3/10	11:00am-12:30pm
302106-02	\$16	Tu	3/31	11:00am-12:30pm
302106-03	\$16	Tu	4/28	11:00am-12:30pm
302106-04	\$16	Tu	5/19	11:00am-12:30pm

STEAM TRAIN

(Ages 3-5) Hop on the Science, Technology, Engineering, Art and Math (STEAM) train! Don't forget to pack a nut-free lunch. Instructor: Sue Cangemi.

302109-01	\$14	W	3/11	11:00am-12:30pm
302109-02	\$14	W	4/1	11:00am-12:30pm
302109-03	\$14	W	4/29	11:00am-12:30pm
302109-04	\$14	W	5/20	11:00am-12:30pm

SPORTIES 4 SHORTIES

(Ages 3-5) Develop kicking, running, throwing, catching, and good sportsmanship skills. Instructor: Heather Rushing.

302105-01	\$20	M	3/16-3/23	11:00am-11:45am
302105-02	\$20	M	4/20-4/27	11:00am-11:45am
302105-03	\$20	M	5/11-5/18	11:00am-11:45am

LITTLE ARTISTS

(Ages 3-5) Use your hands and mind to create art! Don't forget to pack a nut-free lunch. Instructor: Sue Cangemi.

302102-01	\$14	Tu	3/17	11:00am-12:30pm
302102-02	\$14	Tu	4/14	11:00am-12:30pm
302102-03	\$14	Tu	5/5	11:00am-12:30pm

BOOK WORMZ

(Ages 3-5) Come join the fun as we explore the amazing world of books! Don't forget to pack a nut-free lunch. Instructor: Barbara Ray.

302103-01	\$14	W	3/18	11:00am-12:30pm
302103-02	\$14	W	4/15	11:00am-12:30pm
302103-03	\$14	W	5/6	11:00am-12:30pm

ELEMENTARY AGE PROGRAMS

Ride the Loudoun County PRCS van from the Lovettsville Elementary School to the Lovettsville Community Center. Must register for separate "Transportation Only" section. For more information contact LOVCC@loudoun.gov.

BOWLING FIELD TRIP

(Ages 6-12) Looking for something to do on the student holiday? Join us for a fun field trip to Terrace Lanes in Frederick, MD! A pizza lunch will be provided! Instructor: Beth Metzger.

302207-01	\$50	Tu	3/3	8:00am-4:00pm
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ZAVA ZONE FIELD TRIP

(Ages 6-12) Looking for something to do on the student holiday? Join us for a fun filled field trip to Zava Zone in Sterling, VA! Please remember to pack a nut-free lunch from home. Instructor: Heather Rushing.

302208-01	\$55	F	3/27	8:00am-4:00pm
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AFTER THE BELL

(Ages 6-12) This class includes, sports, games, arts & crafts. Instructor: Heather Rushing.

302213-01	\$10	Th	3/5	2:45pm-3:45pm
302213-02	\$10	Th	4/2	2:45pm-3:45pm
302213-03	\$10	Th	5/7	2:45pm-3:45pm
302213-04	Transp. only	Th	3/5	2:45pm-3:45pm
302213-05	Transp. only	Th	4/2	2:45pm-3:45pm
302213-06	Transp. only	Th	5/7	2:45pm-3:45pm

JUNIOR CHEFS

(Ages 6-12) It is no secret, kids love to cook! Chef Christine will cater to your child's taste buds and cook up a treat to take home. Instructor: Christine White.

302202-01	\$13	M	3/9	2:45pm-3:45pm
302202-02	\$13	M	3/30	2:45pm-3:45pm
302202-03	\$13	M	4/27	2:45pm-3:45pm
302202-04	\$13	M	5/18	2:45pm-3:45pm
302202-05	Transp. only	M	3/9	2:45pm-3:45pm
302202-06	Transp. only	M	3/30	2:45pm-3:45pm
302202-07	Transp. only	M	4/27	2:45pm-3:45pm
302202-08	Transp. only	M	5/18	2:45pm-3:45pm



*A Reminder from the Loudoun County
Complete Count Committee*

Kiss them, then count them.

By responding to the 2020 Census and counting every child in your home, you'll influence how much funding your community receives over the next 10 years for schools, child care, and more.

For more information, visit:

2020CENSUS.GOV

**Shape
your future
START HERE >**

**United States[®]
Census
2020**

INTRO TO SEWING

(Ages 6- 12) Sewing is fun! Students will learn basic sewing techniques and sewing machine operation. Participants must bring their own fabric for projects. Details about fabrics provided at first class. Instructor: Christine White.

302212-01	\$85	W	3/11-4/22	2:45pm-3:45pm
302212-02	transp. only	W	3/11-4/22	

SPRING BREAK CAMP

(Ages 6-12) Looking for something to do on student holidays? Join us for a fun week! Instructors:Hannah Vale, Victoria Sanchez and Marilyn Davis.

302206-01	\$45	M	4/6	7:30am-5:30pm
302206-02	\$45	Tu	4/7	7:30am-5:30pm
302206-03	\$45	W	4/8	7:30am-5:30pm
302206-04	\$45	Th	4/9	7:30am-5:30pm
302206-05	\$45	F	4/10	7:30am-5:30pm

MULTIAGE PROGRAMS

MUSIC LESSONS

(Ages 6 & up) Learn how to play a stringed instrument with Ben Walters! Ben is a Lovettsville native and seasoned musician who has played all over the country. Graduating from Berklee College of Music, his expertise aligns with bluegrass and other American styles. Don't miss this opportunity to learn from a local source of worldly knowledge! Thirty minute lessons available Tuesdays from 2:00pm to 7:00pm. Pay by the month (each 30-minute lesson costs \$30). Students must bring their own instrument. Call Beth at 540-822-5284 or email beth.metzger@loudoun.gov to schedule lessons or to get more information. Instructor: Ben Walters.

Tu	3/3-5/26
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PIANO LESSONS

(Ages 6 & up) Learn how to play the piano with Jessica Paulin! Jessica lives right here in Lovettsville and has been playing the piano since she was six years old. Whether you want to learn to read music or play by ear, Jessica makes learning the piano fun! Thirty minute lessons available Mondays through Wednesdays from 5:30pm to 7:30pm. Pay by the month (each 30-minute lesson costs \$30). Call Beth at 540-822-5284 or email beth.metzger@loudoun.gov to schedule lessons or to get more information. Instructor: Jessica Paulin.

M	3/2-5/25
Tu	3/3-5/26
W	3/4-5/27

BOOT CAMP FOR YOUTH

(Ages 9-14) This program teaches proper body mechanics for strength and conditioning exercises. Boot Camp will focus on getting stronger, faster, increasing cardiovascular endurance, and decreasing body fat. Students will also learn how to take care of their bodies with advanced regeneration and recovery methods to heal fast after intense exercise, practice, or game. Instructor: Fitness Image Results.

Passes expire at the end of each calendar month			
M, W	3/2-5/27	5:30pm-6:30pm	
4 VISITS	\$44	
UNLIMITED VISITS	\$80	
DROP-IN	\$15	

MIDDLE SCHOOL DODGEBALL

(Ages 11-14) Come play different versions of Dodgeball after school! Instructor: Heather Rushing.

302317-01	\$8	W	3/11	4:30pm-5:15pm
302317-02	\$8	W	4/15	4:30pm-5:15pm
302317-03	\$8	W	5/13	4:30pm-5:15pm

REGISTER ONLINE!
VISIT WWW.LOUDOUN.GOV/WEBTRAC

ADULT PROGRAMS

BOOT CAMP

(Ages 16 & up) Are you bored with your workout? Are you not seeing the results you want? Then Fitness Image Results Boot Camp program is a perfect fit! Their instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Join our team now by enrolling in one of our monthly pass visit options! Instructor: Fitness Image Results.

Passes expire at the end of each calendar month			
M,W	3/2-5/27	6:45pm-7:45pm	
Tu,Th	3/3-5/28	8:45am-9:45am	
4 visits	\$52	
8 visits	\$96	
10 visits	\$110	
Unlimited visits	\$120	
Drop-in	\$15	

NEW! CORE & MORE

(Ages 16 & up) Brand new 60-minute class to challenge core strength! This class includes strength training and endurance exercise. Suitable for all fitness levels. Bring a mat and water. Instructor: Katharina Connor.

\$75/Fit Pass, \$9/drop-in			
Tu	3/3-5/26	9:00am-10:00am	

ADULT SEWING

(Ages 18 & up) This class is for the beginners or someone who is looking to get back into sewing. Students will learn basic sewing techniques and sewing machine operation. Participants must bring their own fabric for projects. Details about fabrics provided at the first class. Instructor: Christine White.

302506-01	\$56	W	3/11-4/1	7:00pm-8:00pm
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COOKING WITH CHRISTINE

(Ages 18 & up) We'll make recipes that highlight just how easy an Instant Pot can be in making healthy, quick, and simple meals. Come make a delicious dish that will WOW your family & friends. You will need to bring your Instapot from home (cooking supplies included).

302501-01	\$20	Th	3/12	6:45pm-8:15pm
302501-02	\$20	Th	4/16	6:45pm-8:15pm
302501-03	\$20	Th	5/21	6:45pm-8:15pm

SENIOR PROGRAMS

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructor: Katharina Connor.

\$75/Fit Pass, \$9/drop-in			
Th	3/5-5/28	8:45am-9:45am	

BOOK CLUB

(Ages 55 & up) Join us in a group discussion where readers can come together and talk about books and the reading experience. Please email lovcc@loudoun.gov or call 540-822-5284 if you plan to attend.

302500-01	M	3/9	9:00am-10:30am
302500-02	M	4/13	9:00am-10:30am
302500-03	M	5/4	9:00am-10:30am

SENIOR LUNCH TRIPS

(Ages 55 & up) Join us for a lunch trip! Pay for lunch on your own. Depart/Return: Lovettsville Community Center. We will also offer transportation from Heritage Highlands Community (must call ahead).

302622-01	\$15	Paddy's – Charles Town, WV
F	3/13	11:00am-3:00pm
302622-02	\$15	Hunter's Head Tavern – Upperville, VA
F	4/17	11:00am-3:00pm
302622-03	\$15	The Comus Inn – Dickerson, MD
F	5/8	11:00am-3:00pm



LUCKETTS COMMUNITY CENTER

42361 Lucketts Road, Leesburg, VA 20176
M,T,W,F 7:00am-6:00pm • Th 7:00am-9:00pm
703-771-5281
lucketts@loudoun.gov

LICENSED PROGRAMS

CHILD CARE

(Ages 3 – 5) Currently enrolling! Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment guided by caring teachers in the historic and beautifully renovated Lucketts Schoolhouse. Full-time care is \$245/week, 20-30 hours per week is \$220 and part-time (up to 20 hours/week) is \$180 per week. Drop-in care is \$10.00/hour (space permitting). Call 703-771-5281 for more information or to book a tour.

PRESCHOOL

(Ages 3 – 5) Currently enrolling for the 2020-2021 school year. Our state-licensed 3-year-old and 4-year-old preschool programs operate September through May. Our warm and experienced staff facilitates developmentally-appropriate activities that foster a positive self-image in each child. Call 703-771-5281 for more information.

KIDS COLLAGE – AFTER-SCHOOL PROGRAM

(Entering grades K–5) Join our wonderful after-school program for fun and enrichment that includes outside play, games, activities, crafts and homework help. This program follows the Loudoun County Public Schools' calendar. Call 703-771-5281 for more information.

PARENT & CHILD PROGRAMS

MUSIC FOR LITTLE ONES - FAMILY CLASS

(Infant-4 yrs w/caregiver) Music and movement classes for babies and young children that include activities designed to promote musical learning across different ages. Music for Little Ones will help you connect with other parents, learn how to use music to make parenting easier and provide a musical atmosphere of play, song, dance and learning. Our mixed-age classes are perfect for families who wish to bring two or more children of different ages to the same class. Classes meet once a week for 45 minutes. Each session will feature new songs, themes and activities. \$50 for one child; \$25 per child for each additional child. Drop-in is available for \$12/class for one child; \$6 for each additional child. Prior notice is required.

Session 1 (5 weeks)

309135-01	\$50/child	Tu	3/10-4/14	10:15am-11:00am
309135-02	\$25/add'l child	Tu	3/10-4/14	10:15am-11:00am
309135-03	\$25/add'l child	Tu	3/10-4/14	10:15am-11:00am

Session 2 (5 weeks)

309135-01	\$50/child	Tu	4/21-5/19	10:15am-11:00am
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309135-02	\$25/add'l child	Tu	4/21-5/19	10:15am-11:00am
309135-03	\$25/add'l child	Tu	4/21-5/19	10:15am-11:00am

MUSIC FOR KIDS

(All ages) Lucketts Community Center is proud to present a special series of performances that will introduce young listeners to the joys of music. Music for Kids gives families a chance to experience live music in a relaxed setting. Performances are interactive and children and families are encouraged to participate. All ages are welcome. Snacks and drinks will be provided. Adults and infants are admitted free. No reserved seating.

309746-01	\$5	Sa	3/14	10:00am-11:00am
309746-02	\$5	Sa	4/18	10:00am-11:00am

FAMILY STORY TIME – FREE!

(Ages infant-5 yrs w/caregiver) Join us for stories, songs, movement and more. After Story Time, connect with other parents and caregivers while your child enjoys time with friends. Drop ins are welcome, but to guarantee a spot, please Different themes each week. No story time 4/9.

Free		Th	3/5-5/14	10:00am-11:00am
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PRESCHOOL AGE PROGRAMS

LUNCH BUNCH 3'S AM PRESCHOOL

(Ages 3-4) Extend your child's preschool day or bring them in to join us for lunch and fun activities. Your child will have fun and you get a little more time for yourself! And we'll supply the lunch. (Menu varies). Please wear weather appropriate clothes and close-toed shoes. Sessions run for 5 weeks.

309139-01	\$65	Th	3/5-4/2	11:30am-1:00pm
309139-02	\$65	Th	4/16-5/14	11:30am-1:00pm

LUNCH BUNCH 4'S AM PRESCHOOL

(Ages 4-5) Extend your child's preschool day or bring them in to join us for lunch and fun activities. Your child will have fun and you get a little more time for yourself! And we'll supply the lunch. (Menu varies). Please wear weather appropriate clothes and close-toed shoes. Sessions run for 5 weeks.

No class on 4/10.

309140-01	\$65	F	3/6-4/17	11:30am-1:00pm
309140-02	\$65	F	4/24-5/15	11:30am-1:00pm

SPORTIES FOR SHORTIES

(Ages 3-5) Run, jump and play in this sports-based fitness program designed to enhance motor skills, hand-eye coordination and physical fitness. Children learn about teamwork and build skills at their own pace. Sessions are 5 weeks. Instructor: Cristina Brunton.

309119-01	\$60	M	3/2 - 3/30	11:30am-12:15pm
309119-02	\$60	M	4/13 - 5/11	11:30am-12:15pm

PRE-BALLET

(Ages 4-5) This class will be an introduction to ballet for ages 4-5. This class will instill a love for ballet in a creative, fun, and supportive environment. Pink or black ballet slippers are required for class. Part of the last class will include a parent observation, more information will be sent out after registration.

309138-01	\$60	W	3/4-4/1	11:30am-12:15pm
309138-02	\$60	W	4/15-5/13	11:30am-12:15pm

YOUNG EXPLORERS

(Ages 3-5) Your preschooler will love this STEAM based program where fun and learning go hand-in-hand. Students will embark on a different adventure each week exploring topics like Simple Machines, Fireworks in a Jar, Gravity Painting, and Forces of Flight all designed to deepen learning and spark the imagination. Bring a nut-free lunch to enjoy with friends. Sessions run for 5 weeks. Instructor: Luann Dongilli.

309141-01	\$60	W	3/4-4/1	11:30am-1:00pm
309141-02	\$60	W	4/15-5/13	11:30am-1:00pm

ELEMENTARY AGE PROGRAMS

MAKE MOM A GIFT

(Grades K-5) In this class, children in grades K-5 will create a special gift for mom. In addition, we will make a card and creatively wrap our presents.

309221-01 \$20/child Tu 5/5 2:45pm-4:00pm

PARENTS NIGHT OUT – SUPER SLIME SCIENCE!

(Ages 4-10) Drop your child off and then slip away while we make slippery slime and goop and do other fun experiments. Fun games, movie and dinner are included. Reserve your spot by calling 703-771-5281 or register online.

309239-01 \$25/child F 3/6 6:00pm-9:30pm

PARENTS NIGHT OUT – HOW TO TRAIN YOUR DRAGON

(Ages 4-10) To learn how to train your dragon, you will have to complete several training exercises. In addition, we will draw our own dragons, and make a shield. Then, we will watch the movie "How To Train Your Dragon". Dinner is included. Reserve your spot by calling 703-771-5281 or register online.

309225-01 \$25/child F 4/17 6:00pm-9:30pm

USTA TENNIS

(Ages 5-12) The United States Tennis Association will be at Lucketts to help new players learn and develop the fundamental strokes. They provide everything, just bring a water bottle and wear tennis shoes! Session runs for 6 weeks.

309238-01 \$102 Tu 4/14-5/19 2:45pm-3:45pm

COOKING CLUB – GREEN GRUB

(Grades 1 - 5) Green eggs and ham? What other green food can we make? Let's find out in this hands-on cooking class.

309243-01 \$15 W 3/11 2:45pm-4:00pm

COOKING CLUB – FARM TO TABLE

(Grades 1 - 5) Join us during Earth Week to explore making and eating sustainable foods. During this hands-on learning experience, children will discover where our food comes from and be inspired to create fresh and wholesome meals.

309244-01 \$15 W 4/22 2:45pm-4:00pm

COOKING CLUB – STRAWBERRY FIELDS FOREVER

(Grades 1 - 5) To help celebrate May's National Strawberry Month, we'll make some sweet and savory dishes using strawberries.

309245-01 \$15 W 5/13 2:45pm-4:00pm

MIDDLE SCHOOL AGE PROGRAMS

ADULTING 101: DON'T GROW UP WITHOUT IT!

(Grades 6-8) Join us for the first session of our inaugural Adulting 101 series and learn how to feed, clothe and care for yourself. A fun night for middle schoolers, our first workshop will feature: How to Cook a Chicken, How to Iron a Shirt and How to Write a Thank you Note. Taught by a couple of real-live adults, your child won't look any older by the end of the class, but they will know what escrow is.

309306-01 \$25 F 3/13 6:00pm-9:30pm

ADULT PROGRAMS

USTA ADULT TENNIS

(Ages 18 & up) The United States Tennis Association sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals through a fun and engaging play to learn style. Participants will also practice match play and learn about strategies and game rules.

309531-01 \$102 Tu 4/14-5/19 5:00pm-6:00pm

SENIOR PROGRAMS

SENIOR POTLUCK LUNCHEON

(Ages 55 & up) Have a fun lunch with neighbors and friends. Bring a dish to share

and stories to tell! For more information, call 703-771-5281 or email lucketts@loudoun.gov.

309606-01	W	3/18	12:00pm-2:00pm
309606-02	W	4/15	12:00pm-2:00pm
309606-03	W	5/20	12:00pm-2:00pm

SENIOR BOOKCLUB

(Ages 55 & up) If you love to read, please join us for a lively discussion and light refreshments. Call 703-771-5281 or email lucketts@loudoun.gov, if you plan to attend.

309607-01	W	3/25	10:00am-11:30am
309607-02	W	4/22	10:00am-11:30am
309607-03	W	5/27	10:00am-11:30am



PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road, Philomont, VA 20131

540-338-5882

M-F 8:30am-6:00pm

LICENSED PRESCHOOL

PRESCHOOL CLASSES FOR 2020

(Ages 2.5 - 5) Philomont Community Center offers a nine-month preschool program that follows the Loudoun County school calendar from September-May. The State Department of Social Services requires proof of current immunizations, proof of age and a participant information form. Licensed Preschool spaces are still available this school year for toilet trained children. Call for current class availability and information. Open registration for 2020/21 school year begins in February.

LICENSED AFTERSCHOOL PROGRAM

CASA ACADEMY

(Ages 5-12) CASA Academy at Philomont Community Center. Philomont is excited to offer this program for elementary age students attending Banneker Elementary School. This STEM based program, using a creative, hands-on approach to enrichment, is staffed by qualified, friendly teachers with many years' experience. Children participate in both indoor and outdoor projects. Call PCC for availability and registration information.

PRESCHOOL AGE PROGRAM

MESSY MONDAYS

(Ages 3-4) Have your child join us for some messy fun after preschool! Children will get creative using many various art mediums. Please pack a lunch and a water bottle. Instructor: Robin

311104-01 \$45 M 3/2-3/30 12:00pm-1:30pm

311104-02	\$27	M	4/13-4/27	12:00pm-1:30pm
311104-03	\$27	M	5/4-5/18	12:00pm-1:30pm

BUILDER'S TUESDAYS

(Ages 3-4) Come have some fun building with many different types of materials. Cardboard, foam, Legos, wood, plastic. What can you make? Please pack lunch and a water bottle. Instructor: Robin

311105-01	\$45	Tu	3/3-3/31	12:00pm-1:30pm
311105-02	\$27	Tu	4/14-4/28	12:00pm-1:30pm
311105-03	\$27	Tu	5/5-5/19	12:00pm-1:30pm

WACKY WEDNESDAYS

(Ages 3-4) Come and eat lunch with your friends and engage your creativity! Children will participate with free play using puppets and dress up. Please bring a lunch and water bottle. Instructor: Robin.

311107-01	\$36	W	3/4-3/25	12:00pm-1:30pm
311107-02	\$27	W	4/1-4/24	12:00pm-1:30pm
311107-03	\$18	W	5/6-5/13	12:00pm-1:30pm

CRAFTS & LUNCH

(Ages 4-5) Extended Fun after preschool. Please bring lunch and water bottle. Instructor: Ms. Amy.

311109-01	\$45	M	3/2-3/30	12:00pm-1:30pm
311109-05	\$27	T	4/14-4/28	12:00pm-1:30pm
311109-07	\$18	W	5/6-5/13	12:00pm-1:30pm

ELEMENTARY AGE PROGRAMS

IGNITE SPORTS BASKETBALL

(Ages 5-10) Ignite Sports Basketball is designed to teach kids the fundamentals of basketball through agility drills, fitness games, and unique games like ultimate basketball! New skills taught within each class and used during games/drills to help increase confidence and ensure each child has a blast while playing! Each class is 60 minutes and taught using a non-competitive and FUN curriculum! Coaches will provide all equipment. Please bring water bottle and wear athletic attire. weather permitting.

311205-01	\$130	W	3/6-4/10	3:00pm-4:00pm
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*The Loudoun County Office of Elections
urges voters to*

STAY ELECTION READY!

Text LCVOTES to 888777

Opt-in to receive text alerts for election dates,
absentee voting and deadlines.

SPRING CUPCAKES DECORATING CLASS

(Ages 5-10) Join us for a fun cupcakes decorating class. Instructors: Kathy and Gabby.

311204-01	\$6	W	3/11	3:00pm-4:00pm
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PARENTS NIGHT OUT

(Ages 4-9) Welcome to our Spring Blast! Enjoy some fun on a Friday night! Crafts, games and a movie. Dinner and a yummy snack will be provided. Instructor: Call 540-338-5882 for more information.

311705-01	\$25	F	3/13	6:00pm-9:00pm
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SPRING COOKIES DECORATING CLASS

(Ages 5-10) Join us for a fun cookie decorating class. Instructors: Kathy & Gabby

311207-01	\$6	W	4/15	3:00pm-4:00pm
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ROBLOX, IMAGINATIVE GAME DESIGN

(Ages 5-10) In this course, students will learn how to use coding fundamentals to strategically engineer an immersive, imaginative cosmos for one of the fastest-growing gaming platforms in the world. "Roblox, Imaginative Game Design" provides students with hands-on experiences in innovation and the underlying mechanics of 3D gaming. This is the perfect course for any student looking to advance their skills in science, technology, engineering, art, and mathematics (STEAM). Do not miss your chance to publish, share, and play games with your friends.

311209-01	\$139	M	4/22-6/3	3:00pm-4:00pm
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SPRING BREAK CAMPS

ROBOTICS & VISUAL CODING WITH LEGO®

(Ages 4.5-9) Powered by the LEGO Education Wedo Base Set and Software, our Jr. Lego Robotics class combines the exciting world of LEGO with programming to manipulate and program your own personal robots. Class tailored to younger children who want to learn the basics of visual programming. Students create commands for their robots to follow by using an application with a drag-and-drop interface that is visually simple to use, but capable of complex instructions. Students learn the importance of teamwork by working together with a partner in order to accomplish the build assignment for the day. Instructor: C-3 Cyber Club.

311206-01	\$200	M-Th	4/6-4/9	9:00am-12:00pm
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ENGINEERING WITH LITTLE BITS

(Ages 4.5 -9) Software: LittleBits Skill Level: Beg. In this class, younger students introduced to basic electronics including input and output, and logics gates, through hands-on learning and projects. Kids combine everyday supplies and color-coded modules that utilize LED lights, fans, sliders, pressure sensors, and more! Students work in teams to create different projects such as custom flashlights, touch sensors, alarm clocks, and more! Please bring a snack, lunch, and a water bottle. Instructor: C-3 Cyber Club.

311206-02	\$300	M-Th	4/6-4/9	9:00am-4:00pm
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ADULT PROGRAMS

BEGINNING CROCHETING

(Ages 18 & up) Always wanted to learn how to crochet? With so many choices, it can be hard to know where to begin. These classes break down the process of learning how to crochet and students will learn how to get the correct hook, yarn, and make the basic stitches. A small project will be done in class. Bring own crochet hook and yarn to first class. (6 week class. NO CLASS 4/6)

311502-01	\$54	M	3/2-4/13	5:30pm-6:30pm
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ADULT LECTURE SERIES (SPONSORED BY THE PCC-AB)

(Ages 16 & up) Join us as we welcome a new speaker each quarter. Our topics will range from local history, natural sciences, gardening & archeology just to name a few! Come out for an evening of enlightenment, community and snacks! Call the community center for schedule and registration information.



STERLING COMMUNITY CENTER

150 Enterprise Street, Sterling, VA 20164

703-430-9480

Fax: 703-421-3118

M-F 9:00am-9:00pm • Sa 9:00am-5:00pm

PRESCHOOL AGE PROGRAMS

TOT DROP-IN

(Ages 3 & under) Have fun at Tot Drop-In! Riding toys, balls, slides, and much more will be at SCC on weekday mornings. No drop-in 5/25.

303100-01	\$1	M-F	3/1-5/31	9:30am-12:30pm
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JUST FOR 2S & 3S – M, W, F

(Age 2-3) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will all be accomplished through arts and crafts, music, social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$144. No class 3/3, 3/27, 4/6-4/10, & 5/25.

303186-01	\$144	M,W,F	3/2-3/30	9:30am-11:00am
303186-02	\$120	M,W,F	4/1-4/29	9:30am-11:00am
303186-03	\$144	M,W,F	5/1-5/31	9:30am-11:00am

JUST FOR 2S & 3S – Tu, TH

(Age 2-3) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will all be accomplished through arts and crafts, music, social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$96. No class 3/3, 4/7, & 4/9.

303187-01	\$96	Tu,Th	3/5-3/31	9:30am-11:00am
303187-02	\$84	Tu,Th	4/2-4/30	9:30am-11:00am
303187-03	\$96	Tu,Th	5/5-5/28	9:30am-11:00am

SILLY CHEFS

(Ages 3-5) First Wednesday of the month. Your kids can play with their food at the Sterling Community Center! Each class we let the little ones get creative with a fun food based activity. Sign up for one, two, or all three! Please notify us any dietary restrictions at least two weeks in advance.

303103-01	\$7	Grilled Cheese Cut Outs
W	3/4	11:15am-12:00pm
303103-02	\$7	Dirt Pudding
W	4/1	11:15am-12:00pm
303103-03	\$7	Bagel Bite Flower
W	5/6	11:15am-12:00pm

FUN WITH 5 SENSES

(Ages 3-5) First Friday of the month. A variety of activities and games for each theme will utilize all five senses. Participants will build observational skills and learn how to describe their experiences. Please notify us of any dietary restrictions at least two weeks in advance.

303132-01	\$6	Chocolate
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F	3/6	11:15am-12:00pm
303132-02	\$6	Water
F	4/3	11:15am-12:00pm
303132-03	\$6	Lettuce
F	5/1	11:15am-12:00pm

ANIMAL EXPLORATION

(Ages 3-5) Second Monday of the month. If your child has insatiable curiosity about animals, they will love this class. Participants will learn about the physical characteristics, lifestyle, and location and impact of each animal's habitat. A variety of materials, including books and photographs will be used to create a craft or depiction of the animal.

303177-01	\$6	Sea Otters
M	3/9	11:15am-12:00pm
303177-02	\$6	Animal Babies & Mommies
M	4/13	11:15am-12:00pm
303177-03	\$6	Raccoons
M	5/11	11:15am-12:00pm

CRAFTY KIDS

(Ages 3-5) Second Wednesday of the month. Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class with friends.

303108-01	\$6	Baby Chick Puppet
W	3/11	11:15am-12:00pm
303108-02	\$6	Paper Bowl Ladybugs
W	5/13	11:15am-12:00pm

MUSIC & MOVEMENT

(Ages 3-5) Second Friday of the month. Children will engage in a wide range of movement to expand the range of expressive possibilities. This class helps develop motor skills and rhythm by enabling children to communicate through movement and respond to music.

303197-01	\$6	Spring Songs
F	3/13	11:15am-12:00pm
303197-02	\$6	Dancing Hands
F	5/8	11:15am-12:00pm

ABC ADVENTURES

(Ages 3-5) Third Monday of the month. A is for Adventure! Play interactive games, make personalized crafts, and have fun getting to know the letters of the alphabet. Each month focuses on different letters.

303136-01	\$6	S,T,U
M	3/16	11:15am-12:00pm
303136-02	\$6	V,W,X
M	4/20	11:15am-12:00pm
303136-02	\$6	Y,Z
M	5/18	11:15am-12:00pm

LITTLE SCIENTIST

(Ages 3-5) Third Wednesday of the month. Science projects and hands on activities will be explored with friends. This class will allow your little one to explore the world of science with a different experiment each week. The class will be led by our very own Mad Scientist!

303129-01	\$6	Life Cycles of a Plant
W	3/18	11:15am-12:00pm
303129-02	\$6	Skittles Rainbow
W	4/15	11:15am-12:00pm
303129-02	\$6	Coral Reef Investigation Station
W	5/20	11:15am-12:00pm

CREATIVE CLAY

(Ages 3-5) Third Friday of the month. Nothing is more fun for children than learning while they play. This class will use clay to teach letter and number sense as well as exploring topics such as animal habitats, replication, and pattern recognition through playing with clay. Children will strengthen fine motor muscles in their fingers and hands as they manipulate the clay.

303179-01	\$6	Caterpillars
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F	3/20	11:15am-12:00pm
303179-01	\$6	Flower Vase
F	4/17	11:15am-12:00pm
303179-01	\$6	Flowers
F	5/15	11:15am-12:00pm

THE VERY ARTSY STORY

(Ages 3-5) Fourth Monday of the month. Each session we will read an enjoyable book and then get creative by doing a fun story-related arts & crafts project.

303106-01	\$6	Spring is Here
M	3/23	11:15am-12:00pm
303106-02	\$6	Planting a Rainbow
M	4/27	11:15am-12:00pm

MINI MONETS

(Ages 3-5) Fourth Wednesday of the month. Encourage your child to discover their inner artist at this hands on painting class. Participants will create inspired works of art while practicing their fine motor skills! Each month focuses on a different spring themed painting. Clear some wall space in your home gallery and prepare to be impressed!

303178-01	\$6	Butterflies
W	3/25	11:15am-12:00pm
303178-02	\$6	Rainbows
W	4/22	11:15am-12:00pm
303178-03	\$6	Spring Flowers
W	5/27	11:15am-12:00pm

ECO ART

(Ages 3-5) Children will create art activities inspired by nature that use natural materials and develop an awareness for the environment. These eco-friendly activities are sure to excite your little ones.

303195-01	\$6	Lady Bugs
M	3/30	11:15am-12:00pm
303195-01	\$6	Flower Pots
W	4/29	11:15am-12:00pm
303195-01	\$6	Flower Rings
F	5/29	11:15am-12:00pm

OCEAN EXPLORERS

(Ages 3-5) Fourth Friday of the month. Take a dive in the deep blue sea! Children will explore different sea creatures, learn about their wet habitats, and complete a craft to take home.

303189-02	\$6	Sea Anemone
F	4/24	11:15am-12:00pm
303189-03	\$6	Starfish
F	5/22	11:15am-12:00pm

PLAYING WITH MATH

(Ages 3-5) First Monday of the month. An instructor will lead participants through dramatic play scenarios based on a book or theme that will incorporate math skills such as number concepts, comparing, measuring, and patterning.

303110-01	\$6	Bugs Galore
M	5/4	11:15am-12:00pm

Loudoun County PRCS

Like us on



www.facebook.loudounprcs

ELEMENTARY AGE PROGRAMS

SCHOOL'S OUT CAMP: ART-CHITECTS

(Ages 7-12) This camp will explore the art of building with STEM inspired challenges, as well as the building of art forms such as paper sculptures and origami. Bring your imagination and creativity to this fun endeavor. Pack a lunch, water bottle, and two snacks. Please notify us of any dietary restrictions at least two weeks in advance.

303230-01	\$40 Tu	3/3	7:30am-6:00pm
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POP-UP PLAY DATE

(Ages 12 & Under) Our Pop-Up Play Date provides a fun and safe space for families to socialize and make friends. Ping-Pong, Foosball, board games, and toys will be available for your enjoyment. This is the perfect opportunity for both parents and kids to make new friends or meet up with old ones! Registration is not required. Call for more information.

Free

Sa	3/7	11:00am-2:00pm
Sa	4/4	11:00am-2:00pm
Sa	5/2	11:00am-2:00pm

SCHOOL'S OUT CAMP: STARRY NIGHT

(Ages 7-12) Let Van Gogh inspire your inner artist while discovering fun facts about him and his masterpieces. We will experiment with drawing, painting, and collage pieces in this camp. Don't forget to dress for the mess! Pack a lunch, water bottle, and two snacks. Please notify us of any dietary restrictions at least two weeks in advance.

303231-01	\$40	F	3/27	7:30am-6:00pm
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SCHOOL'S OUT CAMP: SPRING CRAFT & COOKING

(Ages 7-12) If you child enjoys working with their hands, and experiencing new things, then look no further. Participants will explore and develop their creative interests using a variety of mediums to make craft projects. We will also get "crafty" in the kitchen, exploring different foods, and fun ways to prepare them. Pack a lunch, water bottle, and two snacks daily; and remember to "dress for the mess". Please notify us of any dietary restrictions at least two weeks in advance. Call for more information.

303245-01	\$185	M-F	4/6-4/10	7:30am-6:00pm
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MIDDLE SCHOOL AGE PROGRAMS

STUDY HALL SNACK BAR

(Grades 6-8) Don't suffer alone, come join us for our Tuesday homework sessions at SCC. Serious students can come to us for homework help and we will provide them with a quiet workspace, assistance, and snacks. Bring us your homework problems, and we will do our best to help you solve them, or find someone who can. Don't be shy, give us a try! Registration is not required. We will not meet on days that Loudoun County Public Schools are closed.

Free

Tu	3/10-5/26	3:30pm-5:00pm
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TEEN DROP-IN

(Grades 6-8) Stop by after school to play Ping Pong, Foosball, video games, and board games with your friends!

Free

M-F	3/2-5/29	3:30pm-5:00pm
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MULTIAGE PROGRAMS

SCC SHORT STORY BOOK CLUB

(16 & up) If you've been wanting to join a book club but don't have time to commit to longer books, then this is the club for you! Each month will feature a different short story as the topic for our discussion. Refreshments will be served. Call for more information.

Free

Th	3/5	7:00pm-8:30pm
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Th	4/2	7:00pm-8:30pm
Th	5/7	7:00pm-8:30pm

FAMILY CRAFT TIME

(All Ages) Enjoy craft time with your kids! Each month, we'll provide materials and directions for you to create a one of a kind craft with your family. Call for more information.

Free		
Sa	3/21	10:00am-11:00am
Sa	4/18	10:00am-11:00am
Sa	5/16	10:00am-11:00am

PARENTS' ESCAPE NIGHT

(Ages 2-12) Head out for a night on the town while we take care of the little ones. Each month will have a different craft project for kids to make. They'll also have pizza, play games, & watch a movie! Ask about our potty training policy. \$12.50 for first child, \$10.50 for additional siblings. Call for more information.

303751-01	\$12.50	First child
F	3/20	5:30pm-9:00pm
303751-02	\$10.50	Add'l child
F	3/20	5:30pm-9:00pm
303751-03	\$12.50	First child
F	4/17	5:30pm-9:00pm
303751-04	\$10.50	Add'l child
F	4/17	5:30pm-9:00pm
303751-05	\$12.50	First child
F	5/15	5:30pm-9:00pm
303751-06	\$10.50	Add'l child
F	5/15	5:30pm-9:00pm

ADULT PROGRAMS

ADULT COLORING NIGHT

(Ages 18 & up) De-stress and unwind every Tuesday by yourself or with friends as you color and listen to some calming music. Bring your own coloring book or use the coloring pages we provide.

Free Event		
Tu	3/3-5/2	6:30pm-8:30pm

SCC SPEAKER SERIES

Each month, SCC will host a guest speaker to present on a different topic.

Free		
Th	3/12	6:30pm
Th	4/9	6:30pm
Th	5/8	6:30pm

CITIZENSHIP CAFE

(Ages 18 & up) If you would like help practicing questions for your citizenship exam, or practicing your English for the interview, we are here to help! A safe environment is available to help you feel more confident as your test date approaches. Drop-ins welcome! Light refreshments will be provided.

Free		
Sa	3/14	9:30am-11:00am
Sa	4/18	9:30am-11:00am
Sa	5/9	9:30am-11:00am

TRIVIA NIGHT

(18 & up) Gather your family and friends to create a team for our trivia night! Each month will have a different theme. Play for a chance to impress your friends, dazzle strangers, and win a cool prize! Refreshments will be served. Call for more information.

Free		
Th	3/26	7:00pm-8:30pm
Th	4/23	7:00pm-8:30pm
Th	5/28	7:00pm-8:30pm



CLAUDE MOORE RECREATION & COMMUNITY CENTER

46105 Loudoun Park Lane, Sterling, VA 20164
571-258-3600

571-258-3601 (fax)
<http://www.loudoun.gov/claudemoorerec>

Facility Hours:*

M-F 5:00am-9:30pm • Sa-Su 8:00am - 8:00pm

Competition Pool

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

Leisure Pool & Spa

M-F9:00am-8:45pm • Sa-Su 11:00am-7:45pm

Preschool

M-F8:00am-3:30pm

*Please call for availability of the leisure pool and climbing wall.
Hours are subject to change based on customer demand.*

Open 11:00am-6:00pm on Easter, 4/12

Open 11:00am-6:00pm on Memorial Day, 5/25

Spring Pass Sale 5/11-6/8

15% off Annual and 6 month membership

Admission Fees

All admissions include access (age appropriate) to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, the activity room, the climbing wall.

Daily

2 & Under	FREE
(plastic training pants required)	
Ages 3 -17	\$4.00
Adults 18-54	\$6.00
Ages 55+	\$4.00
(Children 11 and under must be supervised by an adult at all times inside the facility. Children 5 and under and/or children wearing a lifejacket must be in arms reach of the child in the pool.)	

Admission pass (25 admissions no expiration)

Ages 3-17 & 55+	\$88
Ages 18-54	\$132

Monthly Passes (unlimited use)

Single Adult	\$50
Two Adults (family	\$85
Family Dependent	\$15
Family	\$125
Senior/ Youth	\$40
Senior Couple	\$65
Adult/Senior	\$75
Student	\$40

6 Month Membership (unlimited use)

Single Adult	\$250
Two Adults (family)	\$450
Family Dependent	\$70
Family	\$575
Senior/ Youth	\$200
Senior Couple	\$350
Adult/Senior	\$400
Student	\$200

Annual Membership (unlimited use)

Single Adult	\$450
Two Adults (family)	\$800
Family Dependent	\$125
Family	\$1000
Senior/ Youth	\$350
Senior Couple	\$600
Adult/Senior	\$700
Student	\$350

GENERAL INFORMATION

FITNESS AREAS & TRACK AGE POLICY

Ages 16 and up can be unsupervised. Youth ages 12-15 must be supervised by an adult 16 years and older. Ages 11 and under are not permitted unless in a programmed event or class.

FACILITY RENTALS

Rental options include a carpeted, multipurpose room, catering kitchen, gymnasium, conference room and small classrooms. Visit for a tour and schedule your event. Payment is due at time of reservation.

CLIMBING WALL

Come climb at our 30 foot high Freeform Climbing Wall! Open daily, Monday through Friday 4pm-8pm and Saturdays and Sundays 11am-7pm. Children 11 and under must be supervised by an adult or be in a programmed event or class. All climbers must have a Climbing Wall Release Form on file, signed by a parent or guardian if under 18 years old.

BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices and forms. Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

Find information on Swim Lessons, Lifeguard Classes, and Aquatic Fitness in the AQUATICS section of this guide!

PICKLEBALL

Drop-in pickleball is available in our main gym on Wednesdays, Thursdays, and Fridays from 9:00am-12:00 pm. NEW: Pickleball is now available from 7:30pm-9:30pm on Wednesdays. Sign up for updates!

Pickleball email list Free 973611-01

PARENT & CHILD PROGRAMS

MUSIC TOGETHER MIXED AGE

(Ages infant-4) Music Together, an internationally recognized music and movement program, engages early childhood music development for infant, toddler and preschool children and their parents and other primary caregivers through mixed-aged classes. It pioneered the concept of a research-based, developmentally appropriate early childhood music curriculum that strongly emphasizes and facilitates adult involvement and, it's fun! A material fee of \$40 is due the first day of class to Mindful Music LLC.

373191-01 \$128 Th 3/26-5/21 10:00am-10:45am

373191-02 \$128 Sa 3/28-5/23 10:00am-10:45am

MOM & ME SPRING

(Ages 1-2.5) Enjoy this time together to express your creativity with art, singing, and play. Featuring new themes each month!

373180-01	\$32	W	3/4-3/25	9:15am-10:00am
373180-02	\$40	W	4/1-4/29	9:15am-10:00am
373180-03	\$32	W	5/6-5/27	9:15am-10:00am

PARENT & ME PLAY

(Ages 1.5 - 5) Bring your little one and enjoy an hour of crafts and games! We'll handle the prep and mess, all you have to do is enjoy your time together. Each Parent & Me day will have 4-6 activities set up in station to play and create. Parent participation is required.

373190-01	\$38.50			All Sessions
F	3/6-5/29			11:00am-12:00pm
373190-02	\$6			Messy Art
F	3/6			11:00am-12:00pm
373190-03	\$6			Playdough
F	3/20			11:00am-12:00pm
373190-04	\$6			Spring
F	4/3			11:00am-12:00pm
373190-05	\$6			Messy Art
F	4/17			11:00am-12:00pm
373190-06	\$6			Playdough
F	5/1			11:00am-12:00pm
373190-07	\$6			Trucks & Superheroes
F	5/15			11:00am-12:00pm
373190-08	\$6			Messy Art
F	5/29			11:00am-12:00pm

PRESCHOOL AGE PROGRAMS

MOVE & GROOVE - MONDAYS

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373118-01	\$42.50	M	3/2-3/30	1:00pm-2:30pm
373118-02	\$10	M	3/2	1:00pm-2:30pm
373118-03	\$10	M	3/9	1:00pm-2:30pm
373118-04	\$10	M	3/16	1:00pm-2:30pm
373118-05	\$10	M	3/23	1:00pm-2:30pm
373118-06	\$10	M	3/30	1:00pm-2:30pm
373118-07	\$25.50	M	4/13-4/27	1:00pm-2:30pm
373118-09	\$10	M	4/13	1:00pm-2:30pm
373118-10	\$10	M	4/20	1:00pm-2:30pm
373118-11	\$10	M	4/27	1:00pm-2:30pm
373118-12	\$25.50	M	5/4-5/18	1:00pm-2:30pm
373118-13	\$10	M	5/4	1:00pm-2:30pm
373118-14	\$10	M	5/11	1:00pm-2:30pm
373118-15	\$10	M	5/18	1:00pm-2:30pm

LUNCH & FUN - MONDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373108-01	\$42.50	M	3/2-3/30	12:30pm-2:00pm
373108-02	\$10	M	3/2	12:30pm-2:00pm
373108-03	\$10	M	3/9	12:30pm-2:00pm
373108-04	\$10	M	3/16	12:30pm-2:00pm
373108-05	\$10	M	3/23	12:30pm-2:00pm
373108-06	\$10	M	3/30	12:30pm-2:00pm
373108-07	\$25.50	M	4/13-4/27	12:30pm-2:00pm
373108-09	\$10	M	4/13	12:30pm-2:00pm
373108-10	\$10	M	4/20	12:30pm-2:00pm
373108-11	\$10	M	4/27	12:30pm-2:00pm
373108-12	\$25.50	M	5/4-5/18	12:30pm-2:00pm
373108-13	\$10	M	5/4	12:30pm-2:00pm
373108-14	\$10	M	5/11	12:30pm-2:00pm

373108-15 \$10 M 5/18 12:30pm-2:00pm

LUNCH & FUN - TUESDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373109-01	\$42.50	Tu	3/3-3/31	12:30pm-2:00pm
373109-02	\$10	Tu	3/3	12:30pm-2:00pm
373109-03	\$10	Tu	3/10	12:30pm-2:00pm
373109-04	\$10	Tu	3/17	12:30pm-2:00pm
373109-05	\$10	Tu	3/24	12:30pm-2:00pm
373109-06	\$10	Tu	3/31	12:30pm-2:00pm
373109-07	\$25.50	Tu	4/14-4/28	12:30pm-2:00pm
373109-09	\$10	Tu	4/14	12:30pm-2:00pm
373109-10	\$10	Tu	4/21	12:30pm-2:00pm
373109-11	\$10	Tu	4/28	12:30pm-2:00pm
373109-12	\$34	Tu	5/5-5/26	12:30pm-2:00pm
373109-13	\$10	Tu	5/5	12:30pm-2:00pm
373109-14	\$10	Tu	5/12	12:30pm-2:00pm
373109-15	\$10	Tu	5/19	12:30pm-2:00pm
373109-16	\$10	Tu	5/26	12:30pm-2:00pm

LUNCH & FUN - WEDNESDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373110-01	\$34	W	3/4-3/25	12:30pm-2:00pm
373110-02	\$10	W	3/4	12:30pm-2:00pm
373110-03	\$10	W	3/11	12:30pm-2:00pm
373110-04	\$10	W	3/18	12:30pm-2:00pm
373110-05	\$10	W	3/25	12:30pm-2:00pm
373110-06	\$34	W	4/1-4/29	12:30pm-2:00pm
373110-07	\$10	W	4/1	12:30pm-2:00pm
373110-09	\$10	W	4/15	12:30pm-2:00pm
373110-10	\$10	W	4/22	12:30pm-2:00pm
373110-11	\$10	W	4/29	12:30pm-2:00pm
373110-12	\$34	W	5/6-5/27	12:30pm-2:00pm
373110-13	\$10	W	5/6	12:30pm-2:00pm
373110-14	\$10	W	5/13	12:30pm-2:00pm
373110-15	\$10	W	5/20	12:30pm-2:00pm
373110-16	\$10	W	5/27	12:30pm-2:00pm

LUNCH & FUN - THURSDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373111-01	\$34	Th	3/5-3/26	12:30pm-2:00pm
373111-02	\$10	Th	3/5	12:30pm-2:00pm
373111-03	\$10	Th	3/12	12:30pm-2:00pm
373111-04	\$10	Th	3/5	12:30pm-2:00pm
373111-05	\$10	Th	3/26	12:30pm-2:00pm
373111-06	\$34	Th	4/2-4/30	12:30pm-2:00pm
373111-07	\$10	Th	4/2	12:30pm-2:00pm
373111-08	\$10	Th	4/16	12:30pm-2:00pm
373111-09	\$10	Th	4/23	12:30pm-2:00pm
373111-10	\$10	Th	4/30	12:30pm-2:00pm
373111-11	\$34	Th	5/7-5/28	12:30pm-2:00pm
373111-12	\$10	Th	5/7	12:30pm-2:00pm
373111-13	\$10	Th	5/14	12:30pm-2:00pm
373111-14	\$10	Th	5/21	12:30pm-2:00pm
373111-15	\$10	Th	5/28	12:30pm-2:00pm

LUNCH & FUN - FRIDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373112-01	\$25.50	F	3/6-3/20	12:30pm-2:00pm
373112-02	\$10	F	3/6	12:30pm-2:00pm
373112-03	\$10	F	3/13	12:30pm-2:00pm
373112-04	\$10	F	3/20	12:30pm-2:00pm
373112-05	\$34	F	4/3-4/24	12:30pm-2:00pm
373112-06	\$10	F	4/3	12:30pm-2:00pm

373112-08	\$10	F	4/17	12:30pm-2:00pm
373112-09	\$10	F	4/24	12:30pm-2:00pm
373112-10	\$34	F	5/1-5/29	12:30pm-2:00pm
373112-11	\$10	F	5/1	12:30pm-2:00pm
373112-12	\$10	F	5/8	12:30pm-2:00pm
373112-13	\$10	F	5/15	12:30pm-2:00pm
373112-14	\$10	F	5/29	12:30pm-2:00pm

STAY & PLAY - MONDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373113-01	\$42.50	M	3/2-3/30	1:00pm-2:30pm
373113-02	\$10	M	3/2	1:00pm-2:30pm
373113-03	\$10	M	3/9	1:00pm-2:30pm
373113-04	\$10	M	3/16	1:00pm-2:30pm
373113-06	\$10	M	3/30	1:00pm-2:30pm
373113-07	\$25.50	M	4/13-4/27	1:00pm-2:30pm
373113-09	\$10	M	4/13	1:00pm-2:30pm
373113-10	\$10	M	4/20	1:00pm-2:30pm
373113-11	\$10	M	4/27	1:00pm-2:30pm
373113-12	\$25.50	M	5/4-5/18	1:00pm-2:30pm
373113-13	\$10	M	5/4	1:00pm-2:30pm
373113-14	\$10	M	5/11	1:00pm-2:30pm
373113-15	\$10	M	5/18	1:00pm-2:30pm

STAY & PLAY - TUESDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373114-01	\$42.50	Tu	3/3-3/31	1:00pm-2:30pm
373114-02	\$10	Tu	3/3	1:00pm-2:30pm
373114-03	\$10	Tu	3/10	1:00pm-2:30pm
373114-04	\$10	Tu	3/17	1:00pm-2:30pm
373114-05	\$10	Tu	3/24	1:00pm-2:30pm
373114-06	\$10	Tu	3/31	1:00pm-2:30pm
373114-07	\$25.50	Tu	4/14-4/28	1:00pm-2:30pm
373114-09	\$10	Tu	4/14	1:00pm-2:30pm
373114-10	\$10	Tu	4/21	1:00pm-2:30pm
373114-11	\$10	Tu	4/28	1:00pm-2:30pm
373114-12	\$34	Tu	5/5-5/26	1:00pm-2:30pm
373114-13	\$10	Tu	5/5	1:00pm-2:30pm
373114-14	\$10	Tu	5/12	1:00pm-2:30pm
373114-15	\$10	Tu	5/19	1:00pm-2:30pm
373114-16	\$10	Tu	5/26	1:00pm-2:30pm

STAY & PLAY - WEDNESDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373115-01	\$34	W	3/4-3/25	1:00pm-2:30pm
373115-02	\$10	W	3/4	1:00pm-2:30pm
373115-03	\$10	W	3/11	1:00pm-2:30pm
373115-04	\$10	W	3/18	1:00pm-2:30pm
373115-06	\$34	W	4/1-4/29	1:00pm-2:30pm
373115-07	\$10	W	4/1	1:00pm-2:30pm
373115-09	\$10	W	4/15	1:00pm-2:30pm
373115-10	\$10	W	4/22	1:00pm-2:30pm
373115-11	\$10	W	4/29	1:00pm-2:30pm
373115-12	\$34	W	5/6-5/27	1:00pm-2:30pm
373115-13	\$10	W	5/6	1:00pm-2:30pm
373115-14	\$10	W	5/13	1:00pm-2:30pm
373115-15	\$10	W	5/20	1:00pm-2:30pm
373115-16	\$10	W	5/27	1:00pm-2:30pm

STAY & PLAY - THURSDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373116-01	\$34	Th	3/5-3/26	1:00pm-2:30pm
373116-02	\$10	Th	3/5	1:00pm-2:30pm
373116-03	\$10	Th	3/12	1:00pm-2:30pm



Spring SALE!

SPRING INTO HEALTH & WELLNESS WITH OUR SPRINGTIME PASS SALE!

**Annual & six-month recreation center memberships discounted 15%
May 11 - June 8**

Dulles South Recreation
& Community Center
24950 Riding Center Drive
South Riding, Virginia 20152
571-258-3456

Claude Moore Recreation
& Community Center
46105 Loudoun Park Lane
Sterling, Virginia 20164
571-258-3600

Visit www.loudoun.gov/prcs or drop by for more information.

373116-04	\$10	Th	3/5	1:00pm-2:30pm
373116-05	\$10	Th	3/26	1:00pm-2:30pm
373116-06	\$34	Th	4/2-4/30	1:00pm-2:30pm
373116-07	\$10	Th	4/2	1:00pm-2:30pm
373116-08	\$10	Th	4/16	1:00pm-2:30pm
373116-09	\$10	Th	4/23	1:00pm-2:30pm
373116-10	\$10	Th	4/30	1:00pm-2:30pm
373116-11	\$34	Th	5/7-5/28	1:00pm-2:30pm
373116-12	\$10	Th	5/7	1:00pm-2:30pm
373116-13	\$10	Th	5/14	1:00pm-2:30pm
373116-14	\$10	Th	5/21	1:00pm-2:30pm
373116-15	\$10	Th	5/28	1:00pm-2:30pm

STAY & PLAY - FRIDAY

(Ages 3-5) Bring a nut free lunch and a drink. Have lunch with friends, play games and listen to stories. Registration complete by 10:00am same day, space is limited.

373117-01	\$25.50	F	3/6-3/20	1:00pm-2:30pm
373117-02	\$10	F	3/6	1:00pm-2:30pm
373117-03	\$10	F	3/13	1:00pm-2:30pm
373117-04	\$10	F	3/20	1:00pm-2:30pm
373117-05	\$34	F	4/3-4/24	1:00pm-2:30pm
373117-06	\$10	F	4/3	1:00pm-2:30pm
373117-08	\$10	F	4/17	1:00pm-2:30pm
373117-09	\$10	F	4/24	1:00pm-2:30pm
373117-10	\$34	F	5/1-5/29	1:00pm-2:30pm
373117-11	\$10	F	5/1	1:00pm-2:30pm
373117-12	\$10	F	5/8	1:00pm-2:30pm
373117-13	\$10	F	5/15	1:00pm-2:30pm
373117-14	\$10	F	5/29	1:00pm-2:30pm

PRESCHOOL'S OFF CAMP

(Ages 3 - 5) School's out? No problem! Come for a day when school is out in the spring! Campers will play in our small gym, enjoy arts and crafts and MOORE activities! Pack a nut free snack and lunch. Athletic shoes are required.

373193-01	\$30	Tu	3/3	9:00am-3:00pm
373193-02	\$30	F	3/27	9:00am-3:00pm
373193-03	\$30	M	4/6	9:00am-3:00pm
373193-04	\$30	Tu	4/7	9:00am-3:00pm
373193-05	\$30	W	4/8	9:00am-3:00pm
373193-06	\$30	Th	4/9	9:00am-3:00pm
373193-07	\$30	F	4/10	9:00am-3:00pm

KIDS IN THE KITCHEN

(Ages 4-5) Put on your apron and chef hat and join us in the kitchen for classes of creative, fun and delicious recipes. We will explore how to read a recipe, use kitchen tools, measure ingredients and MOORE! Please let us know of any food allergies or dietary restrictions 2 weeks in advance.

373175-01	\$48	F	3/6/20	11:30am-1:00pm
373175-02	\$48	F	4/3-4/24	11:30am-1:00pm
373175-03	\$80	F	5/1-5/29	11:30am-1:00pm

IGNITE SPORTS: SOCCER

(AGES 2-5) Ignite Sports Soccer is designed to teach young players how to enjoy the game while developing soccer specific skills. Each session includes new foot skills, drills, and games to build coordination, confidence, and fitness. Players will also develop social skills through team play and team building activities. (Indoor Classes).

373160-01	\$120	AGES 2-3		
Su	3/8-5/10	9:30am-10:00am		
373160-02	\$120	AGES 4-5		
Su	3/8-5/10	10:00am-10:30am		

PARENT'S DAY OUT

(Ages 3-5) Enjoy a day out for some Spring fun! We will have pizza for lunch, make crafts to bring home, play and watch a movie! \$25/First Child, \$16/additional child, discount calculated upon registration.

373101-01	\$25/\$16	First Child/additional child		
Sa	3/14	10:00am-2:00pm		

SPRING PARENT'S NIGHT OUT PRE-K

(Ages 3-5) Enjoy a night out while the children enjoy pizza, crafts, games, outdoor play and a movie to end the night. \$16/First Child, \$8/additional child, discount calculated upon registration. Child must be potty trained.

	\$16/\$8	First	Child/additional	child
373195-01	F	3/13	10:00am-2:00pm	
373195-02	F	4/17	5:00pm-9:00pm	
373195-03	F	5/8	5:00pm-9:00pm	

YOUTH PROGRAMS

STAGECOACH THEATRE AFTER SCHOOL CLASSES

(Ages 6-17) We have partnered with StageCoach Theatre for a series of after school classes. Their experienced staff offer a variety of theatre programs for ages 6 & up after school and during most school breaks. Please search the following activity codes on WebTrac for additional descriptions and details on each class.

Location: Stagecoach Theater, 20937 Ashburn Road, Ashburn, VA

273200-01	\$375	Improv Ages 10-17		
W	2/5-5/20	6:00pm-7:00pm		
273200-08	\$500	Acting through Song Ages 10-17		
W	1/15-6/3	4:00pm-5:00pm		
Th	5/7-5/28	6:00pm-7:00pm		
273200-10	\$500	The Greatest Showkids Ages 6-9		
Th	1/16-6/4	5:00pm-6:00pm		
273200-11	\$500	Musical Theatre Ages 10-17		

Location: Claude Moore Recreation & Community Center

273200-03	\$400	Drama Production Ages 10-17		
W	2/5-5/27	7:00pm-8:00pm		
273200-05	\$500	Acting Techniques Ages 10-17		
Tu	1/14-6/2	6:00pm-7:00pm		
273200-07	\$100	Radio Theatre Scene Ages 10-17		
Th	4/2-4/29	4:00pm-5:00pm		
273200-09	\$100	Radio Theatre Scene Ages 10-17		
Th	5/7-5/28	6:00pm-7:00pm		
273200-13	\$200	Acting Techniques Ages 18 & up		
Th	4/2-5/28	7:00pm-8:00pm		

STAGECOACH THEATRE SPRING CAMPS

(Ages 8-13) We have partnered with StageCoach Theatre for a series of spring camps. Please search the following activity codes on WebTrac for additional descriptions and details. Students should plan to bring their own snack and drinks.

Location: Stagecoach Theater, 20937 Ashburn Road, Ashburn, VA

373700-02	\$60	Songwriting Day Camp		
M	2/17	9:00am-3:00pm		
373700-03	\$60	Stage Combat Day Camp		
Tu	3/3	9:00am-3:00pm		
373700-04	\$60	Audition Day Camp		
M	3/23	9:00am-3:00pm		

Spring Break Camp & Performances

373700-05	\$350	The Brothers Grimm Spectaculathon		
M-F	4/6-4/10	9:00am-5:00pm		

ELEMENTARY SPRING BREAK CAMP

(Ages 6-12) No school? No problem! Come enjoy your day with us at CMRCC! Kids will climb the rock wall, go swimming, play in the gym, arts & crafts and more! Please bring a nut free packed lunch. Children should wear athletic clothing or comfortable closed-toe shoes required, bathing suits, towel, and a change of clothing with a plastic bag for wet clothing. No Cellphones or other electronic devices allowed please.

373231-01	\$40	M	4/6	7:30am-6:00pm
373231-02	\$40	Tu	4/7	7:30am-6:00pm
373231-03	\$40	W	4/8	7:30am-6:00pm
373231-04	\$40	Th	4/9	7:30am-6:00pm
373231-05	\$40	F	4/10	7:30am-6:00pm

MAD SCIENCE - NASA: ACADEMY OF FUTURE SPACE EXPLORERS! CAMP

(AGES 6-12) Blast off with the only camp designed and created specifically by NASA engineers! Set your future space explorers on a trajectory from our Earth's atmosphere to the outer reaches of our solar system! This hands-on program will bring children closer to the stars, planets, comets, and more. Learn about living in space, getting away from gravity, looking for space phenomena, and participate in a rocket launch!

373221-01	\$250	Standard Day
M-F	4/6-4/10	9:00am-4:00pm
373221-02	\$45	Before Care
M-F	4/6-4/10	8:00am-9:00am
373221-03	\$90	After Care
M-F	4/6-4/10	4:00pm-6:00pm

SPRING DAYS OFF SCHOOL CAMP ELEMENTARY

(Ages 6-12) No school? No problem! Come enjoy your day with us at CMRCC! Kids will climb the rock wall, go swimming, play in the gym, arts & crafts and more! Please bring a nut free packed lunch. Children should wear athletic clothing or comfortable closed-toe shoes required, bathing suits, towel, and a change of clothing with a plastic bag for wet clothing. No Cellphones or other electronic devices allowed please.

373265-01	\$40	Tu	3/3	7:30am-6:00pm
373265-02	\$40	F	3/27	7:30am-6:00pm

IGNITE SPORTS: BASKETBALL

(Ages 5-12) Ignite Sports: Basketball is designed to teach kids the fundamentals of basketball through agility drills, fitness games like ultimate basketball! New skills are taught within each class and used during games/drills to help increase confidence and ensure each child a blast while playing! Each class is 60 minutes and taught using a non-competitive and FUN curriculum.

373248-01	\$155	Ages 5-7
Sa	3/7-5/9	9:00am-10:00am
373248-02	\$155	Ages 8-12
Sa	3/7-5/9	10:00am-11:00am

PARENTS NIGHT OUT ELEMENTARY

(Ages 6-12) Enjoy a night out while the children enjoy pizza, crafts, games, outdoor play, pool, climbing wall and a movie to end the night. \$20/First Child, \$10.00 Additional Child, automatically calculated when registering. Climbing Wall Waivers must be filled out within the last calendar year for your child to climb. Please bring a bathing suit, change of clothes and towel and close toe shoes and socks.

373242-01	\$20/\$10	F	3/13	5:00pm-9:00pm
373242-02	\$20/\$10	F	4/17	5:00pm-9:00pm
373242-03	\$20/\$10	F	5/8	5:00pm-9:00pm

ADULT PROGRAMS**VOLUNTEERS WANTED**

(Ages 13 & up) We have a wide variety of volunteer opportunities at CMRCC that range from creating decorations for events, making playdough, creating and prepping activities for kids, assisting with events and Moore. Please contact Rachel.Jennings@Loudoun.gov

SUMMER INTERNSHIPS

(Ages 18 & up) Apply to join our team for one of our Summer Internships! Our internships are catered towards college students studying Recreation & Parks, Hospitality, Communications, Camp Management, and/or Graphic Design. Gain experience and training in anything from program planning, marketing, networking, budgets, training and recruiting and more. Each internship can be catered to fit the needs and interests of the applicant. All internships are unpaid. Must apply 9 weeks in advance, contact Rachel Jennings for more information. Applicants must apply by emailing Rachel.Jennings@loudoun.gov

FITNESS TRAINING & PROGRAMS**SMART START**

(Ages 18 & up) This free program is included with a membership or daily drop in pass. Schedule your first appointment today with one of our trained fitness staff. In the first appointment we will discuss your goals and needs, and finish with a Functional Movement Screening to help identify areas that need to be worked on to improve proper form while working out and help prevent injuries. The following two appointments with the fitness staff will go over a customized work out and help you with proper form. Please fill out our SMART START inquiry form at our front desk. Please contact Curt.Kronson@loudoun.gov or call 571-258-3600.

PERSONAL TRAINING

(Ages 12 & up) Claude Moore Recreation & Community Center offers 30 and 60 minute individual and partner Personal Training packages. Customers can sign up for 4, 8, or 12 personal training sessions to help with their overall health and fitness. Our team of certified personal trainers can provide customers with as much help as necessary to develop a consistent and efficient workout plan, achieve their desired fitness goals, and learn how to make exercise a life-long habit. For more information please contact Curt.Kronson@loudoun.gov or call 571-258-3600 to schedule.

AQUA PERSONAL TRAINING

(Ages 12 & up) For beginners or those with joint issues who would like to begin a strength training program but are restricted or limited by joint pain or limited range of motion on the land. The buoyancy of the water will help alleviate pressure on the joints making for a more effective workout. Aqua personal training is also beneficial for those who are beginning a fitness program and would like to establish a strength and cardio base. For more information please contact Curt.Kronson@loudoun.gov or call 571-258-3600 to schedule.

ADULT FITNESS PROGRAMS**55+ STRENGTH TRAINING**

(Ages 55 & up) With every decade we age, strength training becomes a more critical part of your active lifestyle. This class provides a great workout and an education on the variety of strength training interventions you'll need for years to come. We focus on improving overall strength, with an emphasis on core, hips and shoulders. Enhancing these attributes will help you sustain physical independence throughout your lifetime and boost your overall mood and energy levels.

373600-01	\$84	M,W	3/2-3/30	10:00am-10:45am
373600-02	\$84	Tu,F	3/3-3/31	11:45am-12:30pm
373600-03	\$84	Tu,Th	3/3-3/31	9:00am-9:45am
373600-04	\$84	M,W	4/1-4/29	10:00am-10:45am
373600-05	\$75	Tu,F	4/3-4/28	11:45am-12:30pm
373600-06	\$84	Tu,Th	4/2-4/30	9:00am-9:45am
373600-07	\$75	M,W	5/4-5/27	10:00am-10:45am
373600-08	\$84	Tu,F	5/1-5/29	11:45am-12:30pm
373600-09	\$75	Tu,Th	5/5-5/28	9:00am-9:45am

ADULT GROUP EXERCISE PROGRAMS**AQUA STRONG**

Increase strength and endurance utilizing the resistance of the water, and specialized water dumbbells. Challenge yourself while protecting your joints with the buoyancy of the water.

BARRE

This class mixes elements from Pilates, yoga, and dance where the moves are choreographed to music. In each energizing and targeted workout, you'll use the barre and exercise equipment to sculpt, slim and stretch your entire body.

CM BOOT CAMP

Focuses on muscle endurance. It uses various body weight and weight training exercises for a total body workout.

DANCE FIT

Shake, squat and sweat your way through a great workout. Have fun moving to the music while working your muscles in this fun cardio based toning class.

GENTLE YOGA

Yoga is for everyone and this class will use adaptive poses to provide a gentle, well-rounded practice accessible to all bodies and abilities.

HAPPY HOUR YOGA

De-stress and unwind before your weekend begins! This class will challenge students with vinyasa flow sequences and end with restorative postures to release mind and body tension.

HATHA YOGA

Traditional yoga practice designed to help bring the body into alignment through a series of poses or asanas while drawing attention to the breath. Good way to build strength, flexibility and energy flow in the body while cultivating calmness in the mind. This class is included with admission fees and membership passes. Registration is not required.

INDO BOARD YOGA

This class simulates stand up paddle board yoga without the hassle of getting in and out of the water. Take your yoga practice to the next level with this challenge of instability and added core strength.

MOORE EXPRESS

All the benefits of Moore Fit but packed into 30 minutes of muscle building, pulse pounding, calorie-burning action!

MOORE FIT

Who's ready to get MOORE FIT? Moore Fit is a cross training class designed to challenge your body in a multitude of different ways. By constantly adjusting variables it is always forcing your body to adapt. Moore Fit will combine high intensity interval training, Olympic lifting, kettlebell training, circuits, timed challenges, body weight movements, etc... The combination of exercise modalities is designed to increase strength, mobility, motor pattern efficiency, cardiovascular conditioning, body composition and MOORE!

MOORE MOBILE

Moore Mobile -This class will help you loosen up your muscles and soft tissue. A fusion of Yoga, athletic stretch, and mobility exercises, this class is a great active-rest & recover for the body after a tough workout . . . or just a long day of work!

MOORE SCULPTED

Moore Sculpted is a strength training class focused on increasing lean muscle in target areas such as the arms, glutes, thighs, shoulders and calves.

MYOFASCIAL MOVEMENT

Do you like that feeling you get after a great massage? This class is for you! Myofascial movements and self massage techniques will free your fascia, restore elasticity to your body and help you increase your flexibility and mobility. Release tension, alleviate pain and leave you feeling lighter, looser and refreshed.

TAI CHI FOR ADULTS

Fitness class - may be strenuous (Ages 16 & up). Based on an ancient Chinese Martial Art, this class is a meditative movement exercise that promotes good posture, strength, flexibility, muscle tone, mental sharpness, and an improved immune system. It has a Qi Gong warm up, basic skills & step practice, and culminates in the learning of various movement forms. Tai Chi forms use both strength and flexibility, along with correct breathing, to allow the free flow of chi to all body systems for greater health. This class is included with admission fees and membership passes. Registration is not required.

VINYASA

Yin Yoga is a quite approach to yoga that uses long held poses to benefit the body's deeper connective tissue. Yin yoga poses apply moderate stress to the tendons, fascia and ligaments which increase circulation.

YIN YOGA

Quieter yoga that uses longer-held poses to benefit the body's deeper connective tissue. Perfect complement to other high impact forms of exercise that leave muscles and joints feeling tight. Also great meditative practice to help still the mind. This class is included with admission fees and membership passes. Registration is not required.

YOGA FOR RESTLESS SLEEP

This class is designed to bring the body and mind to a state of total relaxation and peace, releasing the stress that can keep us from restful sleep. Class includes gentle stretching followed by a guided relaxation, breathing practices and five to ten minutes of meditation. Beautiful, healing practice.

ZUMBA

With high tempo music and the latest dance moves from salsa and zumba to hip/hop this class is guaranteed to whip you into shape and energize your day. This class is included with your admission pass. Registration is not required.

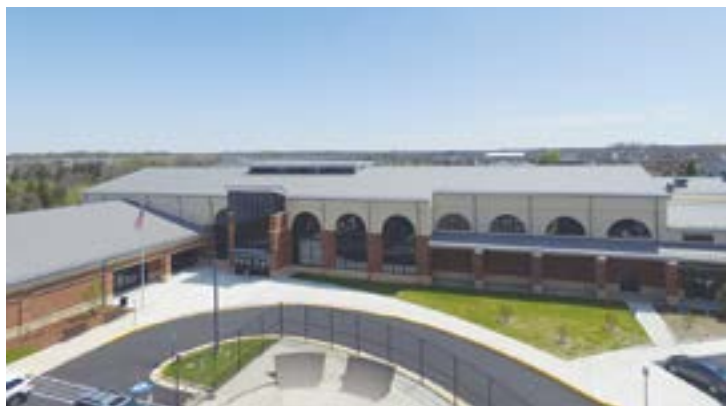
ZEN ZONE

This session combines breath awareness, yin and restorative yoga practice to focus on stressing the connective tissues, fascia and joints in a healthy way for enhanced strength and flexibility. Utilizing supportive props to support the body and long passive postures to encourage a passive release of mind and body tension. This session will deepen and practitioner physically and spiritually as well as relax and restore the entire body.



*PRCS facilities are Perfect
for family or group events & meetings.*

For more information,
visit www.loudoun.gov/prcs,
contact your local PRCS center or park,
or call 703-777-0343.



DULLES SOUTH RECREATION AND COMMUNITY CENTER

24950 Riding Center Drive
South Riding, VA 20152

571-258-3456

<http://www.loudoun.gov/dullessouthrecenter>

Facility Hours:*

M-F 5:00am-9:30pm • Sa-Su 8:00am-8:00pm

Competition Pool:

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

Leisure Pool & Spa:

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm

Preschool

M-F 8:00am-3:30pm

Hours are subject to change. Please call ahead for schedule changes or holiday hours.

Open 11:00am-6:00pm on Easter, 4/12

Open 11:00am-6:00pm on Memorial Day, 5/25

Spring Pass Sale 5/11-6/8

15% off Annual and 6 month membership

Note: The center will be closed for annual maintenance 5/26-6/2. Competition pool maintenance may extend beyond 6/2 (Call or follow up on Facebook for updates). This closure does not impact full time child care and after-school programs

ADMISSION FEES

All admissions include age appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily

Under 2 & under Free
(plastic training pants required)

Ages 3-17 \$4.00

Adults 18-54 \$6.00

Ages 55+ \$4.00

(Children 11 and under must be supervised by an Adult at all times inside the facility. Children under 5 and under must be accompanied in the pool by an Adult who has paid admission)

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+ \$88

Ages 18-54 \$132

Monthly Passes (unlimited use)

Single Adult \$50

Two Adults (Family) \$85

Family Dependent \$15

Family \$125

Senior/Youth	\$40
Senior Couple	\$65
Adult/Senior	\$75

6 Month Membership (unlimited use)

Single Adult	\$250
Two Adults (Family)	\$450
Family Dependent	\$70
Family	\$575
Senior/Youth	\$200
Senior Couple	\$350
Adult/Senior	\$400

Annual Membership (unlimited use)

Single Adult	\$450
Two Adults (Family)	\$800
Family Dependent	\$125
Family	\$1000
Senior/Youth	\$350
Senior Couple	\$600
Adult/Senior	\$700

GENERAL INFORMATION

FITNESS AREAS & TRACK AGE POLICY

Ages 16 and up can be unsupervised. Youth ages 12-15 must be supervised by an adult 16 years and older. Ages 11 and under are not permitted unless in a programmed event or class.

FACILITY RENTALS

Rental options are available in our gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

CLIMBING WALL

Come climb at our 40 foot high Freeform Climbing Wall! Open daily, Monday through Friday 4pm-8pm and Saturdays and Sundays 11am-7pm. Children 11 and under must be supervised by an adult or be in a programmed event or class. All climbers must have a Climbing Wall Release Form on file, signed by a parent or guardian if under 18 years old.

AQUATICS & SAFETY PROGRAMS

Find information on Swim Lessons, Lifeguard Classes, and Aquatic Fitness in the AQUATICS section of this guide!

PARENT & CHILD PROGRAMS

TODDLER FUN

(Ages 1-3) Come get your toddler's wiggles out and socialize with some friends! We will get moving and shaking to some fun songs. This fun class will keep you hopping and bopping. Plus, we will use our finger puppets and play parachute games. Parent/guardian participation required. No classes 4/6-4/10. Instructor: Kristy Swanson.

305141-01	\$40	M	3/2-3/30	9:00am-9:45am
305141-02	\$32	Th	3/5-3/26	9:00am-9:45am
305141-03	\$24	M	4/13-4/27	9:00am-9:45am
305141-04	\$32	Th	4/2-4/30	9:00am-9:45am
305141-05	\$24	M	5/4-5/18	9:00am-9:45am
305141-06	\$24	Th	5/7-5/21	9:00am-9:45am

TINY TOT TUMBLING

(Ages 1-3) Join your toddler for this fun movement and tumbling time class. Skills introduced are tumbling, climbing, balancing, and bouncing to enable children to develop their gross motor skills using age appropriate equipment. Parent/Guardian participation required. No Class 3/27, 4/6-4/10. Instructors: Kristy Swanson(F) and Jenny Manning (Tu).

305101-01	\$40	Tu	3/3-3/31	9:00am-9:45am
305101-02	\$24	F	3/6-3/20	9:00am-9:45am
305101-03	\$24	F	4/3-4/24	9:00am-9:45am
305101-04	\$24	Tu	5/5-5/19	9:00am-9:45am
305101-05	\$24	F	5/1-5/15	9:00am-9:45am

MUSIC & MOTION

(Ages 1-3) Get your toddler moving and shaking to some fun songs! This fun class will keep you hopping and bopping. Parent/Guardian participation required. No class 4/6-4/10. Instructor: Kristy Swanson.

305113-01	\$24	W	3/4-3/25	9:00am-9:30am
305113-02	\$24	W	4/1-4/29	9:00am-9:30am
305113-03	\$18	W	5/6-5/20	9:00am-9:30am

PARACHUTES, BALLS, & FUN!

(Ages 1-3) Join your little one in the gym for some fun with parachute games, balls, music and movement. This is a great introductory class for the young toddler! Parent/Guardian participation required. No class 4/6-4/10. Instructor: Kristy Swanson.

305102-01	\$24	W	3/4-3/25	9:45am-10:15am
305102-02	\$24	W	4/1-4/29	9:45am-10:15am
305102-03	\$18	W	5/6-5/20	9:45am-10:15am

BABY PETITE BALLET

(Ages 2-3) Be prepared to move with your petite dancer and discover elements of dance and ballet vocabulary. Parent/guardian participation required. No class 4/11, 5/23 and 5/30. Instructor: Marisol Ortiz.

305156-01	\$110	Sa	3/7-6/6	11:30am-12:15pm
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MINI CRAFTY CORNER

(Ages 2-3) Spend some time together with your child getting creative. Each class will center on a new theme allowing your little one to express their creative sides. Your child will get to socialize with new friends, practice their colors, and refine their gluing and coloring/painting skills. Activities may be messy! Parent/Guardian participation required. Instructor: Kristy Swanson.

305112-01	\$12	Th	3/12	My Jumpy Frog 10:30am-11:30am
305112-02	\$12	Th	3/19	St. Patrick's Day Fun 10:30am-11:30am
305112-03	\$12	Th	4/2	Bunny Fun 10:30am-11:30am
305112-04	\$12	Th	4/23	Counting Flowers 10:30am-11:30am

PARENT & ME BY ABRAKADOODLE

(Ages 1.5-2) Our tiny artists will learn about colors, shapes and forms as they explore different art materials such as paints, modeling compounds, and other fun art materials. Students will develop hand-eye coordination and fine motor skills while they roll, scribble, shake and pound. We will ignite your child's imagination each week with a new art project to take home. Parent/guardian participation required. \$24 supply fee payable to instructor at first class. Instructor: Abakadoodle

305132-01	\$104	Sa	3/21-5/16	9:30am-10:15am
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MUSIC TOGETHER

(Ages 0-5) Children develop a love of music through the research-based, developmentally appropriate curriculum for parents, children and primary care givers. \$40 supply fee per family. Supply fee payment made out to Mindful Music, LLC on the first day of class. Parent/guardian participation required. No class 4/7 Instructor: Music Together.

305169-01	\$128	Tu	3/24-5/19	9:30am-10:15am
305169-02	\$128	Tu	3/24-5/19	10:30am-11:15am

TODDLER RAINBOW ART & SNACK

(Ages 2-3) Come create beautiful rainbow works of art with your little one. We will even use rainbow cereal to make a beautiful necklace. Come join us and help search for "gold!" Please inform instructor if your child has allergies or dietary restrictions before the class starts. Parent/guardian participation required. Instructor: Kristy Swanson.

305115-01	\$12	Th	3/26	10:30am-11:30am
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HELLO PONY

(Ages 2-6) Location: Stonelea Farm in Aldie (39953 New Road, Aldie, VA). Introduce your child to the pony world. Participants will learn pony safety, grooming, take a ride and receive a souvenir. The new indoor ring means weather won't be a problem! Parent/guardian participation required.

Instructor: Stonelea Farms

305137-01	\$35	Sa	4/18	10:00am-11:00am
305137-02	\$35	Sa	5/16	10:00am-11:00am
305137-03	\$35	Sa	6/6	10:00am-11:00am

TODDLER PLAYGROUND GAMES

(Ages 1.5-3) Join your toddler in the gym for some "old school" fun. Play parachute games, duck duck goose, jump the snake, red light green light and more! Parent/guardian participation required. Instructor: Jenny Manning.

305139-01	\$18	Tu	4/14-4/28	9:00am-9:30am
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PARENT/CHILD BOOT CAMP

(Ages 1.5-3) Join your toddler for some fitness fun! We will be learning ways to stay active but also have fun! Running games, games with balls, more running and jumping will get your toddler excited about staying active. Parent/guardian participation required. Instructor: Jenny Manning.

305140-01	\$18	Tu	4/14-4/28	9:45am-10:15am
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SOCCER FUN

(Ages 2-3) Join your little kicker and learn the basic fundamentals of soccer in this energized, fun class. They will have a blast running, kicking, passing, stopping, and scoring, all while playing fun games and activities. Parent/Guardian participation required. Instructor: Rebecca Samson.

305106-01	\$18	W	5/6-5/20	10:30am-11:00am
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LITTLE HOOPSTERS

(Ages 2-3) Join your little basketball player for some fun in the gym! Your child will begin to learn basic basketball skills in a fun, age-appropriate setting. Parent/guardian participation required. Instructor: Rebecca Samson.

305121-01	\$18	W	5/6-5/20	11:15am-11:45am
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MOMMY & ME COOKIES & TEA

(Ages 2-3) Come spend some time with mom or a special loved one! We will measure, scoop, and pour to create a special cookie jar recipe! It will be specially filled with the ingredients you need to make yummy cookies whenever you want at home. Then enjoy some juice or water and a cookie with your special loved one! There will also be free play time so adults can enjoy some time! Parent/guardian participation required. Instructor: Kristy Swanson.

305103-01	\$15	Th	5/7	10:30am-11:30am
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PRESCHOOL AGE PROGRAMS

BLAZIN' BASKETBALL

(Ages 3-5) Let your little hoopster have some fun in the gym! Learn to dribble, pass and shoot in a fun energetic basketball class! Instructor: Rebecca Samson.

305107-01	\$50	M	3/2-3/30	11:00am-12:00pm
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INTRO TO HOCKEY

(Ages 3-5) Learn the exciting sport of hockey in the fun energized class. Your child will learn to handle the stick, pass the puck, score goals and more! Instructor: Jenny Manning (Tu) Rebecca Samson (M).

305119-01	\$50	M	3/2-3/30	1:00pm-2:00pm
305119-02	\$30	Tu	4/14-4/28	1:00pm-2:00pm

ABC SNACK & PLAY

(Ages 3-5) Come and join in some action packed fun all while practicing the letters of the alphabet. We will eat our way through some letters, eating a new healthy snack each week representing the letters of the day. Each week new letters will be added. Snack projects may contain egg, milk, nuts, soy or corn. Please inform instructor of any allergies or dietary restrictions before the program begins. Doc-

tor's authorization required for EpiPen/AuviQ to be left on site. Instructor: Kristy Swanson.

305143-01 \$60 M 3/2-3/30 1:30pm-2:30pm

OBSTACLE COURSE GALORE

(Ages 3-5) Join this fun class! Challenge yourself with a fun, age-appropriate obstacle course! Have fun running, jumping, and climbing while improving coordination and balance. Instructor: Jenny Manning (TU) Rebecca Samson (M,W).

305149-01 \$50 Tu 3/3-3/31 10:30am-11:30am

305149-02 \$40 W 3/4-3/25 10:30am-11:30am

305149-03 \$30 M 4/13-4/27 11:00am-12:00pm

305149-04 \$30 Tu 5/5-5/19 10:30am-11:30am

305149-06 \$40 Th 3/5-3/26 1:00pm-2:00pm

305149-07 \$30 Th 5/7-5/21 11:00am-12:00pm

MARTIAL ARTS FOR KIDS

(Ages 3-6) Introduce your child to the fundamentals of Taekwondo! This provides so much more than physical fitness. Your child will learn the basics including kicking, punching, self-defense, balance, discipline, focus, respect and group interaction. New exercises are introduced each week to help build a child's self-esteem and physical conditioning. Instruction provided by a World Taekwondo Federation certified instructor. Uniforms are required after the first class and may be purchased in class for \$38. Optional belt testing will be available at the end of the session for an additional fee. No Class 4/6-11. Instructor: Sang Mook Oh.

305174-01 \$80 Tu 3/3-4/28 12:30pm-1:05pm

305174-02 \$80 Tu 3/3-4/28 1:35pm-2:10pm

305174-03 \$80 Th 3/5-4/30 12:30pm-1:05pm

305174-04 \$80 Th 3/5-4/30 1:35pm-2:10pm

305174-05 \$80 Sa 3/7-5/2 1:45pm-2:20pm

SPORTS MADNESS

(Ages 3-5) Learn a new sport each week and develop your skills in Basketball, Soccer, Football, Hockey and more! Instructor: Jenny Manning (Tu) and Rebecca Samson (M,F).

305104-01 \$50 Tu 3/3-3/31 1:00pm-2:00pm

305104-02 \$30 M 4/13-4/27 1:00pm-2:00pm

305104-03 \$30 M 5/4-5/18 11:00am-12:00pm

305104-04 \$30 Tu 5/5-5/19 1:00pm-2:00pm

305104-05 \$40 Th 4/2-4/30 11:00am-12:00pm

PLAYGROUND GAMES

(Ages 3-5) Your child will join us in the gym for some old school fun. Meet new friends and learn fun games like Duck, Duck, Goose, parachutes games, relay races and more! Outdoor play if weather permits. Instructor: Jenny Manning (T) and Rebecca Samson (M,W).

305116-01 \$40 W 3/4-3/25 1:00pm-2:00pm

305116-02 \$30 Tu 4/14-4/28 11:00am-12:00pm

305116-03 \$30 W 4/15-4/29 1:00pm-2:00pm

305116-04 \$30 M 5/4-5/18 1:00pm-2:00pm

305116-05 \$30 Th 5/7-5/21 1:00pm-2:00pm

WIGGLES & GIGGLES

(Ages 3-5) Spend a super fun hour with Ms. Becca getting your wiggles and giggles out. We will play in the gym, dance to silly songs, play with scooters, the parachute and so much more. Instructor: Rebecca Samson.

305146-01 \$40 Th 3/5-3/26 11:00am-12:00pm

MY 5 SENSES

(Ages 3-5) Let's have fun with our 5 senses! Each week, we will look, listen, smell, taste, and examine a new food. Then we will get creative with our food and use it to create a work of art to bring home! Let's use our senses! Snacks may contain nuts, milk, egg, and soy, etc. Please inform us before the class begins if your child has allergies or dietary restrictions. Doctor's authorization is required before leaving Epi-pen/Auvi-Q. Instructor: Kristy Swanson.

305111-01 \$48 Th 3/5-3/26 1:30pm-2:30pm

MUSIC & MOVEMENT

(Ages 3-5) This class will get your preschooler moving and shaking to some fun

songs and keep them hopping and bopping. We will incorporate music into this fun active class. No Class 3/27 Instructor: Kristy Swanson.

305142-01 \$30 F 3/6-3/20 10:30am-11:30am

FUN FRIDAY

(Ages 3-5) Join us for an afternoon full of all things fun! We will play sports, games, tumble, dance, and laugh! Each week we will play a new sport or do some tumbling. We will also play games and dance to some fun music every Friday! This class is a great introduction to a preschool type setting. Children will have some free play but also learn to follow directions during our structured fun games. Come end your week with a ton of fun! No class 3/27 and 4/6-4/10. Instructor: Kristy Swanson.

305108-01 \$30 F 3/6-3/20 1:30pm-2:30pm

305108-02 \$30 F 4/3-4/24 1:30pm-2:30pm

305108-03 \$30 F 5/1-5/15 1:30pm-2:30pm

LEARN TO DRAW PRE-K WITH YOUNG REMBRANDTS

(Ages 3.5-5) New lessons every session with 3-yr curriculum! Our mission is to encourage your preschooler's enthusiasm for art. Young Rembrandts introduces preschoolers to visual expression through drawing and develops kindergarten readiness skills, using structured stepwise instruction. Preschoolers learn to recognize and build on the simple shapes that comprise familiar images, broadening their knowledge base and promoting cognitive integration. Preschoolers develop visual-motor processing and fine motor skills while creating their own fun and colorful artwork. New lesson every week with three-year curriculum! Students never see a repeat lesson while enrolled through the Pre-K years. Instructor: Young Rembrandts.

305120-01 \$206 Sa 3/7-4/18 9:00am-9:45am

PETITE BALLET I

(Ages 4-5.5) Learn basic ballet vocabulary and creative dance to help develop posture, musicality and sense of artistry. Soft ballet shoes and attire recommended after first session. No Class 4/11, 5/23 and 5/30. Instructor: Marisol Ortiz.

305157-02 \$110 Sa 3/7-6/6 12:30pm-1:15pm

LCTA PRESCHOOL TENNIS

(Ages 3-6) Whether children are beginners, intermediate, or advanced players this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Class may utilize both indoor and outdoor space. No class 4/6. Instructor: Loudoun County Tennis Academy.

305135-01 \$120 M 3/9-4/20 1:00pm-2:00pm

PARENT'S NIGHT OUT

(Ages 3-5) Enjoy a night out while your kids enjoy pizza, crafts, games, and a movie. Call 571-258-3456 for more information.

305127-01 \$16 F 3/13 5:00pm-9:00pm

305127-02 \$16 F 4/17 5:00pm-9:00pm

305127-03 \$16 F 5/8 5:00pm-9:00pm

PERFORMANCE BALLET I

(Ages 5-6) Beginning Ballet training with constant shifting of space to help develop proper posture, musicality, sense of artistry and self-discipline. Participants in this class may perform in a short story telling performance of the Nutcracker. No Class 4/8, 5/27. Instructor: Marisol Ortiz.

305123-01 \$108 W 3/18-6/3 4:30pm-5:30pm

MINI ARTISTS BY ABRAKADOODLE

(Ages 3-5) Our mini artists will explore different art materials such as paints, watercolors, modeling compounds, and other fun art materials. They will learn about different art techniques such as drawing, painting, print making and/or sculpture. Our class will help your child gain confidence and develop fine motor skills that they will need in school. We will ignite your child's imagination each week with a new art project to take home. \$24 supply fee payable to instructor at first class. Instructor: Abakadoodle.

305130-01 \$104 Sa 3/21-5/16 10:30am-11:15am

SUPER SOCCER

(Ages 3-5) Learn the basics of soccer in a fun energetic class. Learn to kick, stop, pass, score, and more! No classes 4/8. Instructor: Rebecca Samson.

305110-01 \$40 W 4/1-4/29 10:30am-11:30am

SPRING SCIENCE ADVENTURES

(Ages 3-5) Calling all science fans! Come and explore spring with science! Each week we will dive into a new theme: Bugs vs. Insects, Sink or Float, Cracking Eggs, Wind. We may do some reading, experimenting, and creating based on the topic. Make new friends while exploring with us! No Class 4/9. Instructor: Kristy Swanson.

305109-01 \$40 Th 4/2-4/30 1:30pm-2:30pm

ROLLING & TUMBLING

(Ages 3-5) Introduction to very basic tumbling, rolling, balancing and movement. Children will also have fun with music, movement, parachutes and more! No class 4/10 Instructor: Kristy Swanson'

305164-04 \$30 F 4/3-4/24 10:30am-11:30am

PRESCHOOL STEM

(Ages 4-5) Join us on the musical journey of learning STEM activities through creative music and movements, experiments, art, fun games, and stories. In each class, children will explore a new STEM concept. They will develop a number sense, make a color wheel, and learn about plants and life cycles. Students will be introduced to the concepts incorporated into songs and projects. The program will end with a musical presentation. No class 4/10. Instructor: Nivedita Dey.

305150-01 \$70 F 4/3-5/22 1:30pm-2:30pm

SPRING BREAK FUN CAMP

(Ages 3-6) Join Ms. Suman for an amazing Spring Break Camp. Make your own crafts, play fun games, read stories, music and much more! Students will have fun with math facts and play fun math games. Please pack a peanut free lunch and snack, water bottle and clothing to play both indoor and outdoor activities. Instructor: Suman Khandelwal'

305173-01 \$120 M-Th 4/6-4/9 9:00am-3:00pm

PRINCESS & SUPERHERO STORY HOUR

(Ages 3-5) Come for a fun hour of stories about our favorite princesses and superheroes with Miss Kristy! We will read stories about what makes our favorite princesses and superheroes the ones we love. We will learn some new "big kid" words and practice our reading skills. Time to princess and hero up and get reading! Instructor Kristy Swanson.

305144-01 \$30 M 4/13-4/27 1:30pm-2:30pm

NEW! STORIES & SPORTS

(Ages 3-5) Let's read and play sports! Come learn about a new sport each week and then practice your skills! Meet new friends, hear a story, and learn some new soccer, basketball, football, and hockey skills! Instructor: Kristy Swanson'

305136-05 \$30 F 5/1-5/15 10:30am-11:30am

MATH & SNACK

(Ages 3-5) Join us for some fun with math! Your child will prepare a special and use their snack of the day to practice their counting, sorting, comparing, and measuring skills. Activities may also include reading a math-related story and playing math games. Snack projects may contain egg, milk, nuts, soy, corn, etc. Inform instructor of any allergies or dietary restrictions before program begins. Doctor's authorization required for Epi-Pen/AuviQ to be onsite. Instructor: Kristy Swanson'

305145-01 \$36 M 5/4-5/18 1:30pm-2:30pm

PLAY-DOUGH & STORIES

(Ages 3-5) Come for an hour of stories and fun with Miss Kristy! We will use all kinds of tools and mats to create play-dough masterpieces; read a story and sing or play a game related to the story. Instructor: Kristy Swanson'

305129-01 \$30 Th 5/7-5/21 1:30pm-2:30pm

YOUTH PROGRAMS

SCHOOL'S OUT CAMP

(Ages 6-12) When school is out come join the fun at DSRCC! The day will include games, activities, swimming at the pools and climbing at the climbing wall. Please bring a lunch, snacks, water bottle, bathing suit, towel and closed-toed shoes. Call 571-258-3456 for more information.

305214-01 \$40 Tu 3/3 7:30am-6:00pm

305214-02 \$40 F 3/27 7:30am-6:00pm

K-6 ARTISTIC DRAWING WITH YOUNG REMBRANDTS

(Ages 5-12) New lessons every session with 6-yr curriculum! Encourage your child's enthusiasm for art and help develop his or her drawing skills with a Young Rembrandts drawing class. Young Rembrandts Drawing curriculum uses a structured stepwise format to teach elementary students useful drawing skills, while developing creative thinking strategies. Students deconstruct complex objects into familiar shapes; then use problem-solving and imagination to make their own works of art. Innovative reasoning skills are developed through creativity, collaborative communication, and critical thinking. A variety of engaging images challenge students with realistic, abstract and graphic art styles. Our Artistic Drawing curriculum develops academically relevant skills, including spatial-motor planning, mental discipline and fine motor skills, while providing a fun, enriching experience for our students. New lesson every week with six-year curriculum! Students never see a repeat lesson while enrolled from kindergarten to 6th grade. Instructor: Young Rembrandts.

305262-01 \$148 Sa 3/7-4/18 10:00am-11:00am

PETITE BALLET II

(Ages 5.5-7.5) Learn basic ballet vocabulary and creative dance to help develop posture, musicality and sense of artistry. No class 4/11, 5/23, 5/30. Instructor: Marisol Ortiz.

305158-02 \$110 Sa 3/7-6/6 1:15pm-2:00pm

PETITE BALLET III

(Ages 7-8) See description for Petite Ballet II. No Class 4/11, 5/23, 5/30. Instructor: Marisol Ortiz.

305201-01 \$110 Sa 3/7-6/6 10:30am-11:15am

STEM EXCEL MINDCRAFT MODDING

(Ages 6-12) Minecraft Modding teaches students important problem-solving and design skills by making changes to the popular game itself. Programming fundamentals are reinforced by designing and implementing large-scale Minecraft modifications. Our instructors offer individualized attention and mentorship throughout our course, so students will learn at their pace following their personal learning style and interests. No class 4/11. Instructor: STEM exCEL.

305237-01 \$134 Sa 3/7-4/18 12:00pm-1:00pm

STEM EXCEL ROBOTICS

(Ages 6-12) STEM exCEL Robotics is designed for students looking to get started with robotics, and who are possibly interested in learning competitive robotics. In this course, students learn how to design, build, and program Lego Mindstorms EV3 robots by constructing and programming a robot. By applying engineering concepts as well as advanced sensor programming skills, students will perfect their design and programming to solve a variety of challenges. No class 4/11. Instructor: STEM exCEL.

305238-01 \$134 Sa 3/7-4/18 1:00pm-2:00pm

MARTIAL ARTS FOR KIDS - WARRIORS

(Ages 6-12) Learn the fundamentals of Taekwondo! Children will learn the basics including kicking, punching, self-defense, balance, discipline, focus, respect and group interaction. New exercises are introduced each week to help build a child's self-esteem and physical conditioning. Instruction provided by a World Taekwondo Federation certified instructor. Uniforms are required after the first class and may be purchased for \$38. Optional belt testing will be available at the end of the session for an additional fee. No class 4/6-4/11. Instructor: Sang Mook Oh.

305274-01 \$96 Sa 3/7-5/2 2:30pm-3:15pm

CHILD CARE, PRESCHOOL & AFTER SCHOOL PROGRAMS



Our full and half-time child care program provides a safe, healthy, learning environment for children ages 3-5, with activities that promote physical, social and intellectual growth. Licensed preschool classes are offered for children ages 2.5-5, but ages vary by location. Afterschool Programs follow the Loudoun County Public School calendar. Contact your center for current availability in these state-licensed programs.

CHILD CARE LOCATIONS

Bluemont Community Center
Dulles South Rec & Comm. Center
Loudoun Valley Community Center
Lovettsville Community Center
Lucketts Community Center

PRESCHOOL LOCATIONS

Bluemont Community Center
Claude Moore Rec & Comm. Center
Douglass Community Center
Dulles South Rec & Comm. Center
Loudoun Valley Community Center
Lovettsville Community Center
Lucketts Community Center
Philomont Community Center

AFTER SCHOOL LOCATIONS

Bluemont Community Center
Lucketts Community Center
Philomont Community Center
Loudoun Valley Community Center

Refer to Children's Programs or visit www.loudoun.gov/prcs for more information.

LCTA YOUTH TENNIS

(Ages 5-8) Whether children are beginners, intermediate or advanced players, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Class may utilize outdoor space. No class 4/6. Instructor: Loudoun County Tennis Academy.

305235-01	\$120	M	3/9-4/20	3:00pm-4:00pm
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NASA ACADEMY OF FUTURE SPACE EXPLORERS BY MAD SCIENCE

(Ages 5- 11) NASA-approved and endorsed, this program takes children on a tour of the universe! Participants will continue their explorations at home with fascinating information and take-homes. Children will learn about space travel, energy, dry ice, space technology, living in space, motion, and planets and moons. Instructor: Mad Science.

305247-01	\$116	W	3/11-5/6	4:00pm-5:00pm
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PARENT’S NIGHT OUT

(Ages 6-12) Enjoy a night out while your kids spend time in the pool and on the climbing wall. There will be pizza and a movie. Call 571-258-3456 for more information.

305204-01	\$20	F	3/13	5:00pm-9:00pm
305204-02	\$20	F	4/17	5:00pm-9:00pm
305204-03	\$20	F	5/8	5:00pm-9:00pm

IGNITE SPORTS BASKETBALL

(Ages 5-7) Ignite Sports Basketball is designed to teach kids the fundamentals of basketball through agility drills, fitness games, and unique games like ultimate basketball! New skills are taught within each class and used during games/drills to help increase confidence and ensure each child has a blast while playing! Be sure you wear athletic wear. Instructor: Ignite Sports.

305223-01	\$155	Sa	3/14-5/16	10:00am-11:00am
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IGNITE SPORTS SOCCER

(Ages 5-7) Ignite Sports Soccer is designed to teach and reinforce the fundamentals of soccer through agility and touch drills, passing and trapping games, and shooting practice. The skills of passing, dribbling, stopping, touch, and shooting are taught with each class in fun and engaging ways to increase children's confidence and ability! Be sure to wear athletic clothes and shoes. Instructor: Ignite Sports.

305225-01	\$155	Su	3/15-5/17	9:00am-10:00am
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IGNITE SPORTS SOCCER

(Ages 8-12) See description for Ages 5-7. Instructor: Ignite Sports.

305226-01	\$155	Su	3/15-5/17	10:00am-11:00am
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PERFORMANCE BALLET II

(Ages 6-8) Beginning Ballet training with constant shifting of space to help develop proper posture, musicality, sense of artistry and self-discipline. Participants in this class may perform in a short story telling performance of the Nutcracker. No Class 4/8. Instructor: Marisol Ortiz.

305243-01	\$108	W	3/18-5/20	5:30pm-6:30pm
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YOUTH BALLET

(Ages 8-9) Beginning Ballet and constant shifting in space to help develop posture, musicality, sense of artistry and self-discipline. Participants may perform in a ballet performance on site at the end of the season No Class 4/8. Instructor: Marisol Ortiz.

305244-01	\$108	W	3/18-5/20	6:30pm-7:30pm
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SILVER KNIGHTS LEGO ROBOTICS

(Ages 6-12) Build, code, and have fun with LEGO WeDo 2.0. Enhance kids' curiosity and science skills with Silver Knights Robotics. Students will explore robotics with LEGO bricks, easy to use coding software, and engaging STEM challenges. Projects will include programmable spy robots, animals and vehicles. No Class 4/6. Instructor: Silver Knights Enrichment.

305206-01	\$199	M	3/23-5/18	5:00pm-6:00pm
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SILVER KNIGHTS CHESS

(Ages 5-12) Chess club is taught by experienced Silver Knights instructors using a curriculum developed by National Masters. Each weekly session is a mix of learning and play. Playing chess is a great way to develop a child's critical thinking skills, sportsmanship, and patience all while having fun! Instructor: Silver Knights Enrichment. No Class 4/7.

305205-01	\$134	Tu	3/24-5/19	5:00pm-6:00pm
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HORSE MINI CAMP

(Ages 5-15) Always wanted to learn about riding? Come to this one day get-to-know-your-horse event! The indoor ring means weather won't be a problem. Wear long pants. Helmets and boots provided. Camp held at Stonelea Farms in Aldie (39953 New Rd, Aldie,VA). Instructor: Stonelea Farms.

305229-01	\$70	Sa	4/18	12:00pm-1:30pm
305229-02	\$70	Sa	5/16	12:00pm-1:30pm
305229-03	\$70	Sa	6/6	12:00pm-1:30pm

MS. WENDY'S SPRING ART CAMP BY LOUDOUN ACADEMY

(Ages 6-11) Ms. Wendy's Spring Art Camp is designed to ensure elementary school children continue spending time learning and making Art. The camp comprises of 3 daily blocks - learn to draw, forms of art including classroom reading and writing, and hands-on art design with watercolor, pastels, and crafting scopes. This half-day, all supplies provided camp, is content rich, student-centric, provides a richer learning experience, and includes working together and learning from others. Be sure to pack a nut free snack and wattle bottle! Instructor: Loudoun Academy's Ms. Wendy

305216-01	\$175	M-F	4/6-4/10	9:00am-1:00pm
305216-02	\$35	M	4/6-4/6	9:00am-1:00pm
305216-03	\$35	Tu	4/7-4/7	9:00am-1:00pm
305216-04	\$35	W	4/8-4/8	9:00am-1:00pm
305216-05	\$35	Th	4/9-4/9	9:00am-1:00pm
305216-06	\$35	F	4/10-4/10	9:00am-1:00pm

SPRING BREAK CAMP

(Ages 6-12) Join us at DSRCC for week filled with fun! We'll spend 3 days off site exploring nearby parks and hiking trails and 2 days on site enjoying the swimming pool, climbing the wall and playing games at DSRCC. Please pack a peanut free lunch, snacks and a water bottle. Campers will also need closed toed/hiking shoes, a swimsuit and a towel. For questions call 571-258-3456. Instructors: DSRCC Camp staff.

305210-01	\$200	M-F	4/6-4/10	7:30am-6:00pm
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SHEEO ACADEMY- SPRING BREAK CAMP

(Ages 6-12) SheEO Academy personally prepares each GIRL for leadership and professionally prepares her to become a CEO or BUSINESS OWNER. The curriculum is developed to encourage innovation, build self-confidence and promote social entrepreneurship. The spring break academy includes five courses in five days. Bring, lunch, water, and lots of energy and ideas. Instructor: SheEO Academy.

305218-01	\$325	M-F	4/6-4/10	9:00am-4:00pm
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SPRING BREAK CAMP STONELEA

(Ages 5-15) This three day camp is a perfect introduction to horse riding and sportsmanship! Time will be spent learning how horses think and why they react to things the way they do. Camp also includes safety in handling, grooming and riding, proper riding position and control while mounted (through games). Camper will learn to care and keep the horses, play horse games and do arts and crafts related to horses. Camp runs Monday-Wednesday. Please wear long pants and bring lunch, snacks and water. Camp is held at Stonelea Farms 39953 New Road Aldie, VA. Instructor: Stonelea Farms.

305230-01	\$300	M-W	4/6-4/8	9:00am-3:00pm
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BEGINNER CODING & DESIGNING GAMES WITH SCRATCH BY C3 CYBER CLUB

(Ages 6-9) Software: Scratch 2.0 Skill Level: Beg.-Int. Introduce your child to the wonderful world of programming! In this class, students will learn basic programming concepts using a simple drag-and-drop interface within the software Scratch, a project developed by the MIT Media Lab. Students will use their imaginations and implement creative thinking, while at the same time learning how to create and program simple games. Use pre made art assets or create your own,

and learn how to program them, to walk, talk, and interact with objects. Teach students logic and visual programming in order to create simple, 2D Video Game in Scratch 2. Instructor: C3 Cyber Club.

305258-01 \$149 Tu 4/14-5/19 6:15pm-7:15pm

CODING & DESIGNING GAMES WITH SCRATCH BY C3 CYBER CLUB

(Ages 10-14) Software: Scratch 2 Skill Level: Beg. In this course students will learn basic programming and logic flow and learn how to apply those concepts to create games. Using Scratch, a scripting language developed by MIT to give kids an easy entry into coding, students will go through the iterative process of creating a program or game from idea to completion. Successful students in this class will have several completed 2D games they will be able to play and show off on most computers and will have mastered the skills they need to continue making games using scratch at home. Instructor: C3 Cyber Club.

305259-01 \$149 Tu 4/14-5/19 7:30pm-8:30pm

BEGINNER ANIMATION USING MINECRAFT BY C3 CYBER CLUB

(Ages 6-9) Software: Mine-mator Skill Level: Beg. In this class, younger students will learn how characters move and look alive in movies and video games! They will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their perception, observation, and timing skills, as well as exercise their imagination and storytelling by studying motion in reality; then applying it to animation. Students will learn how animators work by completing a variety of short animation exercises and projects. They will apply acting theories and animation principles to scenes they create. Does your child aspire to become an animator for games and movies? Sign up for this class today! Instructor: C3 Cyber Club.

305260-01 \$149 Sa 4/18-5/23 9:00am-10:00am

ANIMATION USING MINECRAFT BY C3 CYBER CLUB

(Ages 10-14) Software: Mine-mator Skill Level: Beg. In this class, older students will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Older students learn about advanced tools and techniques. Students will learn how animators work by completing a variety of short animation exercises and projects and applying basic acting theories and animation principles to scenes they create. Does your child aspire to become an animator? Sign up for this class today! Instructor: C3 Cyber Club.

305261-01 \$149 Sa 4/18-5/23 10:15am-11:15am

MULTIAGE PROGRAMS

KENDO: THE ART OF JAPANESE FENCING

(Ages 11 & up) Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. Introduction to Kendo emphasizes a strong understanding of Kendo basics, including etiquette, footwork and basic strikes. No experience necessary. No class 4/7. Instructor: Kennon Crymble.

305737-01 \$64 Tu 3/10-5/5 7:00pm-8:00pm

KENDO II

(Ages 11 & up) Kendo II Take your Kendo skills to the next level. Kendo, the art of Japanese fencing, strives to bring one's mind, body, and spirit together as one. Prior instruction or experience recommended. No class 4/7. Instructor: Kennon Crymble.

305738-01 \$64 Tu 3/10-5/5 7:00pm-8:30pm

DRAWING PORTRAITS

(Ages 13 & up) Learn to draw portraits with realistic facial features using simple graphite pencil, eraser, and cotton ball; one of the simplest and most powerful tools available. Instructor: Jyotsna Umesh.

305301-01 \$45 M 5/4-5/18 5:30pm-7:00pm

ADULT PROGRAMS

WATERCOLOR LANDSCAPES

(Ages 18 & up) Learn watercolor techniques; wash, wet on wet, dry brushstrokes and layering to paint loose watercolor. The focus will be to develop individual unique style and on completed paintings each session. No class 4/6 Instructor: Jyotsna Umesh.

305713-01 \$160 M 3/2-4/27 5:00pm-7:00pm

PROGRESSIVE BALLET TECHNIQUE ADULT

(Ages 18 & up) Progressing Ballet Technique is an innovative program developed or dance students to understand muscle memory training and to help achieve your personal best. Improve level of workout by signing up for GenX Ballet as well. Instructor: Marisol Ortiz.

305521-01 \$50 Th 3/12-5/21 7:00pm-7:30pm

GENX BALLET

(Ages 18 & up) This is a great class for adults who have and have not experienced a ballet class. This is a workout for the body, mind, and spirit. Exercise clothes required, Ballet soft shoes preferred. No Class 4/9. Instructor: Marisol Ortiz.

305520-01 \$100 Th 3/12-5/21 7:30pm-8:30pm

FITNESS TRAINING & PROGRAMS

PERSONAL TRAINING

(Ages 12 & up) We offer 30 and 60 minute individual and semi-private training packages to help you reach your health and fitness goals. Our team of certified personal trainers can provide customers with as much help as necessary to develop a consistent & efficient workout plan, achieve their desired fitness goals, and learn how to make exercise a life-long habit. Customers can sign up for 4, 8, or 12 personal training sessions by appointment only. Please contact Adrienne.Lopez@loudoun.gov or call 571-258-3456 to schedule.

LEGENDS

(Ages 55 & up) Age ain't nothing but a number! You have to be 55+ but you're going to feel 10 years younger when you finish this program. This training group is focused on gaining strength, balance and power. Training squads are limited to 8 participants per group. Check our Facebook page or call us for updated schedule regarding this program.

SOLE MATES

(Ages 16 & up) Sole Mates is a Training Squad designed to help decrease a runner's mile time while also decreasing the likelihood of injury. This Training Squad is solely a strength training program targeting posterior chain muscles (glutes, hamstrings, and back) and using mobility techniques to increase flexibility. The program is great for new runners and veterans. Check our Facebook page or call us for updated schedule regarding this program.

TRANSFORMERS

(Ages 16 & up): Ready to decrease body fat and gain muscle? This effective program is developed with a combination of strength training and high intensity cardio. Whether you are a beginner or advanced this program is right for you! Check our Facebook page or call us for updated schedule regarding this program.

YOUTH FITNESS PROGRAMS

P.R. PERFORMANCE

(Ages 13-16) Learn how to move well, increase strength, improve agility and coordination, and boost endurance. Whether a beginner or advanced the small group size (max 6) allows for individualized and custom programming by their certified personal trainer. Sign up today to earn the competitive advantage in your sport or to be an overall healthier individual. Check our Facebook page or call us for updated schedule regarding this program.

GROUP EXERCISE

The following Land & Aqua Fit classes are included with an admission pass or membership. Registration is not required. Stop by the front desk 30 minutes before the class starts and pick up a Class Entrance Card (CEC) which will be given to instructor to ensure spot in the class. Please check our web page and Facebook for the updated monthly schedule. Participants must 16 years or older to participate in these classes.

ADULT GROUP EXERCISE**ABS & ASSETS**

Put your Abs and Glutes to the test in this fiery 30 minute class. You will feel the burn and push your limits.

BARRE

A total body workout that is designed to strengthen, stretch, and tone those muscles using the barre. This class will also use some light handheld weights to help to give you a more toned physique. Please bring a yoga mat.

BODY SCULPT

A total body and conditioning class using free weights, body bars, bands and your own body weight. Great for a beginners to advanced.

BOLLY X

A dance party driven by the heart pumping rhythms of Bollywood. Dynamic choreography mixed with HIIT, burning up to 800 calories.

CARDIO KICKBOXING (CARDIO KB)

Combines martial arts techniques with fast-paced cardio. This high energy workout helps build stamina, improve coordination, and burn calories!

CYCLE

Work on building your muscular and cardio endurance while rockin' it out to your favorite music! Sprint and Climb while navigating high intensity intervals. Challenge yourself and make it a race day!

DANCE FIT

A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout.

FLOW & RESTORE

A fusion of Vinyasa and Restorative yogas, resulting in a practice that will leave you both peaceful and renewed. This class begins with an easeful flow to unwind the body and ends with a quiet restorative sequence with a deliciously long savasana. Whether you are recharging for the week ahead or looking for a mid-week break, you do not want to miss this class!

FUNCTIONAL STRENGTH

Improve your posture, eliminate chronic aches and pains, and increase lean body mass and gain functional strength necessary to engage in daily activities and sports while minimizing your risk for injury. The functional strength class will teach you how to effectively strengthen your core muscles and train with free weights such as kettlebells and dumbbells, with emphasis on quality movement patterns and proper technique.

GENTLE YOGA

"Easy does it." This class is ideal for anyone wanting a slower paced class. We will be gently opening and strengthening the body, connecting with our breath, and calming the mind. Great way to reset yourself for the rest of the day.

HIIT YOGA

A hard cardio routine that integrates calorie blasting plyometric moves like jump lunges into your sun salutations and beyond. It's strength training bursts broken up by lengthening, relaxing cool down style moves.

KETTLEBELL BASICS

This is a kettlebell centered class aimed to improve your posture, mobility, core stability and functional strength necessary to perform daily activities and engage in sports while minimizing your risk for injury. You will learn fundamental movement patterns and kettlebell skills such as squat, deadlift, clean and military press with emphasis on proper form and technique. (Formerly Functional Strength)

KETTLEBELL KRUSH

An advanced kettlebell class designed for those who have either completed the kettlebell workshop or have previous experience using kettlebells in a squat, deadlift, press, clean, swing, and Turkish Get-Up. It is a high intensity class incorporating complexes and double bell work which will increase your metabolic, strength and power output and take your training to another level.

LUNCHTIME HIIT

Burn a lot of calories on your lunch break with this 30 minute high intensity class. Pro-Tip: Don't eat lunch before the class!

PILATES

With its focus on core muscles, Pilates improves your body's strength, posture and balance. It's a total-body conditioning workout that produces long, lean muscles while improving deep core strength, muscle control, flexibility, coordination and body tone. The deep, mindful breathing and smooth, lengthening movements of Pilates can also help you reduce stress. It is good for males or females, young and old. Please bring a Yoga mat.

POUND

The world's first cardio jam session inspired by the infections, energizing and sweat-dripping un of playing the drums.

REFIT

A movement and fitness experience choreographed to awesome music - it incorporates popular music from the radio, Bollywood dancing, Latin music, country music & has elements of cardio boxing, arm & leg workout - it's a fun full body workout!.

REHAB/ RESTORE STRETCH YOGA

Designed for practitioners of all levels who are rehabilitating from an injury or have chronic pain. Classes offer gentle stretching with individualized attention to help restore movement and flexibility to joints, muscles and connective tissue. Please bring a Yoga mat.

REHAB/ RESTORE STRENGTH YOGA

Designed for practitioners of all levels who are rehabilitating from an injury. Classes offer gentle strength-based postures with individualized attention to help restore movement, stability, strength, and flexibility to joints, muscles and connective tissue.

SOUTHSIDE BOOTCAMP

Southside Bootcamp is a fun, fast paced class focusing on increasing strength and endurance using a variety of training methods. This class is scalable to all fitness levels.

STRETCH & STRENGTH

A full body strength and core conditioning class utilizing a variety of exercises and exercise equipment. This class will target every muscle group while maintaining proper posture and technique followed by floor work and a complete body stretch. *Land based class

STRENGTH & SCULPT

This dynamic class will utilize different training methods to tone and strengthen your muscles. Every minute is utilized in this class to increase caloric burn and show results.

STRONG [30]

This 30 minute class will utilize different training methods to tone and strengthen your muscles. Every minute is utilized in this class to increase caloric burn and show results.

VINYASA

A flowing, creative, and dynamic sequence of poses that use breath to connect one pose to the next. Classes encourage practitioners of all levels to cultivate flexibility, strength, balance, and resilience.

YOGA BASICS

Helps to build a strong foundation for your yoga practice. Classes focus on individualized attention to alignment while increasing flexibility, strength, and balance. Please bring a mat.

YOGA PILATES FUSION

A fusion blend of yoga, Pilates and fitness conditioning in a full-body workout that challenges strength, balance and flexibility while increasing stamina and focus. Please bring a Yoga mat.

YPF EXPRESS

A mix of stretching, balance, strength movements, and posture enhancements in a 30 minute express format so you can fit yoga and Pilates into your already busy day. Please bring a yoga mat.

ZUMBA

A dance party with high-tempo music and the latest dance moves from Salsa, Samba, Merengue and hip-hop, this class is guaranteed to whip you into shape and energize your day.

AQUA FIT PROGRAMS

ARTHRITIS SWIM

Classes take place in our heated indoor pool. This instructor led class uses the exercises approved by the Arthritis Foundation include walking, gentle stretching, flexing, extension and range-of-motion. These exercises are performed in shallow water and focus on moving each joint through the range of motion to increase quality of life.

STRENGTH N' STRETCH

Classes take place in the leisure pool. This water class includes stretching exercises and water weights to give you a low impact workout. Emphasis is on increasing flexibility and strengthening the body.

STRONG [WATER]

Have fun in this challenging 50 minute class. Your instructor will lead you through different intervals using a variety of equipment to increase your cardiovascular endurance and overall strength.

WATER FIT

Water Fit is a fun, fast-paced water class that combines cardio, core and strength all while using the waters resistance to create a low impact workout. This class is ideal for all fitness levels.

WATER PILATES

Take your favorite Pilates routines and puts them in the water. This fun class will include a series of movements which will stabilize and strengthen your core. Class will focus on sculpting long and strong muscles while also increasing flexibility and improving posture.

WATER WALKING/RUNNING

Classes take place in the competition pool. Have fun in this challenging 50 minute class. Your instructor will lead you through different intervals using a variety of equipment to increase your cardiovascular endurance and overall strength.

WATER YOGA

Classes take place in the leisure pool. Take your land based yoga movements into the water. This class is a relaxing mix of stretching, balance, and strength movements.



CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

loudoun.gov/carver

Monday, Wednesday, Thursday, Friday 9:00am-5:00pm.
Tuesday 9:00am-8:00pm.

SENIOR PROGRAMS

Unless otherwise noted, the following programs are free for participants 55 & older, although membership or drop-in fees apply.

SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase twelve-month memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing.
\$30/year.

DANCE

SLOW, SLOW LINE DANCE

For seniors who have difficulty dancing fast or complicated steps.
M ongoing 12:30pm-1:00pm

BEGINNER LINE DANCE

Provides exercise and camaraderie.
M ongoing 1:00pm-2:00pm

BASIC/INTERMEDIATE LINE DANCE

A step above Basic, not quite Intermediate, but still fun!
W ongoing 1:00pm-2:30pm

CONTEMPORARY LINE DANCE

Focusing on dancing to contemporary songs.
M ongoing 2:00pm-3:00pm

SOCIAL DANCING!

Basic Ballroom Dance instruction.
2nd/4th Tu ongoing 6:00pm-7:45pm

EDUCATION

BIBLE STUDY

Non-denominational group.
Th ongoing 10:45am-11:45am

BOOK CLUB

Monthly book discussions. Books provided.
4th W ongoing 10:30am-12:00pm

BEGINNER BRIDGE

A gentle introduction to Bridge basics.
Tu ongoing 10:30am-12:00pm

INTERMEDIATE BRIDGE

For those who know the basics.
Tu ongoing 12:45pm-2:15pm

BRIDGE GROUP

Intermediate party bridge for experienced players.
Th ongoing 1:00pm-4:45pm

CARVER MUSIC SCHOOL

Learn basic music terms, scales and chords...and enjoy the health benefits of singing!
Tu ongoing 9:30am-10:30am

CREATIVE WRITING

For anyone interested in exploring the writing process.
Tu ongoing 12:30pm-2:00pm

DECLUTTERING

This class helps seniors declutter their homes in a painless way that creates habits for the future. No new signups after week one. Leader: Carolyn Bledsoe.
330604-01 W 3/11-5/27 10:00am-11:30am

LIBRARY OUTREACH VISIT

Loudoun County Library brings books/videos/periodicals.
2nd W ongoing 11:30am-12:00pm

TECH TUESDAYS

Individualized computer help from Loudoun County Library staff.
Tu ongoing 11:00am-12:00pm

BASIC UKULELE

Come learn eight basic chords with two basic strum patterns. Some loaner ukes available. Leader: Carolyn Bledsoe.
W ongoing 1:00pm-2:00pm

INTERMEDIATE UKULELE

Graduates from the Basic Ukulele class learn more advanced chords and songs. Leader: Guy Masters.
W ongoing 1:00pm-2:00pm

FINE & APPLIED ARTS

BASIC WATERCOLOR

(Ages 55 & up) Learn fundamental skills and their application to complete a painting. All supplies provided. Beginner and continuing beginner students are welcome. Instructor: Alice Power.
330603-01 3/27-4/17 \$50/\$58 non-member F 12:30pm-2:30pm
330603-02 5/1-5/22 \$50/\$58 non-member F 12:30pm-2:30pm

INTERMEDIATE WATERCOLOR

(Ages 55 & up) Participants will learn the skills of watercolor painting in a fun and supportive environment with individual critique. Students should have taken Basic Watercolor. Instruction ends at 2:00 P.M. Instructor: Alice Power.
330610-01 3/25-4/15 \$40/\$48 non-member W 12:30pm-2:30pm
330610-02 4/29-5/20 \$40/\$48 non-member W 12:30pm-2:30pm

DRAWING CLASS

(Ages 55 & up) Work from clothed models and still life, using right brain as well

as approaches that are more traditional. Students are encouraged to purchase the 4th edition of Drawing on the Right Side of the Brain. Drawing materials and paper provided. Instruction ends at 2:00 P.M Instructor: Alice Power.
330606-01 \$50/58 non-member M 3/16-4/6 12:30pm-2:30pm
330606-02 \$50/\$58 non-member M 4/20-5/11 12:30pm-2:30pm

FITNESS

BALANCE & STABILITY

Physical Therapist-designed sequence of exercises.
Tu,Th ongoing 11:00am-11:30am

BODY SCULPTING

(Ages 16 & up) Using resistance bands, Pilates balls, and weights. Bring a mat. Instructor: Jill Perla. No class 3/9, 3/11.
330607-01 \$84 M,W 3/2-4/8 5:15pm-6:00pm
330607-02 \$84 M,W 4/20-5/20 5:15pm-6:00pm

CORE AND MORE

(Ages 16 & up) A blend of upper and lower body exercises. Bring a mat. Instructor: Jill Perla.
330612-01 \$80 Tu,Th,F 3/24-4/17 8:15am-8:45am
330612-02 \$80 Tu,Th,F 4/28-5/22 8:15am-8:45am

FITNESS EQUIPMENT 101

Learn how to use the fitness equipment safely.
W ongoing 10:30am-11:00am

PICKLEBALL

Tennis-like game played with 2, 3, 4 players. \$2 drop-in for non-members.
Tu ongoing 2:00pm-7:30pm
W ongoing 2:30pm-4:30pm
Th ongoing 2:00pm-4:30pm

PING PONG

New players always welcome!
M ongoing 9:00am-10:30am
Tu/W ongoing 9:00am-10:00am
F ongoing 11:30am-12:00pm

QIGONG

Eight gentle, easy to learn exercises that enhance balance, stretching ability, and breathing. It also helps to relieve stress and strengthens your immune system.
M ongoing 1:00pm-2:00pm
W,F ongoing 10:30am-11:30am

TAI CHI

Slow motion routines practiced in a group.
Tu ongoing 9:30am-10:30am

VOLLEYBALL

Games not scored. All ability levels welcome!
M ongoing 10:00am-11:00am

HEALTH & WELLNESS

BLOOD PRESSURE CHECKS

Inova Loudoun Healthcare staff. No appointment needed.
4th Th ongoing 10:00am-12:00pm

HEARING HELP

Cleaning/testing/resources. Blue Ridge Speech and Hearing. Preregister: 571-258-3400.
W 5/6 10:30am-11:30am

INFORMATION

SERVICES FOR SENIORS

(Ages 55 & up) Confidential assistance linking seniors to services.

1st & 3rd M ongoing 9:00am-12:00pm

ALZHEIMER'S SUPPORT GROUP

Provides emotional, educational and social support for caregivers.

4th Th ongoing 3:00pm-4:00pm

LYME SUPPORT GROUP

For anyone struggling with or caring for someone with Lyme Disease.

1st Tu ongoing 6:15pm-7:45pm

SOCIALIZING, RECREATION & ENTERTAINMENT

CARVER LUNCH BUNCH

(Ages 55 & up) Lunch with friends at different restaurants. Transportation by bus available to and from the restaurant from the Carver Center for a modest fee. Cost of lunch and tip is extra. Those not requiring transportation must still register (no cost).

330601-01	\$2		Dog Money, Leesburg
F	3/20		11:00am-2:00pm
230601-02	Self drive	F	3/20 11:00am-2:00pm
230601-03	\$2		Ford's Fish Shack, Lansdowne
F	4/24		11:00am-2:00pm
230601-04	Self drive	F	4/24 11:00am-2:00pm
230601-05	\$4		Sweet Nola's, Winchester
F	5/15		11:00am-2:00pm
230601-06	Self drive	F	5/15 11:00am-2:00pm

AFTERNOON TEA

(Ages 55 & up) Free registration begins two weeks before the event.

330602-01 W 4/1 1:00pm-2:00pm

DAILY CONGREGATE LUNCH

(Ages 55 & up) Must sign up in person or by calling 571-258-3407 at least 24 hours in advance.

\$4/Ages 55-59, Donation/Ages 60 & up.

M-F ongoing 12:00pm-12:30pm

BINGO

\$0.50 per card. Cash prizes.

Tu ongoing 12:45pm-1:45pm
F ongoing 10:45am-11:45am

BOARD GAMES

Dominoes, Rummikub, Scrabble, and other classic board games.

M-F ongoing 1:00pm-4:45pm

BRAIN GAMES

Picture and word games in a group setting.

Th ongoing 12:45pm-2:00pm

CARDS

Canasta. Beginners welcome!

M-F ongoing 9:00am-12:00pm

CARVER'S GOT TALENT!

Enjoy the many talents of our members as we highlight a different member each month.

1st F ongoing 11:15am-11:45am

CORN HOLE

Enjoy this fun game inside!

M ongoing 10:30am-12:00pm
W ongoing 10:00am-11:00am

FARKLE

Chat and laugh over a fun dice game.

M ongoing 1:00pm-2:00pm

HARMONY SINGING GROUP

Folk songs and rounds to piano accompaniment. All levels welcome!

Th ongoing 9:30am-10:30am

MONTHLY BIRTHDAYS

Sign up to celebrate your birthday with your Carver friends!

2nd W ongoing 12:00pm-12:30pm

MONTHLY MOVIE

Enjoy your regular lunch with a Movie in the Club Room!

1st F ongoing 12:00pm-2:00pm

MONTHLY MOVIE NIGHT!

Bring a snack and enjoy selected monthly movies.

1st Tu ongoing 5:30pm-7:30pm

SING-ALONG WITH WILEY

Old-fashioned favorites in a relaxed setting.

W ongoing 10:30am-11:30am

OUTINGS

BOWLING IN LEESBURG

Monthly bowling at Village Lanes. Payment of \$3.50 per person to play and \$4.25 for shoe rental due on arrival. \$2 transportation fee. Lunch on your own at the alley.

4th W ongoing 9:30am-12:30pm

LOCAL EXCURSIONS

Visit unique locations in western Loudoun.

M ongoing 12:45pm-1:45pm

GROCERY SHOPPING

Transportation to local grocery establishments. Skips second Wednesday. \$1 transportation fee.

W ongoing 12:45pm-2:00pm

SHOPPING LEESBURG

Bus to Leesburg to shop. \$2 transportation fee.

2nd W ongoing 12:30pm-3:15pm

SPECIAL EVENTS

ST. PATRICK'S DAY

(Ages 55 & up) Celebrate all things Irish. Expect a big crowd with much merry-making, silly costumes, wacky games and a warm and welcoming atmosphere. Entertainment by Tom Delaney. Carver is the place to be on St. Paddy's day. Don't miss it, and get your tickets EARLY, as we always sell out!

330605-01 \$3 (\$5 on the day) Tu 3/17 1:00pm-2:30pm

SENIOR HEALTH FAIR

(Ages 55 & up) Mac Brownell Adult Day Center is convening a Health Fair at Carver Center in conjunction with nurses from George Washington University School of Nursing. Information Tables to include: Blood Pressure, Body Mass Index, Medication Training, Pain Management, Vision, Sleep, Healthy Eating, Fall Risk. Caregiver Resources: Dept. of Family Services, Area Agency on Aging, Library Outreach Services, VICAP Medicare Counseling, Alzheimer's Support. Open to the public.

F 3/27 1:00pm-4:00pm

SENIOR PET PAGEANT!

(Ages 55 & up) Our pets are precious! Bring your adorable pet to Carver and share the love! The Pageant will include a Pet Parade, an opportunity for your pet to show off its tricks, and for it to receive all the petting it can handle! (Pets must be

registered with staff before coming to the center).
W 4/8 9:30am-11:00am

AARP DRIVER SAFETY
(Ages 50 & up) This class is an easy, convenient way to refresh your driving skills. Check payment of \$15 AARP Members/\$20 Non-Members will be collected on arrival by instructor. Please make checks out to AARP.
F 4/10 9:00am-5:00pm

EARTH DAY CELEBRATION
(Ages 55 & up) Celebrate Earth Day with an excursion to Georges Mill Farm where you will be able to feed the baby goats! Enjoy the scenic journey by bus and marvel at the emergence of spring!
330608-01 \$2
330608-02 Self drive W 4/22 9:30am-12:00pm

MOTHER'S DAY
(Ages 55 & up) Celebrate mothers everywhere with a Mother's Day Dance at Carver!
330611-01 \$3 F 5/8 1:00pm-3:00pm



DULLES SOUTH SENIOR CENTER

24950 Riding Center Drive, South Riding, VA 20152
571-258-3883

M,W,Th,F 9:00am-5:00pm • T 9:00am-8:00pm

Unless otherwise noted, the following classes, activities, and programs for ages 55 & older are FREE, although membership or non-member drop-in fees apply.

SPECIAL EVENTS

Please contact the Dulles South Senior Center for more information about special events for seniors.

FITNESS

YOGA FOR SENIORS
Enjoy the benefits of a life with Yoga. This class practices yoga while seated. Improve your strength, balance and flexibility. End this class with a good laugh.
M, Tu,W, F ongoing 10:30am-11:30am

YOGA
Traditional Mat Yoga. Please bring your Yoga mat.
Th ongoing 10:30am-11:30am

BEGINNING TAI CHI
Learn the basics of Tai Chi including stance and basic movements. For beginners only.
W ongoing 9:30am-10:00am

TAI CHI

Join us in this beautiful form of exercise from the mainland of China.
Tu, W ongoing 10:00am-11:00am

FITNESS & FUN
Join us for exercise & movement activities that will work your upper and lower body to improve your overall strength & fitness level including balance and hand-eye coordination.
F ongoing 1:00pm-2:00pm

EXERCISE EQUIPMENT ROOM
Get fit using the treadmill, bicycle, crank cycle, and free weights.
M,W,Th,F ongoing 9:00am-5:00pm
Tu ongoing 9:00am-8:00pm

TABLE TENNIS
Enjoy a game of ping pong with friends.
M,W ongoing 12:00pm
Tu ongoing 1:30pm
Th ongoing 12:00pm-1:00pm
F ongoing 11:00am

BEACH BALL VOLLEYBALL
Volleyball is suited for individuals of all skill levels. Benefits include improving stress levels, cardiovascular health, joint flexibility, balance problems, and muscle tone. Not to mention, you will have loads of FUN!
Th ongoing 1:00pm-2:00pm

PICKLEBALL
The fastest growing sport in the U.S. has made its way to Dulles South Senior Center. Come drop in and play this indoor version of tennis played with a paddle and a whiffle ball. All skill levels are welcome to play.
M ongoing 2:30pm-4:30pm

DANCE

BEGINNING LINE DANCE
New to Line Dancing? Try this class to learn some basic line dance routines at a slower pace.
T ongoing 6:30pm-7:30pm
F ongoing 10:00am-11:00am

INTERMEDIATE LINE DANCE
Learn new line dance routines and have some fun.
Tu ongoing 11:00am-12:00pm
Th ongoing 1:00pm-2:00pm

INTERMEDIATE PLUS LINE DANE
Add to your dance skills with a little extra steps.
Tu ongoing 12:00pm-1:00pm
Th ongoing 2:00pm-3pm

HOT HULA
Hot Hula fitness is a fun, new and exciting dance workout inspired by the dances of the Pacific Islands. It's a 60 minute total body workout that isolates your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, quads and arms. Hot Hula incorporates easy to perform dance movements set to the sounds of traditional Polynesian drum beats fused with funky Reggae music, resulting in a modern, hip fitness workout.
Th ongoing 10:00am-11:00am

DANCE FITNESS
Take your line dance skills to a new level in this class that incorporates a combination of line dancing, salsa, cha-cha, tango and many other styles. Dance your way to fitness and fun!
M,W ongoing 11:00am-12:00pm

EDUCATION & INFORMATION**COMPUTER**

Computer help for beginners and more. If you are interested in learning how to use your phone, computer, or tablet to its fullest capacity, get help from different volunteers.

W ongoing 10:30am-11:30am

COMPUTER CLASS (taught in Korean)

Learn computer skills in a classroom environment with volunteer instructor.

M ongoing 10:00am-11:00am

ADVISORY BOARD MEETING

Dulles South Senior Center Advisory Board meets the first Tuesday monthly.

1st Tu ongoing 12:45pm

SERVICES FOR SENIORS

See an Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up at the Dulles South Senior Center desk.

1st W ongoing 10:30am-1:30pm

3rd W ongoing 9:00am-12:00pm

INOVA MOBILE HEALTH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly.

1st Tu ongoing 9:00am-12:00pm

ENGLISH CHAT W/ANH

Learn new vocabulary and chat with new friends from around the world.

Tu,W ongoing 12:45pm-1:45pm

BEGINNING ENGLISH W/SAGRARIO

Class is open to all! Instructor speaks both English & Spanish.

M ongoing 10:30am-11:30am

F ongoing 12:45pm-1:45pm

ENGLISH LEVEL II W/FARAH

W ongoing 12:45pm-1:45pm

ENGLISH LEVEL I W/INDU

Th ongoing 12:45pm-1:45pm

ENGLISH LEVEL II W/ NASEEMA

Th ongoing 12:45pm-1:45pm

BEGINNING SPANISH

Learn to speak and read Spanish with volunteer instructor Sagrario.

Th ongoing 11:00am

LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center for a monthly book /DVD/CD exchange.

3rd W ongoing 11:00am-12:00pm

BOOK CLUB

Check out the book of the month from the staff office (or from the leader.) Read and return to discuss at the monthly meeting.

4th W ongoing 10:00am-11:00am

MEMOIR WRITING

Gum Springs Librarian leads this monthly memoir-writing group at Dulles South Senior Center.

2nd W ongoing 10:00am-11:00am

BIBLE STUDY

Daily ongoing 10:00am-11:00am

E-COMMENT

Seniors can record a 2-minute video message to the Board of Supervisors for their review.

W ongoing 12:30pm

GUEST SPEAKERS

Check monthly newsletter for guest speaker presentations on a variety of topics.

FINE ARTS**KNIT 'N' STITCH CLUB**

Bring your own supplies. Interested in learning to knit, crochet or sew? Help is available from volunteer instructor.

Tu, Th ongoing 11:00am-2:00pm

ART WITH FRIENDS

This self-directed group gathers and makes paintings in oil, water color, acrylic, or pastels. Bring your own supplies. No instructor. Learn from each other.

W ongoing 1:00-3:00pm

AARP SMART DRIVER COURSE

This class is an easy, convenient way to refresh your driving skills, so you'll be a safer, more confident driver. Plus, you could earn a multiyear discount on your auto insurance when you complete it! \$15 AARP Members/\$20 Non-Members. Cash/Check payment will be collected on arrival by instructor. Please make checks out to AARP Participant must attend the entire session to receive completion certificate. Daily Guest fee \$2 required for non-center members. Pack a lunch or reserve a hot lunch when you register (donations strongly encouraged). Call Sarah Yates at 571-258-3954 to register. Space is limited to 16 participants.

F 4/3 9:00am-5:00pm

SOCIALIZING & ENTERTAINMENT**GAMES GALORE**

Start your week and weekend out right...PLAY! Jump-start vocabulary with a good game of Scrabble, Rummikub, Canasta, Hand & Foot, and more.

M,Tu,W,Th,F ongoing 10:30am-4:30pm

MAHJONG

Daily ongoing 11:00am

MEXICAN TRAIN DOMINOES

Tu ongoing 1:00 pm

Senior Olympic Rules apply

PARTY BRIDGE

F ongoing 1:00pm-3:00pm

BEGINNER BRIDGE

F ongoing 3:00pm-4:00pm

BINGO

Cards are \$1 each

W Dates varies ongoing 1:00pm-2:00pm

HINDI MUSIC SINGING GROUP

Join the group and sing Hindi songs. Do not have to speak Hindi to participate. Volunteer leader.

Daily ongoing 11:30am-12:00pm

SHOPPING

Trips at least twice a month to Dulles Landing Shops including Walmart, Ross, Dick's, Home Goods and more. Occasional shopping trips to Wegman's/Target in Sterling, Dulles Town Center Mall, Leesburg Outlets and more. Call the center for dates & times of specialty shopping trips.

M ongoing 12:30pm-1:45pm

MONTHLY BIRTHDAY PARTY

Enjoy cake and celebrate the members' birthdays each month.

2nd W ongoing 12:30pm

MONTHLY MOVIES

Enjoy a movie on the big screen at the center.

Tu Date varies ongoing 1:00pm-3:00pm
 Tu Date varies ongoing 5:30pm-7:30pm

LUNCH BUNCH

The Lunch Bunch program is a chance to hop on the Dulles South bus and go to a local restaurant to enjoy lunch with friends. There is a small cost for transportation which varies depending upon how far we're traveling. You order and pay for lunch on your own at the restaurant.

Date varies ongoing 11:00am-1:45pm

Please stop by for more information and check out our facility. Schedule Dulles South Senior Center for your next meeting, dance club, birthday party, baby shower, graduation, religious service or friendly gathering!

**SENIOR CENTER AT CASCADES**

21060 Whitfield Place, Sterling, VA 20165

571-258-3280

M, W-F 9:00am-5:00pm • Tu 9:00am-8:00pm

Registration is not required for the following general interest activities for participants 55 & over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies)

CARDS & GAMES**BINGO**

Fee required (15 games)

M, Th ongoing 10:30am-12:00pm
 Tu ongoing 10:30am-11:30am
 F ongoing 1:30pm-3:00pm

CANASTA

W ongoing 1:00pm-4:30pm
 F ongoing 10:00am-12:00pm

DUPLICATE BRIDGE

Sanctioned game - Fee required

M ongoing 12:30pm-4:00pm
 Th ongoing 12:30pm-4:00pm

O'HECK

W ongoing 10:00am-11:30am

PINOCHLE

Th ongoing 11:00am-12:30pm

PARTY BRIDGE

W ongoing 1:00pm-4:00pm

POKER

Th ongoing 1:30pm-4:30pm

BUNCO

1st W ongoing 1:00pm-3:30pm

MAH JONGG (American Version)

M, Tu ongoing 1:00pm-3:00pm

CULTURAL & SOCIAL ACTIVITIES**BOOK CLUB**

3rd Tu ongoing 1:30pm-2:30pm

INDIAN CULTURAL GROUP

Open to anyone interested in attending to celebrate Indian Culture

2nd W ongoing 10:30am-12:00pm

LEARN MANDARIN CHINESE

Open to anyone interested in learning mandarin Chinese

W ongoing 11:00am – 12:00pm

MORNING REFRESHMENTS & FRIENDSHIP

M-F ongoing 10:00am-12:00pm

ITALIAN ACTIVITY

M ongoing 10:00am-11:00pm

CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Designed for intermediate/advanced student. New students are always welcome! Instructor: Ana Mahoney

Advanced: Tu TFN 9:30am-10:45am
 Intermediate: Tu TFN 10:45am-12:00pm

KNIT & CROCHET GROUP

Join an active knit & crochet group to work on your own projects or make and donate items to benefit children and adults in the community facing illness or crisis.

F ongoing 10:00am-12:00pm

CROCHET INSTRUCTION

M ongoing 1:30pm-3:00pm

MOVIE, POPCORN & SODA

Recent releases shown on 8-foot screen.

\$3/movie

3rd W ongoing 1:30pm-3:30pm

CLASSIC MOVIE NIGHT

FREE classic movies shown on 8-foot screen. Bring snack.

4th Tu ongoing 5:30pm-7:30pm

OPEN PAINTING

Tu ongoing 10:00am-11:30pm

POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" item to give as a bingo prize.

2nd Tu ongoing 5:00pm-7:30pm



She lives alone and can no longer prepare her meals.
She could use someone to deliver a warm meal.
In less than one hour you could be that someone.



It only takes an hour to give back to seniors
To volunteer for the Loudoun County Home Delivered Meals Program,
call 703-777-0257 or contact debra.bressler@loudoun.gov.
Home Delivered Meals program is administered by the Loudoun County
Department of Parks, Recreation & Community Services/Area Agency on Aging
www.giveitbacktoseniors.org

SENIOR CENTER ADVISORY BOARD

3rd Th	on going	10:00am-11:30am
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TEA & GAMES

Participate in board games or card games and enjoy tea and sometimes treats.

\$.50/donation

Th	ongoing	1:00pm-4:00pm
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EXERCISE ACTIVITIES

(See CLASSES for Zumba)

AEROBICS

M-F	ongoing	9:00am
M, W, F	ongoing	10:00am

REJUVENATION EXERCISE

Tu, Th	ongoing	10:00am-11:00am
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BALLROOM DANCING

W	ongoing	11:00am-12:00pm
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INTRO TO LINE DANCING - LEVEL 1

Th	ongoing	10:00am-11:00am
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LINE DANCE STEP PREP - LEVEL 1

Th	ongoing	9:00am-10:00am
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BEGINNER LINE DANCING - LEVEL 2

M	ongoing	1:15pm-2:30pm
W	ongoing	10:30am - 11:30am

IMPROVER/LOW INTERMEDIATE LINE DANCE - LEVEL 3

F	ongoing	1:15pm-2:30pm
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HAPPY YOGA

Tu, F	ongoing	10:30am-11:30am
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PICKLE BALL

Tu	ongoing	3:00pm-7:00pm
W	ongoing	9:30am-10:30am

TAI CHI & QI GONG

Meditation in motion. Gentle martial arts for seniors, with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren. Tuesday class for Beginners.

Tu, F	ongoing	11:00am-12:00pm
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SELF-HELP & RESOURCES**AARP DRIVER SAFETY PROGRAM - "SAFE DRIVER"**

This two-day program may help to reduce the cost of your insurance.

\$20, or \$15 for AARP members (non-members must pay additional drop-in fee)

W & F	TBA	10:00am-3:00pm
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BLOOD PRESSURE CHECK

Tu	ongoing	11:30am-12:00pm
Th	ongoing	11:00am-11:30am
F	ongoing	11:30am-12:00pm

"US TOO" PROSTATE CANCER EDUCATION AND SUPPORT GROUP

2nd Tu	ongoing	5:00pm-8:00pm
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INOVA BLOOD PRESSURE CHECK

Loudoun Healthcare provides blood pressure checks and referrals.

2nd, & 4th Tu	ongoing	9:00am-12:00pm
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SERVICES FOR SENIORS

Elder Resources Case Manager Lori Stahl from the Area Agency on Aging is available to assist in linking seniors to community services and support.

1st & 3rd Tu	ongoing	9:30am-12:00pm
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TEEN TECH TUESDAY

Tue	ongoing	5:00pm-7:00pm
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WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES**BEGINNING SPANISH II**

This fun 10-session class is for the beginner student. The class will take place Tuesdays from 1:00pm-2:15pm, February 11-April 28. Pre-requisite: Beginner I or its equivalent. New students will need to purchase an all-levels textbook (\$20).

345604-01	\$21/members, \$41 non-members	
Tue	2/11-4/28	1:00pm-2:15pm

CONVERSATIONAL SPANISH ACTIVITY

For those who would like to practice their Spanish skills, this free activity offers a great opportunity to converse, read and discuss current topics while improving their grammar skills. Designed for the intermediate or advanced student. New students are always welcome! Instructor: Ana Mahoney

Advanced Level:	Tu	9:30am-10:45am
Intermediate Level:	Tu	10:45am-12:00pm

ESL CLASS

English as a Second Language Classes are offered to beginner and advanced members who are learning to speak English for the first time. Basic vocabulary and common phrases, inflection and proper grammar taught to interested participants.

Beginner ESL	Tu	ongoing	10:30am-12:00pm
Advanced ESL	M	ongoing	10:30am -12:00pm

ZUMBA GOLD

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version.

Instructor: Vivian Monroe.

Drop-in	\$12, or \$10/member		
345604-01	Th	ongoing	11:00am-12:00pm

SPECIAL EVENTS**ST. PATRICK'S DAY LUNCHEON**

Wear your green and join us for our annual St. Patrick's Day luncheon on Tuesday, March 17 from 11:30am-1:00pm. Live music and traditional Irish food will be served. Lunch sign up is required for those who wish to partake.

T	3/17	11:30am-1:00pm
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PING PONG TOURNAMENT

Join us for this friendly singles competition. Medals will be awarded to 1st, 2nd and 3rd places. Sign up is required.

\$5/members \$7/for non-members and at the door			
345609-01	Fri	4/3	10:00am-2:00pm

CULTURAL SPRING FLING

International Fashion will be on display at our Cultural Spring Fling. Our very own Cascades models will be sporting an outfit representing their cultural heritage. Interested models sign-up in the Cascades Senior Center office.

Regular lunch will be served for those who sign up.

Fri	4/17	11:00am-1:00pm
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CINCO DE MAYO

Cascades Senior Center is celebrating Latino heritage with the "Cinco De Mayo Fiesta" on Thursday May, 7th from 2:00pm-4:00pm. Enjoy chips and salsa and live entertainment. Tickets are \$7 or \$5 for member.

345609-02 Th 5/7 2:00pm-4:00pm

ASIAN PACIFIC HERITAGE MONTH LUNCHEON

Come join us to celebrate Asian Pacific Heritage Month with our luncheon Thursday May 14, from 11:30am-1:00pm. Enjoy some traditional Asian treats and listen to the sweet sounds of our ukulele' band "The Silver Uke's." Lunch sign up is required.

Th 5/14 11:00am-1:00pm

MEMORIAL DAY LUNCHEON

We will have a special luncheon to honor those who have fallen in service to our country. Lunch sign up is required

Fri 5/22 11:30am-1:00pm

**THE SENIOR CENTER OF LEESBURG**

102 North Street, NW, Suite B, Leesburg, VA 20176

703-737-8039

M,W,Th,F 9:00am-5:00pm • Tu 9:00am-8:00pm

Membership fee: \$30 resident/non-resident

Unless otherwise noted, the following classes, activities, and programs are offered free to participants ages 55 & older, although membership or drop-in fees apply. The Leesburg Senior Center will be closed on 5/25.

ARTS & CRAFTS**CERAMICS HAND-BUILDING**

Create your own hand built art using the Ceramic Studio's slab roller, forms, and tools. Kiln Fire and Glaze using Studio supplies.

M-F ongoing 9:00am-5:00pm

SEWING

For the beginner level. Sewing Machine provided. Bring in your sewing project. Assistance provided by Carol

M,F ongoing 9:00am-12:00pm

STITCH'N'B

Sew, knit, crochet, and needle work. Make new friends and share ideas. Assistance provided by Carol.

M,F ongoing 9:00am-12:00pm

ADULT COLORING CLASS

Please come join the adult coloring class every Tuesday from 10:30 am-12:00 noon for a relaxing and fun time. This group is led by Bob and supplies provided in class to participants.

Tu ongoing 10:30am-12:00pm

ART STUDIO WITH CAROL

Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol.

M ongoing 12:30pm-3:00pm

ART WITH KAREN ROBESON

3rd W 4/15, 5/20 12:30pm-2:30pm

QUILT MAKERS CLUB

Come to chat and exchange ideas. Bring your own project to work on. Make use of the large tables to spread out your project.

W ongoing 9:30am-12:00pm

CROCHET CLUB

Bring your hooks and yarn. Work together on your own projects.

M,F ongoing 9:00am-12:00pm

WOODBURNING WITH MOKHTAR

Create art to hang on your walls using woodburning tools and a coloring technique.

M ongoing 2:45pm-4:45pm

Tu ongoing 2:00pm-4:00pm

DANCE**DANCE WITH MINDA**

Learn new dances from all over the world. No partner required. Instruction provided by Minda.

Tu ongoing 1:00pm

F ongoing 1:00pm

BALLET CLASS

Learn grace and balance with exercise and stretching.

F ongoing 9:00am-1:00pm

LINE DANCE-BEGINNING

Get Started! Learn Beginning level Line Dance with Marilyn.

W ongoing 12:00pm-1:00pm

LINE DANCE - INTERMEDIATE

Learn more Intermediate level Line Dancing with Minda.

W ongoing 1:00-2:00pm

BELLY DANCING

Basic instruction for everyone who has always wanted to try but was afraid to start!

W ongoing 10:30am-11:30am

LINE DANCE WITH VINNY

Enjoy Vinny and his line dance steps. Take instruction and glide to the music. No Partner is required. All levels welcome.

Th ongoing 12:00pm-2:00pm

F ongoing 10:30am-12:00pm

FITNESS**TAI CHI**

Tai Chi is a gentle exercise proven to strengthen muscles, improve stamina, blood circulation, balance and relaxation. Sucha provides instruction.

M ongoing 11:00am-12:00pm

TAIJIQUAN 24 FORMS

The standard simplified Chinese National Version. Improve your balance with healthy low impact and strength exercises. Feel energized, sharpen your mind, body, and spirit with this ancient art. Instructor is Zumei Feng.

Th ongoing 10:30am-12:00pm

FIT & FUN!

Class includes seated and standing exercises for strength, flexibility and balance, as well as laughter and mediation for mental well-being. Make new friends in this caring and supportive group!

Th ongoing 9:30am-10:30am

MIND & BODY

Exercise for strength, flexibility and balance. Hand weights, fitness balls and mats are used. Exercises are adaptable for all fitness levels. Get strong while having fun!

Tu and Fri on-going 2:30pm-3:30pm

SIT & FIT WITH KAREN

A half hour dance party for those with limited mobility.

Tu ongoing 10:30am
Th ongoing 10:30am

AEROBIC DANCE CLASS WITH LUELLA

Tu ongoing 10:00am-11:00am

GENTLE YOGA

Improve strength, range of motion, and balance. Each exercise will be presented for both mat and chair practice. Instructor: Nargis.

Tu ongoing 11:00am-12:00pm

ZUMBA GOLD

Active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower intensity.

10 classes.No class on 5/25. Certified Instructor: Lisa.

327600-05 M 9:15am-10:15am

Punch Card: \$60

Drop-in: \$8/member, \$10/nonmember

EDUCATIONAL

SPANISH CONVERSATION WITH FRANCISCO

327600-01 \$60 W 4/1-6/10 1:00pm-2:00pm

HEALTH, WELLNESS & INFORMATION

INOVA MOBILE HEALTH SERVICES

INOVA Nurse comes to give blood pressure checks. 1st Wednesday of the Month only.

1st W ongoing 10:00am-12:00pm

LET'S TALK CIRCLE OF SUPPORT

We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion. On the 3rd Monday of the month.

3rd M ongoing 11:00am-12:00pm

SERVICES FOR SENIORS

Confidential support assistance. Provided by the Area Agency on Aging staff. 1st and 3rd Thursdays with Lori Stahl. Registration Required.

MUSIC

INTERMEDIATE UKULELE JAM

For those who are ukulele players. Singing, playing and strumming patterns. Ukulele Lesson And ukuleles available for loan.

Th ongoing 12:30pm-2:00pm

ADVANCED UKE CLASS

For the more advanced players. Focusing on challenging songs, strumming patterns and finger picking. This class is instructed by class members. Ukulele Lesson and ukuleles available for loan.

Th ongoing 2:15pm-3:00pm

GUITAR LESSONS

Bring your guitar, mandolin, banjo, ukulele, dobro, fiddle or dulcimer and play the old country music, bluegrass, folk, and traditional tunes. Beginner or a pro, all are welcome!

F ongoing 1:00pm-2:30pm

ONGOING CLUBS & GROUPS

BOOK CLUB/BOOK SHARE

Check out the book of the month at the front desk to take home and read. Check newsletter for date and time.

POKENO

Pokeno, card game, is a great time to connect, laugh and get to know some of the members at the center. Please come join us.

Th ongoing 10.30am-11:30am

PHOTOGRAPHY CLUB

Interested in taking pictures? Come join our photography club. You never know when that next Kodak moment may be! 4th Friday of the Month.

F ongoing 10:00am-11:30am

PARTY BRIDGE

No partners needed. Stop by and play some bridge with friends.

Tu ongoing 1:00pm-4:00pm

WRITER'S ROUND TABLE

Share your work with other writers. Give critique and receive advice from fellow writers. We're building a community of senior writers!

Tu ongoing 1:00pm-2:00pm

BIBLE STUDY W/IRIS

W ongoing 11:00am-12:00pm

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned ACBL Game. Fees Apply. Registration Required.

M ongoing 1:00pm-4:30pm

F ongoing 1:00pm-4:30pm

CURRENT EVENTS DISCUSSION

Come prepared to engage in stimulating conversation about County, State, National, and International News.

W ongoing 1:00pm-2:00pm

PRAYER WITH JUDY

Prayer group.

M ongoing 10:00am-11:00am

SPANISH PRACTICE

Mary Frances leads the group in puzzles and games used to practice the language.

W ongoing 10:30am-Noon

RECREATION, SOCIAL & GAMES

EUCHRE

Card Game with friends old and new.

Tu ongoing 9:30am-12:00pm

TEXAS HOLD'EM

Tu,Th ongoing 9:00am-11:45am

RUMMIKUB

M-F ongoing 9:00am-5:00pm

MAJHONGG

W	ongoing	12:30pm-4:00pm
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OH HECK!

M	ongoing	10:00am-12:00pm
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MEXICAN TRAIN

Tu	ongoing	10:00am-12:00pm
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CANASTA/HAND & FOOT

Tu	ongoing	5:00pm-8:00pm
F	ongoing	2:00pm-5:00pm

PINOCHLE

W	ongoing	1:00pm-4:00pm
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BINGO WITH BILLY

Cards are 50 cents each.

Tu	ongoing	12:45pm-2:00pm
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BINGO WITH GAIL

Cards are 50 cents each.

F	ongoing	12:45pm-1:45pm
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BIDWHIST

Card Game with friends old and new.

Tu	ongoing	1:00pm-3:00pm
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BILLIARDS

Make use of the two regulation slate billiard tables.

M-F	ongoing	9:00am-5:00pm
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WII BOWLING LEAGUE

Enjoy Wii Bowling Fun, with new and old friends! Note subject to change for Special Event days. Questions see staff. New league begins September 2nd, prizes awarded, after 34 weeks of bowling. Handicap league.

M	ongoing	12:45pm-2:00pm
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PHASE 10

Tu	ongoing	1:00pm-3:00pm
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CORNHOLE

Th	ongoing	9:00am
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PICKLEBALL

Drop-in and play this indoor version of tennis played with a paddle and a wiffle ball. Space Limited to one court-4 players. Please note subject to change due to special event days.

M	ongoing	3:30pm-4:45pm
Tu	ongoing	3:45pm-6:00pm
W	ongoing	2:30pm-4:45pm
Th	ongoing	2:30pm-4:45pm
F	ongoing	3:45pm-4:45pm

BADMINTON

Play this backyard sport in our dining room.

M,W	ongoing	9:30am-11:30am
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TABLE TENNIS

Regulation Ping-Pong Table.

M-F	ongoing	check for times
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OUTINGS**WEEKLY SHOPPING TRIPS**

Weekly shopping trips to local retail stores. Check Newsletter for details.

W	ongoing	12:45pm
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SPECIAL EVENTS**MOVIE NIGHT**

Enjoy a free monthly featured movie.

<i>Once Upon a Time in Hollywood</i>		
Tu	3/24	5:00pm-8:00pm
<i>A Beautiful Day in the Neighborhood</i>		
Tu	4/21	5:00pm-8:00pm
<i>Ford vs. Ferrari</i>		
Tu	5/6	5:00pm-8:00pm

MOVIE DAY

Enjoy a free monthly featured movie.

<i>Once Upon a Time in Hollywood</i>		
W	3/25	12:15pm-2:30pm
<i>A Beautiful Day in the Neighborhood</i>		
W	4/22	12:15pm-2:30pm
<i>Ford vs. Ferrari</i>		
W	5/19	12:15pm-2:30pm

CLASSIC MOVIES

Enjoy free monthly classic movies

<i>Picture of Dorian Gray</i>		
W	3/4	12:15pm-2:00pm
<i>The Man Who Knew too Much</i>		
W	4/8	
<i>Funny Girl</i>		
W	5/20	12:15pm-2:00pm

LUNCH BUNCH

This monthly outing gives the Leesburg Members a chance to go to a delightful lunchtime. Cost covers the transportation. Meal paid for on your own. Bus leaves as scheduled.

327609-04	\$2.00	Dutch's Daughter
Th	3/19	10:45am-2:00pm
327609-05	\$2	Ford's Fish Shack
Th	4/16	11:15am-2:00pm
327609-06	\$2	Cracker Barrel
Th	5/14	11:00am-2:00pm

SOCK HOP

Poodle skirts, Pedal Pushers, Rolled up Jeans, Leather Jackets (optional) Musical Entertainment by DJ Jeff. Lunch donation applies. Register by 3/23.

327604-04	\$5	Th	3/26	11:30am-1:45pm
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INTERNATIONAL FOOD & FASHION

Sample treats from all around the world. Meet our members in costume or come dressed in your favorite International costume. Register by 4/20

327604-05	FREE	Th	4/16	10:00am-12:00pm
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9TH ANNUAL MAY DANCE – SENIOR PROM

Put on your dancing shoes! Come to the center to our Senior Prom! Dress in your formal attire if you would like. This event is open to all adults ages 18 and over. Appetizers, finger foods and refreshments will be served. Caricaturists on site to draw your profile as a keepsake. Registration Deadline: 5/12.

327604-06	\$7	F	5/15	5:00pm-7:30pm
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MOTHERS DAY BREAKFAST

Sample your favorite tea and cookies while enjoying live music. Registration required. Deadline: Share your story about your mother, children and grandchildren. Free to all Leesburg Senior Center mothers. Registration Deadline 5/6.

327604-07	\$5	F	5/8	1:00pm-2:00pm
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BANSHEE REEKS NATURE PRESERVE

Visitor Center: 21085 The Woods Rd., Leesburg, VA 20175
703-737-8894
www.loudoun.gov/bansheereeks
Seasonal Hours
Open: Tu, W, Th, Sa, Su • Closed: M, F, County Holidays

INSTRUCTORS WANTED

Banshee Reeks Nature Preserve is looking for instructors who are willing to share their talents with the community through experiential engagement. Employment opportunities are typically during the spring, summer, and fall months and include many leading activities. Must be 16 or older to apply. Banshee Reeks hosts a volunteer day on the third Saturday of each month. Please call or email bansheereeks@loudoun.gov for more information. more information.



CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road, Sterling, VA 20164
Athletic Fields: 46150 Loudoun Park Lane
571-258-3700
www.loudoun.gov/claudemoorespark
Visitor Center/Discovery Room: Daily 9:00am-5:00pm
Park Hours: Daily 7:00am-Sunset

DROP-OFF PROGRAMS

Children explore the world around them in both outdoor and indoor settings. Play games, make crafts, explore habitats, and more. Dress to be outside!

HOMESCHOOL SCIENCE CLASS

(Ages vary) Join park staff for a fun and exciting hands on learning experience. Try different experiments and activities every class, each focusing on a different scientific theme. Bring a nature journal to record the exciting things you find during your science adventure! Classes take place every Tuesday except 4/7. Price includes admission to Ecology Day of Northern VA on 4/28.

361106-01	\$54	Ages 5-6
Tu	3/3-4/21	10am-11:30am
361106-02	\$54	Ages 7-9
Tu	3/3-4/21	10am-11:30am
361106-03	\$54	Ages 9-12
Tu	3/3-4/21	10am-11:30am
361107-01	\$54	Ages 5-6
Tu	3/3-4/21	12:30pm-2pm
361107-02	\$54	Ages 7-9
Tu	3/3-4/21	12:30pm-2pm
361107-03	\$54	Ages 9-12
Tu	3/3-4/21	12:30pm-2pm

SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other times and badges available. Call 571-258-3700 for information. Leaders and chaperones are free. Minimum fees apply.

GIRL SCOUT BADGES & ACTIVITIES

Complete various badges or work on journeys while exploring the park. Whether it's related to nature, history, skills, or discovery, we can help you with a multitude of badges for Daisy, Brownie, Junior, or Cadette levels. Call for reservations.
Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

AMERICAN HERITAGE GIRLS BADGES

Traverse the park and enjoy the outdoors while learning skills. Many badges are available for all program levels. Multi-age level programs are also available. Call for reservations.
Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

CUB SCOUT ADVENTURES

Programs available for all Cub Scout levels. Fulfill some or all of the requirements for the core and elective adventures while enjoying the outdoors. Call for reservations.
Call ahead \$5 Days vary 3/1-5/31 10:00am-8:00pm

VOLUNTEER OPPORTUNITIES

CMP VOLUNTEER NATURE & HISTORY INTERNS

(Entering grade 8-12) Interested in nature or hands-on discovery of life in historic times? Claude Moore Park is looking for students to work with park staff to accomplish assignments in a variety of areas including: nature study; habitat restoration; demonstrating daily skills from historic times and nature and history summer camps. Space limited. Contact 571-258-3700, claudemoorespark@loudoun.gov, or check www.loudoun.gov/claudemoorespark for information and application. New volunteers apply by 4/6; Returning Interns by 3/30.

Free event 5/15-8/31

MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children **MUST** be accompanied by a REGISTERED adult unless noted. Minimum numbers required to run programs; please call in advance or register online.

FROGSHACKLE NATURE CABIN

(All ages) Get closer to nature by immersing yourself in our large supply of hands-on natural items. Find out what beaver fur feels like, guess where a fossil came from, look up close at a bird's nest, and much more. Many exciting items wait for

you to pick up and enjoy!

Free Event	Sa	3/21	1:00pm-3:00pm
Free Event	Sa	4/4	1:00pm-3:00pm
Free Event	Tu	4/7	1:00pm-3:00pm
Free event	Sa	5/2	1:00pm-3:00pm

HISTORIC LANESVILLE HOUSE

(All ages) Take a step through over 200 years of history. Built in 1779, this nationally registered historic place has seen Loudoun County grow but has not lost its charm. Visit and discover what life was like in this historic home and try out some colonial activities.

Free Event	Sa	3/21	1:00pm-3:00pm
Free Event	Sa	4/4	1:00pm-3:00pm
Free event	Sa	5/2	1:00pm-3:00pm

HISTORIC LIFE OF A SOLDIER

(All ages) Explore the life of a historic soldier with our reenactor. Take a look at historic muskets and the gear involved in being a soldier during colonial times and the revolutionary war. Do you think you could march on foot with all that gear?

Location: Claude Moore Park Lanesville House

Free Event	Sa	3/21	1:00pm-3:00pm
Free Event	Sa	4/4	1:00pm-3:00pm
Free event	Sa	5/2	1:00pm-3:00pm

WELCOME TO SPRING CAMPFIRE

(All ages) Help welcome spring as we celebrate nature emerging around us. Search for budding plants, signs of animals, and birds returning to nest. After exploring return to a warm campfire to roast marshmallows (provided, Halal available). Ages 3 and under free but must be accompanied by registered adult.

361713-01	\$5	Sa	3/21	7:00pm-8:15pm
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FAMILY FISHING DAY

(All ages) Enjoy a relaxing morning fishing at our stocked ponds. Don't worry if you don't have equipment or experience. Staff will be available to provide assistance and bait. Poles are available on a first-come, first-served basis. Price is per child ages 4 and up and must be accompanied by an adult.

361718-01	\$5	Su	3/22	10:00am-12:00pm
361718-02	\$5	M	4/6	10:00am-12:00pm

FAMILY ARCHERY

(Ages 8 & up) Let the arrows fly with friends and family. Practice your aim while playing archery games. Children under 14 must be accompanied by an adult. Adults must be registered to participate. Must be present at start of program for safety session.

361715-01	\$15	Su	3/22	1:00pm-3:00pm
361715-02	\$15	M	4/6	1:00pm-3:00pm
361715-03	\$15	Sa	6/6	1:00pm-3:00pm

WEAPONS OF THE REVOLUTION

(All ages) The American Revolution was fought by armies from at least 5 nations, and all used a single type of personal weapon - the flintlock musket. But there were two other important ingredients in the weapon mix - the rifle and the bayonet. Learn the operations, advantages, and limitations of each of these weapons, and how this triad worked together in the battles that won America its freedom. This program is presented by an experienced Revolutionary War reenactor and weapons expert, and will include discussion of key battles in the Revolution and how weaponry often played a role in the outcome.

Location: Claude Moore Park Lanesville House

Free Event	Sa	3/28	1:00pm-3:00pm
Free Event	Su	5/17	1:00pm-3:00pm

ANIMAL HOMES (Community Science Series)

(All ages) Enjoy a leisurely walk through the park while looking for the hidden homes of various animals. Listen as a Park Naturalist describes the exciting things you see. Find out the places many different creatures call home.

Free Event	Sa	4/4	10:00am-11:00am
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TEDDY BEAR TEA PARTY

(All ages) Join us in our historic building for games and a fun filled tea time. Bring a stuffed friend to keep you company and pick one of ours to take home. Refreshments provided. Children under 5 must be accompanied by adult.

361710-01	\$5.00	Tu	4/7	10:00am-11:30am
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ANIMAL MOMS CAMPFIRE

(All ages) Mothers are important almost all living creatures! Discover how animals raise their young as you explore the park for homes and dens. Stop by the campfire after the walk for toasted marshmallows (provided, Halal available). Ages 3 and under free but must be accompanied by registered adult.

361724-01	\$5	F	5/8	7:00pm-8:15pm
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CELEBRATE WEATHER AT CMP

(All ages) Stop by the Visitor Center and take part in a celebration of weather and all it can do! Check out the Visitor Center's Discovery Room for some self-guided games and activities 9-5 daily. Call 571-258-3700 for more info.

Location: Claude Moore Park Visitor Center

Free Event	Daily	3/1-5/31	9:00am-5:00pm
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CREATE YOUR OWN OUTDOOR EXPERIENCE

(All ages) Have a special interest you would like to explore here at Claude Moore Park? Work together with a Park Naturalist to create your own unique park experience. Activities can range from archery, campfires, hiking, historic reenacting, fishing, and so much more. Want to combine activities and try a bit of everything? Ask us how! We work directly with you to make your experience truly unique. Call 571-258-3700 for more information.

Prices Vary	Daily	3/1-5/31	9:00am-8:00pm
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CREATE YOUR OWN ART OR CRAFTING EXPERIENCE

(All ages) Work together with a Park Specialist to create your own unique crafting experience. Activities can range from historic crafts, toy making, knitting, crocheting, natural art, paper making, cooking, and so much more. Want to combine activities and try a bit of everything? Ask us how! We work directly with you to make your experience truly unique. Call 571-258-3700 for more information.

Prices Vary	Daily	3/1-5/31	9:00am-8:00pm
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COMMUNITY SCIENCE CORNER

(All ages) Come check out the Citizen Science Corner at the Visitor Center and help the park find out what's living around us. Grab a sightings sheet before you head out on the trails and tell us what you've found. Help us monitor our local wildlife. Adult and child versions available.

Free Event	Daily	3/1-5/31	9:00am-5:00pm
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DISCOVERY ROOM ADVENTURE

(All ages) Stop by the Visitor Center any day of the week to visit with our live animals and explore a wealth of interesting items. Can you guess how many tree frogs we have or why our snake is orange?

Free Event	Daily	3/1-5/31	9:00am-5:00pm
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JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park nature and history while you complete the activities in a booklet available at the Visitor Center. When you've finished all the tasks, take the Junior Ranger pledge and receive your patch.

Pay at door	\$2	Daily	3/1-5/31	9:00am-5:00pm
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DISCOVERY GROVE BIRTHDAY PARTY

(Ages 2 & up) Explore our exciting outdoor play space on your birthday! Play music, dig in the dirt, climb over logs, walk through a maze, and more. Staff will guide you through many fun age-appropriate activities to help celebrate your special day. Call for information and reservations.

Call ahead	\$85	Days vary	3/1-5/31	9:00am-5:00pm
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NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead	\$100	Days vary	3/1-5/31	9:00am-5:00pm
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ADVENTURE BIRTHDAY PARTY

(Ages 7 & up) Up for a bit of adventure? Try out fishing, geocaching, or campfire fun. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead \$135 Days vary 3/1-5/31 9:00am-5:00pm

ARCHERY BIRTHDAY PARTY

(Ages 9 & up) Gather your friends for an exciting archery experience. Learn the basics and get shooting. Maximum 18 children. Call for information and reservations.

Call ahead \$150 Days vary 3/1-5/31 9:00am-5:00pm

ELEMENTARY & HOMESCHOOL FIELD TRIPS

(All ages) Have a group looking for some exciting science or history fun? Join a park naturalist for themed educational field trips. Call for information and reservations.

Call ahead \$3.50 Days vary 3/1-5/31 9:00am-5:00pm

HISTORIC IMMERSIONS & NATURE EXCURSIONS

(All ages) Have a privately led experience in our richly historic and naturally wonderful areas of Claude Moore Park. Walk around the ponds or enjoy an 1870s schoolhouse reenactment. Find out what life was like in our 1779 Lanesville farm house or visit with our live reptiles. Many topics available. Call for information and reservations.

Call ahead \$3.50 Days vary 3/1-5/31 9:00am-5:00pm

GROUP CAMPFIRES

(All ages) Bring your group to join a naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks. Games and activities available, or just have us build and tend a fire for your special event. Call for information and to schedule.

Call ahead Days vary 3/1-5/31 10:00am-9:00pm



FRANKLIN PARK

17501 Franklin Park Drive, Purcellville, VA 20132
540-338-7603

Park Hours: 7:00 - Dusk • Office hours: M-F 9:00am-5:00pm

INSTRUCTORS WANTED

Franklin Park is looking for instructors who are willing to share their talents with the community through experiential engagement with children ages 8-14. Employment opportunities are typically during the spring, summer, and fall months and include leading activities such as archery, fishing, and leading summer day camp. Additional responsibilities may include assisting with facilitation of birthday parties and other on property events. Must be 16 or older to apply. Please call for more information.

FACILITY RENTALS

Franklin Park, located in western Loudoun County, spans over 200 acres of recreational space with athletic fields, hiking trails, an 18 hole disc golf course, stocked pond, leisure and lap pools and more. Our available rental spaces, such as pavilions, gazebos, athletic fields, pool tents and inflatables make Franklin Park the perfect location your next event. Payment is due at time of the reservation. Please call for more information.

vilions, gazebos, athletic fields, pool tents and inflatables make Franklin Park the perfect location your next event. Payment is due at time of the reservation. Please call for more information.

ADVENTURE/BOUNCING BIRTHDAY PARTIES

(All ages) Celebrate your birthday by trying out fishing, archery, a fun campfire or a bounce house at Franklin Park! Packages include all materials and equipment, plus an instructor. Tent or pavilion rental options are available. Payment is due at time of the reservation. Please call for more information.

FISHING DERBY

(All ages) Join us during our 2nd Annual Franklin Park Trout Fishing Derby. Kids and adults will fish from 9am -12pm to see who has the biggest catch, and the smallest. Trophies given in multiple categories for various age groups. There will also be yard games, inflatables, and educational programs to create an event that is fun for the whole family. Trout stocked in the pond and up to six may be taken home. All other species will be catch and release only. Any person fishing that is 16 years or older will need a valid Virginia Freshwater Fishing License. Day of registration will be available based on capacity. Some bait and tackle will be available on a first come, first served basis. Call for more information.

362918-02 \$10 Sa 4/4 9:00am-12:00pm



ADULT & YOUTH SPORTS

703-777-0343

ADULT PROGRAMS

Call for more information about adult sports leagues including soccer volleyball, cricket and softball.

YOUTH PROGRAMS

Youth sports programs are coed unless noted otherwise.

BASEBALL

BRIAR WOODS BASEBALL MIDDLE SCHOOL CAMP

(Ages 11-14) The coaching staff of one of the elite programs in Loudoun County invites anyone ages 11-14 to a 4 hour baseball camp. Campers introduced to the finer techniques and mechanics of baseball working with the coaching staff and Falcon baseball players. Take the skills covered in this camp and apply them to your upcoming seasons.

Location: Briar Woods HS

321012-01 \$50 Sa 3/28 1:00pm-4:00pm

BRIAR WOODS LITTLE LEAGUE BASEBALL CAMP

(Ages 8-10) The coaching staff of one of the elite programs in Loudoun County invites ages 8-10 to a 3 hour baseball camp. Campers introduced to the finer techniques and mechanics of baseball working with the coaching staff and Falcon baseball players. Take the skills covered in this camp and apply them to your upcoming seasons.

Location: Briar Woods HS

321011-01 \$50 Sa 3/28 10:00am-1:00pm

BASKETBALL**COREY STITZEL COLLEGE BASKETBALL SHOWCASE**

(Ages 14-18, Boys) This one day college showcase provides exposure and skill development for elite high school players. This one day showcase will draw players from all across the east coast. At this showcase, players will do skill work and play live games with elite level high school and college coaches as camp staff. College coaches will be in attendance. In the fall, this showcase attracted over 30 college coaches from 6 different states. Don't miss out on getting college exposure at this elite college showcase! Call Corey Stitzel at 267-471-2774 with any questions.

Location: Independence HS

321002-01 \$90 Su 5/10 1:00pm-5:00pm

COREY STITZEL SPRING TRAINING

(Ages 7-18) Corey Stitzel Spring Training is focused on getting players better in the offseason and AAU season. These trainings will focus on offensive skills and shooting techniques. Skill work and live playing action will be provided.

Location: Eagle Ridge MS

321003-01 \$250 Tu 3/24-5/5 7:30pm-8:30pm

GIANT BASKETBALL ACADEMY PRESIDENT'S DAY CAMP

(Ages 9-12, Boys) Former NBA Star Gheorghe Muresan's Giant Basketball Academy. Compete against top players while being trained by a DC Sports Legend! This camp is designed for players with advanced skills. For more information visit www.GiantBasketball.com/gbalite-camp, email GBA@GiantBasketball.com or call 703-777-0343.

Location: Brambleton MS

221030-01 \$35 M 2/17 9:00am-3:00pm

GIANT BASKETBALL ACADEMY 3-ON-3 LEAGUE

(Ages 8-12) During a one-hour weekday practice players will focus on basketball fundamentals such as shooting, defense, and ball handling. On Saturdays kids will play in a 3-on-3 basketball league. Playing time increases for all kids involved in this new Olympic sport addition.

Ages 8-10, Boys**Activity Number: 321008**

Location	Sec	Fee	Day	Date	Time
Buffalo Trail ES	01	\$165	M	3/16-5/11	7:00pm-8:00pm
Legacy ES	02	\$165	Tu	3/17-5/12	7:00pm-8:00pm
Legacy ES	03	\$165	F	3/20-5/15	7:00pm-8:00pm
Eagle Ridge MS	04	\$165	M	3/16-5/11	6:15pm-7:15pm
Trailside MS	05	\$165	Tu	3/17-5/12	6:15pm-7:15pm
Brambleton MS	06	\$165	Th	3/19-5/14	6:15pm-7:15pm

Ages 10-12, Boys**Activity Number: 321009**

Location	Sec	Fee	Day	Date	Time
Eagle Ridge MS	01	\$165	M	3/16-5/11	7:15pm-8:15pm
Trailside MS	02	\$165	Tu	3/17-5/12	7:15pm-8:15pm
Brambleton MS	03	\$165	Th	3/19-5/14	7:15pm-8:15pm

Ages 9-11, Girls**Activity Number: 321010**

Location	Sec	Fee	Day	Date	Time
Eagle Ridge MS	01	\$165	M	3/16-5/11	6:15pm-7:15pm
Buffalo Trail ES	02	\$165	M	3/16-5/11	7:00pm-8:00pm
Trailside MS	03	\$165	Tu	3/17-5/12	6:15pm-7:15pm
Legacy ES	04	\$165	F	3/20-5/15	7:00pm-8:00pm

GIANT BASKETBALL ACADEMY JUNIOR SKILLS CLINIC

(Ages 6-8) Giant Basketball Academy is devoted to teaching the proper fundamentals of the game of basketball to boys and girls in a fun, supportive, encouraging environment. The program will not meet the week of Spring Break. For more information visit our website: www.giantbasketball.com/junior-skills-clinic, email us at GBA@GiantBasketball.com or call 703-777-0343. No clinics during Spring Break.

mation visit our website: www.giantbasketball.com/junior-skills-clinic, email us at GBA@GiantBasketball.com or call 703-777-0343. No clinics during Spring Break.

Activity Number: 321005

Location	Sec	Fee	Day	Date	Time
Buffalo Trail ES	01	\$140	M	3/16-5/11	6:00pm-7:00pm
Legacy ES	02	\$140	Tu	3/17-5/12	6:00pm-7:00pm
Legacy ES	03	\$140	F	3/20-5/15	6:00pm-7:00pm

GIANT BASKETBALL ACADEMY SKILLS CLINIC

(Ages 9-13) Former NBA Star Gheorghe Muresan's Giant Basketball Academy skills clinic for players ages 9-13. Players will work in small groups once a week with our expert coaches on basketball fundamentals and skill development.

Boys**Activity Number: 321006**

Location	Sec	Fee	Day	Date	Time
Legacy ES	01	\$165	W	3/18-5/13	7:00pm-8:30pm
Newton-Lee ES	02	\$140	Th	3/19-5/14	6:00pm-7:00pm
Legacy ES	03	\$140	W	3/18-5/13	6:00pm-7:00pm

Girls**Activity Number: 321007**

Location	Sec	Fee	Day	Date	Time
Newton-Lee ES	01	\$165	Th	3/19-5/14	7:00pm-8:30pm

TENNIS**ALL COURT TENNIS HS TENNIS PREP - SPRING PROGRAM**

(Ages 8-18) Students will develop their game, regardless of their current level learning the proper grips for their strokes, various strokes, forehands, backhands, volleys, overheads, and swinging volleys. Students can expect individual instruction, drills, playing points, and other fun, skill developing games.

Location: Rock Ridge HS**Activity Number: 321583**

Sec	Fee	Day	Date	Time
01	\$130	Sa	3/28-4/25	10:00am-11:30am
02	\$130	Su	3/29-5/3	3:00pm-4:30pm
03	\$130	Sa	5/9-6/6	10:00am-11:30am
04	\$104	Su	5/17-6/7	3:00pm-4:30pm

BADMINTON FOR CHILDREN AT NVBC

(Ages 5-17) Badminton is the fastest racket sport with shuttlecocks reaching speeds in excess of 200mph. The game is played using a combination of power, finesse and tactics to throw your opponent off balance. Children will learn the fundamentals through professional instructions and activities. Shuttlecocks and loaner rackets provided.

Location: NoVA Badminton Club - Ashburn, VA**Activity Number: 321549**

Sec	Fee	Day	Date	Time
01	\$150	M	3/16-5/18	4:00pm-5:00pm
02	\$150	Tu	3/17-5/19	4:00pm-5:00pm
03	\$150	W	3/18-5/20	4:00pm-5:00pm
04	\$150	Th	3/19-5/21	4:00pm-5:00pm
05	\$150	Sa	3/21-5/23	1:00pm-2:00pm

LCTA MS TENNIS LEAGUE- DEVELOPMENT PRACTICE

(Grades 6-8) LCTA is giving Middle School Tennis players an opportunity to play matches every Sunday against kids from other middle schools in Loudoun County. Development players can serve the ball in the box at less than 50% of the time, know the rules of tennis, can hit and rally ground strokes in the court less than 50% of the time, and have none or very little match play experience (league and tournament matches). Please note that your play location may change to one of the other schools due to enrollment numbers. Loudoun North schools include Belmont Ridge, Eagle Ridge, Farmwell Station, Trailside, Blue Ridge, Harmony, or others. Loudoun South schools include Brambleton, Lunsford, Mercer, Stone Hill, Willard, Simpson, or others. For more information visit www.LCTAcademy.net or email

jrosado@lctacademy.net. No matches April 20.

Location: Loudoun North
Activity Number: 321900

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Sa	3/14-5/2	4:00pm-6:00pm
7	02	\$175	Sa	3/14-5/2	4:00pm-6:00pm
6	03	\$175	Sa	3/14-5/2	4:00pm-6:00pm

Location: Loudoun South
Activity Number: 321900

Grade	Sec	Fee	Day	Date	Time
8	04	\$175	Sa	3/14-5/2	4:00pm-6:00pm
7	05	\$175	Sa	3/14-5/2	4:00pm-6:00pm
6	06	\$175	Sa	3/14-5/2	4:00pm-6:00pm

LCTA MS TENNIS LEAGUE- INTERMEDIATE PRACTICE

(Grades 6-8) See description for LCTA MS Tennis League Development Practice program. Intermediate players can serve the ball in the box at least 50% of the time, know the rules of tennis, can hit and rally ground strokes in the court 50% of the time, and have 2 or more years of match play experience (league and tournament matches). No matches April 20.

Location: Loudoun North
Activity Number: 321901

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Sa	3/14-5/2	2:00pm-4:00pm
7	02	\$175	Sa	3/14-5/2	2:00pm-4:00pm
6	03	\$175	Sa	3/14-5/2	2:00pm-4:00pm

Location: Loudoun South
Activity Number: 321901

Grade	Sec	Fee	Day	Date	Time
8	04	\$175	Sa	3/14-5/2	2:00pm-4:00pm
7	05	\$175	Sa	3/14-5/2	2:00pm-4:00pm
6	06	\$175	Sa	3/14-5/2	2:00pm-4:00pm

LCTA MS TENNIS LEAGUE- ADVANCED PRACTICE

(Grades 6-8) See description for LCTA MS Tennis League-Development Practice program. Advanced players can serve the ball in the box consistently (at least 70%), know the rules of tennis, can hit and rally consistent ground strokes, and have many years of match play experience (league and tournament matches). No matches April 20.

Location: Loudoun North
Activity Number: 321902

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Sa	3/14-5/2	2:00pm-4:00pm
7	02	\$175	Sa	3/14-5/2	2:00pm-4:00pm
6	03	\$175	Sa	3/14-5/2	2:00pm-4:00pm

Location: Loudoun South
Activity Number: 321902

Grade	Sec	Fee	Day	Date	Time
8	04	\$175	Sa	3/14-5/2	2:00pm-4:00pm
7	05	\$175	Sa	3/14-5/2	2:00pm-4:00pm
6	06	\$175	Sa	3/14-5/2	2:00pm-4:00pm

LCTA MS TENNIS LEAGUE- DEVELOPMENT MATCH PLAY

(Grades 6-8) See description for LCTA MS Tennis League-Development Practice program. No matches April 21.

Location: Loudoun North
Activity Number: 321903

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Su	3/15-5/10	2:00pm-4:00pm
7	02	\$175	Su	3/15-5/10	2:00pm-4:00pm
6	03	\$175	Su	3/15-5/10	2:00pm-4:00pm

Location: Loudoun South
Activity Number: 321903

Grade	Sec	Fee	Day	Date	Time
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8	04	\$175	Su	3/15-5/10	2:00pm-4:00pm
7	05	\$175	Su	3/15-5/10	2:00pm-4:00pm
6	06	\$175	Su	3/15-5/10	2:00pm-4:00pm

LCTA MS TENNIS LEAGUE- INTERMEDIATE MATCH PLAY

(Grades 6-8) See description for Development Match Play program. No matches April 21.

Location: Loudoun North
Activity Number: 321904

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Su	3/15-5/10	12:00pm-2:00pm
7	02	\$175	Su	3/15-5/10	12:00pm-2:00pm
6	03	\$175	Su	3/15-5/10	12:00pm-2:00pm

Location: Loudoun South
Activity Number: 321904

Grade	Sec	Fee	Day	Date	Time
8	04	\$175	Su	3/15-5/10	12:00pm-2:00pm
7	05	\$175	Su	3/15-5/10	12:00pm-2:00pm
6	06	\$175	Su	3/15-5/10	12:00pm-2:00pm

LCTA MS TENNIS LEAGUE- ADVANCED MATCH PLAY

(Grades 6-8) See description for LCTA MS Tennis League-Development Practice program. Advanced players can serve the ball in the box consistently (at least 70%), know the rules of tennis, can hit and rally consistent ground strokes, and have many years of match play experience (league and tournament matches). No matches April 21.

Location: Loudoun North
Activity Number: 3219005

Grade	Sec	Fee	Day	Date	Time
8	01	\$175	Su	3/15-5/10	10:00am-12:00pm
7	02	\$175	Su	3/15-5/10	10:00am-12:00pm
6	03	\$175	Su	3/15-5/10	10:00am-12:00pm

Location: Loudoun South
Activity Number: 3219005

Grade	Sec	Fee	Day	Date	Time
8	04	\$175	Su	3/15-5/10	10:00am-12:00pm
7	05	\$175	Su	3/15-5/10	10:00am-12:00pm
6	06	\$175	Su	3/15-5/10	10:00am-12:00pm

LCTA- RED BALL LEAGUE

(Ages 5-8) Whether your child is an advanced player seeking more opportunities to compete or an advanced beginner seeking to improve match skills, LCTA Team Tennis has something for everyone. Kids will be grouped according to their level and will play round robin matches. For more information visit www.LCTAcademy.net or email jrosado@lctacademy.net.

Location: Independence HS

321907-01	\$160	Su	3/15-5/10	4:00pm-6:00pm
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LCTA- ORANGE BALL LEAGUE

(Ages 8-10) See description for Red Ball League.

Location: Independence HS

321908-01	\$160	Su	3/15-5/10	4:00pm-6:00pm
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USTA PREMIER YOUTH TENNIS (Beginners/Intermediate)

(Ages 7-13) This program utilizes different court sizes and modified tennis equipment for youth to rally in no time! Four 90 minute classes total per session. Contact Santosh Mohan at PlayTGA-LoCo@mas.usta.com for any questions. No class on April 5th.

Location: Freedom HS

Activity Number: 321571

Sec	Fee	Day	Date	Time
01	\$110	Su	3/15-4/12	9:30am-11:00am
03	\$110	Su	4/26-5/17	9:30am-11:00am

PRCS DISCOUNT ADMISSION PASSES FOR MILITARY & FIRST RESPONDERS

Retired and active duty military members
& first responders are eligible for a

15% DISCOUNT*

on annual, six-month, monthly, 25-visit
& daily admission passes at
Claude Moore Recreation & Community Center &
Dulles South Recreation & Community Center



Retired and active duty military members must provide a
Veteran's ID Card, Military ID Card, or other form of military
identification. First responders must provide proof of current
employment or volunteer service with a first response agency.

* The discount applies to (recreation center) admission passes only.

Programs, classes, rentals, concessions, products, goods and services are not included in this offer.

Location: Riverside HS
Activity Number: 321571

Sec	Fee	Day	Date	Time
02	\$110	Su	3/15-4/12	9:30am-11:00am
04	\$110	Su	4/26-5/17	9:30am-11:00am

USTA PREMIER YOUTH TENNIS 2ND LEVEL (INTERMEDIATE)

(Ages 7-13) This program is for participants who have already taken the first level classes with us or those have learned to rally. Four 90 minute classes total per session. Contact Santosh Mohan at PlayTGA-LoCo@mas.usta.com for any questions. No class on April 5th.

Location: Freedom HS
Activity Number: 321572

Sec	Fee	Day	Date	Time
01	\$110	Su	3/15-4/12	12:30pm-2:00pm
03	\$110	Su	4/26-5/17	12:30pm-2:00pm

Location: Riverside HS
Activity Number: 321572

Sec	Fee	Day	Date	Time
02	\$110	Su	3/15-4/12	12:30pm-2:00pm
04	\$110	Su	4/26-5/17	12:30pm-2:00pm

USTA ADULT TENNIS (BEGINNERS/INTERMEDIATE)

(Ages 14-65) This US Tennis Association-sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals. Participants will also practice match play and learn about strategies and game rules. Four 90 minute classes total per session. Contact Santosh Mohan at PlayTGA-LoCo@mas.usta.com for any questions. No class on April 5th.

Location: Freedom HS
Activity Number: 321573

Sec	Fee	Day	Date	Time
01	\$110	Su	3/15-4/12	11:00am-12:30pm
03	\$110	Su	4/26-5/17	11:00am-12:30pm

Location: Riverside HS
Activity Number: 321573

Sec	Fee	Day	Date	Time
02	\$110	Su	3/15-4/12	11:00am-12:30pm
04	\$110	Su	4/26-5/17	11:00am-12:30pm

TGA PREMIER YOUTH TENNIS SCHOOL HOLIDAY AND SPRING BREAK CAMP-FULL & HALF DAY

(Ages 6-13) Join the US Tennis Association, Mid-Atlantic Section (USTA MAS) for a week of fun! We are offering TGA (Teach, Grow, Achieve) Premier Youth Tennis week long Spring Break. We use modified equipment (e.g. lower bouncing balls, mini nets, smaller court sizes) and provide prizes and loaner equipment (racquets, balls) for all participants. Ideal for players ranging from beginner to intermediate level. Contact Santosh Mohan at PlayTGA-LoCo@mas.usta.com for any questions.

Location: Stone Bridge HS
Activity Number: 321574

Sec	Fee	Day	Date	Time
01	\$50	Tu	3/3	9:00am-12:00pm
03	\$60	Tu	3/3	9:00am-4:00pm
05	\$50	F	3/27	9:00am-12:00pm
07	\$60	F	3/27	9:00am-4:00pm

Activity Number: 321575

Sec	Fee	Day	Date	Time
01	\$175	M-F	4/6-4/10	9:00am-12:00pm
03	\$250	M-F	4/6-4/10	9:00am-4:00pm

USTA MIDDLE SCHOOL TENNIS CLUB TEAM

(Ages 10-14) USTA Middle School Tennis Club Teams let players experience the excitement of competition without the pressure! USTA is offering a recreational Club Team for all tennis players in Middle School. The Club Team is meant to

prepare players who want to play high school tennis. There are no tryouts for the Club Team, but players should be advanced beginner-intermediate skill level. Contact Santosh Mohan at PlayTGA-LoCo@mas.usta.com for any questions. No class on April 5th.

Location: Freedom HS
Activity Number: 321576

Sec	Fee	Day	Date	Time
01	\$159	Su	3/15-4/12	2:30pm-4:30pm
04	\$159	Su	4/26-5/17	2:30pm-4:30pm

Location: Riverside HS
Activity Number: 321576

Sec	Fee	Day	Date	Time
02	\$159	Su	3/15-4/12	2:30pm-4:30pm
05	\$159	Su	4/26-5/17	2:30pm-4:30pm

Location: Briar Woods HS
Activity Number: 321576

Sec	Fee	Day	Date	Time
03	\$159	Su	3/15-4/12	3:30pm-5:30pm
06	\$159	Su	4/26-5/17	3:30pm-5:30pm



AQUATICS

CLAUDE MOORE & DULLES SOUTH RECREATION & COMMUNITY CTRS

Facility Hours:*

M-F 5:00am-9:30pm • Sa-Su 8:00am-8:00pm

Competition Pool:

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

Leisure Pool & Spa:

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm

Hours are subject to change. Please call ahead for schedule changes or holiday hours.

CMRCC & DSRCC ADMISSION FEES

All admissions include age appropriate access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the climbing wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily

Under 2 & under Free (plastic training pants required)
Ages 3-17 \$4.00
Adults 18-54 \$6.00
Ages 55+ \$4.00

(Children 11 and under must be supervised by an Adult at all times inside the facility. Children under 5 and under must be accompanied in the pool by an Adult who has paid admission)

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+	\$88
Ages 18-54	\$132

Monthly Passes(unlimited use)

Single Adult	\$50
Two Adults (Family)	\$85
Family Dependent	\$15
Family	\$125
Senior/Youth	\$40
Senior Couple	\$65
Adult/Senior	\$75

6 Month Membership(unlimited use)

Single Adult	\$250
Two Adults (Family)	\$450
Family Dependent	\$70
Family	\$575
Senior/Youth	\$200
Senior Couple	\$350
Adult/Senior	\$400

Annual Membership(unlimited use)

Single Adult	\$450
Two Adults (Family)	\$800
Family Dependent	\$125
Family	\$1000
Senior/Youth	\$350
Senior Couple	\$600
Adult/Senior	\$700

CMRCC & DSRCC GENERAL INFORMATION**FACILITY RENTALS**

Rental options are available in our conference room and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms; Stop by to secure a date. Full payment is due at time of reservation.

SWIM EVALUATIONS

Please email contacts below for available dates and times:

Claude Moore Recreation & Community Center: debora.richardson@loudoun.gov
Dulles South Recreation & Community Center: michele.ramsey@loudoun.gov

CMRCC HOME SCHOOL PROGRAM

Please email debora.richardson@loudoun.gov to request a time and date.

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 5 & up) Private and Semi-Private lessons are scheduled for 30 minute sessions and are dependent on the availability of instructors and/or class cancellations. These lessons are on a first-come, first-serve basis. Please contact the center for more details.

Location: Dulles South RCC

Activity Number: 305299-01

***Location: Claude Moore RCC**

Activity Number: 373295-01

Private	4 lessons	\$150
Semi-private	4 lessons	\$100

*Enrollment available for CMRCC private courses at 5pm, three days before scheduled class on WebTrac.

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive, Round Hill, VA 20141

571-258-3562

571-258-3564 (fax)

www.loudoun.gov/rhac

Facility Hours:*

M-F 6:30am-9:00pm • Sa 8:00am-8:00pm • Su 12:00pm-6:00pm

*Please call or go to www.loudoun.gov/rhac for lane availability

ADMISSION FEES

Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily

Under 2..... Free (Plastic training pants required)

Ages 3-17 \$2.50

Adults 18-54 \$3

Ages 55+ \$2.50

Admission Pass (25 admissions, no expiration)

Under 2..... Free

Ages 3-17 \$56

Ages 18-54 \$67

Ages 55+ \$56

GENERAL INFORMATION**BIRTHDAY PARTIES**

Swim and party with your guests! Party times are available on Saturday and Sundays for groups of 15 or less. Email rhac@loudoun.gov for more information. Stop by to secure a date. Full payment is due at time of reservation.

PRIVATE SWIM LESSONS

(All ages) Email rhac@loudoun.gov for information about private and semi-private swim lessons.

ADULT FITNESS CLASSES

(All Ages) Call 571-258-3562 or email rhac@loudoun.gov for full class schedule.

AQUATIC & WATER SAFETY PROGRAMS**JR. LIFEGUARDING CLASS/CAMP**

(Ages 15 & up) Course focuses on building a foundation of knowledge and skills of future lifeguards. Develops Knowledge and swimming skills of life guarding. The camp will go on a field trip to Franklin Park to interview and observe real life guards at an outdoor water park. Also, will experience a team building field trip. Certificate of completion does not indicate individual is trained to be a lifeguard.

Location: Claude Moore RCC

Activity Number: 473299

Sec	Fee	Day	Date	Time
01	\$250	M-F	7/27-7/31	9:00am-4:00pm
03	\$250	M-F	8/3-8/7	9:00am-4:00pm

LIFEGUARD CLASS WITH OXYGEN

(Ages 15 & up) To pass the swim test you must be able to complete a 300 yard swim and get a 10lb brick from the bottom of at least 9ft of water and be able to swim it to the side. Bring a swim suit and towel to every class. Attendance is mandatory. Must be on-time for Pre-requisite test date and classes. Must be 15 by the last class. Must have passed the swim test at one of the pre-requisite test dates and have completed the online portion before the first day of class.

Location: Claude Moore RCC

Activity Number: 373297

Sec	Fee	Day	Date	Time
04	\$360	M-Th	4/6-4/9	8:30am-5:00pm

05	\$360	Sa,Su	5/16-5/24	8:30am-5:00pm
06	\$360	M-Th	6/15-6/18	8:30am-5:00pm

Location: Dulles South RCC

Activity Number: 305477

Sec	Fee	Day	Date	Time
01	\$360	F-Su	3/27-3/29	9:00am-5:00pm
02	\$360	F-Su	4/10-4/12	9:00am-5:00pm
03	\$360	F-Su	5/15-5/17	9:00am-5:00pm

Pre-requisite swim test dates for the above classes are as follows:

Sa	3/21	12:00pm-1:00pm
Sa	4/4	12:00pm-1:00pm
Sa	5/9	12:00pm-1:00pm

LIFEGUARD REVIEW

(Ages 15 & up) Prerequisites/ Pretest: Must be 15 by last class and be able to complete a 300-yd swim, get 10lb. brick from bottom of at least 10 ft. and tread water without hands for 2 minutes. .Must pass this test in order to take the life-guard class. Must hold valid Lifeguard certificate and please bring to class.

Location: Claude Moore RCC

Activity Number: 373393

Sec	Fee	Day	Date	Time
01	\$100	Sa,Su	4/25-4/26	8:30am-5:00pm
02	\$100	Sa,Su	5/30-5/31	8:30am-5:00pm

PARENT/CHILD & PRESCHOOL SWIM CLASSES

PARENT/CHILD LEVEL 1

(Ages 6 months-2 yrs) Parents and children have fun together in this class which creates comfort and safety in the water using toys and games. Prerequisites: One parent must get in the pool with each child. Children must wear an approved swim diaper and plastic pant under swim suit.

Location: Claude Moore RCC

Activity Number: 373181

Sec	Fee	Day	Date	Time
10	\$90	Tu,Th	4/14-5/7	5:30pm-6:00pm
11	\$68	Tu,Th	5/19-6/4	5:30pm-6:00pm
12	\$68	F	4/17-6/5	6:10pm-6:40pm
13	\$68	Sa	4/18-6/6	10:20am-10:50am
14	\$68	Su	4/19-6/7	10:20am-10:50am

Location: Dulles South RCC

Activity Number: 305175

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	8:30am-9:00am
02	\$68	M,W	5/4-5/20	8:30am-9:00am
03	\$57	Sa	3/7-4/4	8:15am-8:45am
04	\$57	Sa	4/18-5/16	9:00am-9:30am
05	\$45	Su	3/8-3/29	8:30am-9:00am
06	\$57	Su	4/19-5/17	9:15am-9:45am

Location: Round Hill AC

Activity Number: 332140

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	9:00am-9:30am
02	\$57	Sa	4/18-5/16	9:00am-9:30am

PARENT/CHILD LEVEL 2

(Ages 2-5) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. One adult is required to get in the pool with each child. Children must wear an approved swim diaper and plastic pant under swim suit.

Location: Claude Moore RCC

Activity Number: 373182

Sec	Fee	Day	Date	Time
01	\$90	Tu,Th	4/14-5/7	5:30pm-6:00pm
02	\$68	Tu,Th	5/19-6/4	5:30pm-6:00pm
03	\$68	F	4/17-6/5	6:10pm-6:40pm
04	\$68	Sa	4/18-6/6	10:20am-10:50am
05	\$68	Su	4/19-6/7	10:20am-10:50am

Location: Dulles South RCC

Activity Number: 305176

Sec	Fee	Day	Date	Time
01	\$68	M,W	4/13-4/29	8:30am-9:00am
02	\$57	Sa	3/7-4/4	10:30am-11:00am
03	\$57	Sa	4/18-5/16	9:45am-10:15am
04	\$45	Su	3/8-3/29	10:45am-11:15am
05	\$57	Su	4/19-5/17	10:45am-11:15am

PRESCHOOL 1

(Ages 3-5) Class teaches face submersion, blowing bubbles through mouth, floating on front and back with support and basic arm and leg movements. Prerequisite: Children must function well in a group class without a parent

Location: Claude Moore RCC

Activity Number: 373151

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:50pm-5:20pm
31	\$90	M,W	4/13-5/6	6:10pm-6:40pm
32	\$68	M,W	5/18-6/8	4:50pm-5:20pm
33	\$68	M,W	5/18-6/8	6:10pm-6:40pm
35	\$90	Tu,Th	4/14-5/7	6:10pm-6:40pm
37	\$68	Tu,Th	5/19-6/4	6:10pm-6:40pm
38	\$68	F	4/17-6/5	4:50pm-5:20pm
39	\$68	F	4/17-6/5	6:10pm-6:40pm
40	\$68	Sa	4/18-6/6	9:40am-10:10am
42	\$68	Su	4/19-6/7	9:40am-10:10am
43	\$90	Th	4/16-6/4	12:40pm-1:10pm

Location: Dulles South RCC

Activity Number: 305177

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	9:15am-9:45am
02	\$68	M,W	4/13-4/29	10:00am-10:30pm
03	\$68	M,W	5/4-5/20	10:45am-11:15am
04	\$68	Tu,Th	5/5-5/21	4:15pm-4:45pm
05	\$57	Sa	3/7-4/4	9:45am-10:15am
06	\$45	Su	3/8-3/29	9:15am-9:45am
07	\$90	Tu,Th	3/5-3/31	4:15pm-4:45pm

Location: Round Hill AC

Activity Number: 332141

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	9:00am-9:30am
02	\$90	Tu,Th	3/10-4/2	4:00pm-4:30pm
03	\$68	Tu,Th	4/14-4/30	4:00pm-4:30pm
04	\$57	Sa	4/18-5/16	9:00am-9:30am
05	\$68	Tu,Th	5/5-5/21	9:00am-9:30am

PRESCHOOL 2

(Ages 3-6) Class practices head submersion, blowing bubbles through mouth and nose, floating on front and back, rolling over, gliding on front and back and leg movements. Prerequisites: Fully submerge back for 3 seconds and float on back and front with support

Location: Claude Moore RCC

Activity Number: 373152

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:50pm-5:20pm
31	\$90	M,W	4/13-5/6	6:10pm-6:40pm

32	\$68	M,W	5/18-6/8	4:50pm-5:20pm
33	\$68	M,W	5/18-6/8	6:10pm-6:40pm
35	\$90	Tu,Th	4/14-5/7	6:10pm-6:40pm
37	\$68	Tu,Th	5/19-6/4	6:10pm-6:40pm
38	\$90	Th	4/16-6/4	12:00pm-12:30pm
39	\$68	F	4/17-6/5	4:50pm-5:20pm
41	\$68	Sa	4/18-6/6	9:40am-10:10am
42	\$68	Su	4/19-6/7	9:00am-9:30am

Location: Dulles South RCC
Activity Number: 305178

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	10:00am-10:30am
02	\$68	M,W	4/13-4/29	10:45am-11:15am
03	\$68	M,W	5/4-5/20	10:00am-10:30am
04	\$57	Sa	4/18-5/16	10:30am-11:00am
05	\$57	Su	4/19-5/17	8:30am-9:00am
07	\$90	Tu,Th	3/5-3/31	5:00pm-5:30pm
08	\$68	Tu,Th	5/5-5/21	5:00pm-5:30pm

Location: Round Hill AC
Activity Number: 332142

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	9:45am-10:15am
03	\$90	Tu,Th	3/10-4/2	4:45pm-5:15pm
05	\$68	Tu,Th	4/14-4/30	4:45pm-5:15pm
06	\$57	Sa	4/18-5/16	9:45am-10:15am
08	\$68	Tu,Th	5/5-5/21	4:45pm-5:15pm

PRESCHOOL 3

(Ages 4-6) Class introduces body movements for swimming front and back crawl; rotary breathing, elementary backstroke, and safety bobbing. Promotion upon completion of class is to Swim Level 2. Prerequisites: Fully submerge body for 5 seconds; roll over and float on front and back independently. Must have passed Preschool 2 or a swim evaluation.

Location: Claude Moore RCC
Activity Number: 373153

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:50pm-5:20pm
31	\$68	M,W	5/18-6/8	4:50pm-5:20pm
32	\$90	Tu,Th	4/14-5/7	4:50pm-5:20pm
33	\$68	Tu,Th	5/19-6/4	4:50pm-5:20pm
34	\$90	Th	4/16-6/4	1:20pm-1:50pm
35	\$68	F	4/17-6/5	4:50pm-5:20pm
36	\$68	Sa	4/18-6/6	11:30am-12:00pm
37	\$68	Su	4/19-6/7	9:00am-9:30am

Location: Dulles South RCC
Activity Number: 305179

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	10:45am-11:15am
02	\$68	M,W	4/13-4/29	9:15am-9:45am
03	\$68	M,W	5/4-5/20	9:15am-9:45am
04	\$57	Sa	3/7-4/4	10:30am-11:00am
05	\$57	Sa	4/18-5/16	8:15am-8:45am
06	\$68	Tu,Th	4/14-4/30	4:15pm-4:45pm

Location: Round Hill AC
Activity Number: 332143

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	10:30am-11:00am
02	\$90	Tu,Th	3/10-4/2	4:45pm-5:15pm
03	\$68	Tu,Th	4/14-4/30	4:45pm-5:15pm
04	\$57	Sa	4/18-5/16	10:30am-11:00am
05	\$68	Tu,Th	5/5-5/21	4:45pm-5:15pm

PRESCHOOL LEVEL 4

(Ages 4-6) Class teaches rotary breathing; swimming 15 yards of front crawl and elementary backstroke; kneeling dive, treading water, and water safety. Prerequisites: Float on front and back for 5 seconds in 4 feet of water; swim 5 yards on both front and back; and be comfortable in deep water.

Location: Dulles South RCC
Activity Number: 305180

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	11:30am-12:00pm
02	\$68	M,W	4/13-4/29	11:30am-12:00pm
03	\$68	M,W	5/4-5/20	11:30am-12:00pm

Location: Claude Moore RCC
Activity Number: 373154

Sec	Fee	Day	Date	Time
01	\$90	Tu,Th	4/15-5/7	4:50pm-5:20pm
02	\$68	Tu,Th	5/19-6/4	4:50pm-5:20pm
03	\$68	Su	4/19-6/7	9:00am-9:30am

Location: Round Hill Aquatics
Activity Number: 332144

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/9-4/1	4:00pm-4:30pm
02	\$68	M,W	4/13-4/29	4:00pm-4:30pm
03	\$68	M,W	5/4-5/20	4:00pm-4:30pm

VIRGINIA SWIM CLASSES

SWIM LEVEL 1

(Ages 6-11) Class teaches face submersion, floating on front and back with support and independently; rolling over, and gliding on front and back. Prerequisites: Students must be able to function well in a group without a parent.

Location: Claude Moore RCC
Activity Number: 373251

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:10pm-4:40pm
31	\$90	M,W	4/13-5/6	5:30pm-6:00pm
32	\$68	M,W	5/18-6/8	4:10pm-4:40pm
33	\$68	M,W	5/18-6/8	5:30pm-6:00pm
34	\$90	Tu,Th	4/14-5/7	4:10pm-4:40pm
35	\$90	Tu,Th	4/14-5/7	5:30pm-6:30pm
36	\$68	Tu,Th	5/19-6/4	4:10pm-4:40pm
37	\$68	Tu,Th	5/19-6/4	5:30pm-6:00pm
38	\$68	F	4/17-6/5	4:10pm-4:40pm
40	\$68	Sa	4/18-6/6	11:40am-12:10pm
41	\$68	Su	4/19-6/7	11:15am-11:45am

Location: Dulles South RCC
Activity Number: 305275

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	4:00pm-4:30pm
02	\$90	M,W	3/2-3/25	5:30pm-6:00pm
03	\$68	M,W	4/13-4/29	4:00pm-4:30pm
04	\$68	M,W	4/13-4/29	5:30pm-6:00pm
05	\$68	M,W	5/4-5/20	5:30pm-6:00pm
06	\$90	Tu,Th	3/5-3/31	4:15pm-4:45pm
07	\$57	Sa	3/7-4/4	8:15am-8:45am
08	\$57	Sa	4/18-5/16	8:15am-8:45am
09	\$57	Su	4/19-5/17	10:00am-10:30am
11	\$90	Tu,Th	3/5-3/31	5:45pm-6:15pm
12	\$68	Tu,Th	5/5-5/21	4:15pm-4:45pm

Location: Round Hill AC
Activity Number: 332241

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	10:30am-11:00am

02	\$90	Tu,Th	3/10-4/2	5:30pm-6:00pm
03	\$68	Tu,Th	4/14-4/30	5:30pm-6:00pm
04	\$57	Sa	4/18-5/16	10:30am-11:00am
05	\$68	Tu,Th	5/5-5/21	5:30pm-6:00pm

SWIM LEVEL 2

(Ages 6-11) Class reviews head submersion, floating on front and back; rolling over, gliding on front and back; introduces Elementary Backstroke; practices swimming front and back crawl, up to 5 yards. Prerequisites: Students must be able to fully submerge face for 5 seconds; independently glide; and float on front and back for 5 seconds.

Location: Claude Moore RCC

Activity Number: 373252

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:10pm-4:40pm
31	\$90	M,W	4/13-5/6	5:30pm-6:00pm
32	\$68	M,W	5/18-6/8	4:10pm-4:40pm
33	\$68	M,W	5/18-6/8	5:30pm-6:00pm
34	\$90	Tu,Th	4/14-5/7	4:10pm-4:40pm
35	\$90	Tu,Th	4/14-5/7	6:50pm-7:20pm
36	\$68	Tu,Th	5/19-6/4	4:10pm-4:40pm
37	\$68	Tu,Th	5/19-6/4	6:50pm-7:20pm
38	\$68	F	4/17-6/5	4:10pm-4:40pm
40	\$68	Sa	4/18-6/6	12:10pm-12:40pm
41	\$68	Su	4/19-6/7	11:00am-11:30am

Location: Dulles South RCC

Activity Number: 305276

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	4:45pm-5:15pm
02	\$90	M,W	3/2-3/25	6:15pm-6:45pm
03	\$68	M,W	4/13-4/29	6:15pm-6:45pm
04	\$68	M,W	5/4-5/20	4:45pm-5:15pm
05	\$68	M,W	5/4-5/20	6:15pm-6:45pm
06	\$68	Tu,Th	4/14-4/30	5:00pm-5:30pm
07	\$90	Tu,Th	3/5-3/31	5:00pm-5:30pm
08	\$68	Tu,Th	5/5-5/21	5:45pm-6:15pm
09	\$57	Sa	3/7-4/4	9:00am-9:30am
10	\$57	Sa	4/18-5/16	10:30am-11:00am
11	\$45	Su	3/8-3/29	10:00am-10:30am

Location: Round Hill AC

Activity Number: 332242

Sec	Fee	Day	Date	Time
01	\$57	Sa	3/7-4/4	9:45am-10:15am
02	\$90	M,W	3/9-4/1	4:45pm-5:15pm
03	\$90	Tu,Th	3/10-4/2	5:30pm-6:00pm
04	\$68	M,W	4/13-4/29	4:45pm-5:15pm
05	\$68	Tu,Th	4/14-4/30	5:30pm-6:00pm
06	\$57	Sa	4/18-5/16	9:45am-10:15am
07	\$68	M,W	5/4-5/20	4:45pm-5:15pm
08	\$68	Tu,Th	5/5-5/21	5:30pm-6:00pm

SWIM LEVEL 3

(Ages 6-11) Class teaches rotary breathing, treading water, swimming front and back crawl, and elementary backstroke; introduction to a kneeling dive. Prerequisites: Float on front and back for 5 seconds; swim 5 yards on both front and back.

Location: Claude Moore RCC

Activity Number: 373253

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	5:30pm-6:00pm
31	\$90	M,W	4/13-5/6	6:50pm-7:20pm
32	\$68	M,W	5/18-6/8	5:30pm-6:00pm
33	\$68	M,W	5/18-6/8	6:50pm-7:20pm
34	\$90	Tu,Th	4/14-5/7	4:10pm-4:40pm
35	\$90	Tu,Th	4/14-5/7	6:50pm-7:20pm

36	\$68	Tu,Th	5/19-6/4	4:10pm-4:40pm
37	\$68	Tu,Th	5/19-6/4	6:50pm-7:20pm
38	\$68	F	4/17-6/5	5:30pm-6:00pm
39	\$68	F	4/17-6/5	7:30pm-8:00pm
40	\$68	Sa	4/18-6/6	9:00am-9:30am
41	\$68	Sa	4/18-6/6	11:00am-11:30am
42	\$68	Su	4/19-6/7	12:00pm-12:30pm

Location: Dulles South RCC

Activity Number: 305277

Sec	Fee	Day	Date	Time
02	\$90	M,W	3/2-3/25	7:00pm-7:30pm
03	\$68	M,W	4/13-4/29	5:30pm-6:00pm
04	\$68	M,W	5/4-5/20	4:00pm-4:30pm
05	\$68	M,W	5/4-5/20	5:30pm-6:00pm
06	\$68	Tu,Th	4/14-4/30	4:15pm-4:45pm
07	\$68	Tu-Th	5/5-5/21	5:00pm-5:30pm
08	\$57	Sa	3/7-4/4	9:00am-9:30am
09	\$57	Sa	3/7-4/4	9:45am-10:15am
10	\$57	Sa	4/18-5/16	9:00am-9:30am
11	\$57	Sa	4/18-5/16	9:45am-10:15am
13	\$90	Tu,Th	3/5-3/31	6:30pm-7:00pm
15	\$68	Tu,Th	5/5-5/21	5:45pm-6:15pm

Location: Round Hill AC

Activity Number: 332243

Sec	Fee	Day	Date	Time
01	\$72	Sa	3/7-4/4	11:15am-11:55am
02	\$114	M,W	3/9-4/1	5:30pm-6:10pm
03	\$114	Tu,Th	3/10-4/2	6:15pm-6:55pm
04	\$86	M,W	4/13-4/29	5:30pm-6:10pm
05	\$86	Tu,Th	4/14-4/30	6:15pm-6:55pm
06	\$72	Sa	4/18-5/16	11:15am-11:55am
07	\$86	M,W	5/4-5/20	5:30pm-6:10pm
08	\$86	Tu,Th	5/5-5/21	6:15pm-6:55pm

SPORTS & SWIM CAMP

(Ages 6 -12) During our camp we will introduce different sports and have a ½ hour swim lessons each day. We created a supportive environment that encourages and excites our campers to thrive.

Location: Claude Moore RCC

Activity Number: 473298

Sec	Fee	Day	Date	Time
01	\$250	M-F	6/22-6/26	9:00am-4:00pm
02	\$250	M-F	7/13-7/17	9:00am-4:00pm

SWIM LEVEL 4

(Ages 8-12) Class reviews kneeling dive, treading water; teaches 25 yards of front and back crawl with rotary breathing, elementary backstroke; introduction to breaststroke, and standing dive. Class progresses from shallow to deeper water. Prerequisites: Tread water for 30 seconds; swim 15 yards each of front and back crawl; elementary backstroke, and back crawl. Students younger than 8 must pass a swim evaluation.

Location: Claude Moore RCC

Activity Number: 373254

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	4:10pm-4:40pm
31	\$90	M,W	4/13-5/6	6:50pm-7:20pm
32	\$68	M,W	5/18-6/8	4:10pm-4:40pm
33	\$68	M,W	5/18-6/8	6:50pm-7:20pm
34	\$90	Tu,Th	4/14-5/7	7:30pm-8:00pm
35	\$68	Tu,Th	5/19-6/4	7:30pm-8:00pm
36	\$68	F	4/17-6/5	6:50pm-7:20pm
37	\$68	F	4/17-6/5	7:30pm-8:00pm
38	\$68	Sa	4/18-6/6	9:00am-9:30am
39	\$68	Su	4/19-6/7	11:40am-12:10pm

Location: Dulles South RCC**Activity Number: 305278**

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	6:15pm-6:45pm
02	\$90	M,W	3/2-3/25	7:00pm-7:30pm
03	\$68	M,W	4/13-4/29	6:30pm-7:00pm
04	\$68	M,W	5/4-5/20	5:30pm-6:00pm
05	\$68	M,W	5/4-5/20	6:15pm-6:45pm
06	\$68	Tu,Th	4/14-4/30	6:45pm-7:15pm
07	\$57	Sa	3/7-4/4	11:15am-11:45am
08	\$57	Sa	4/18-5/16	12:00pm-12:30pm
09	\$57	Sa	4/18-5/16	11:15am-11:45am
10	\$57	Su	4/19-5/17	12:30pm-1:00pm
11	\$68	Tu,Th	4/14-4/30	5:00pm-5:30pm

Location: Round Hill AC**Activity Number: 332244**

Sec	Fee	Day	Date	Time
01	\$72	Sa	3/7-4/4	11:15am-11:55am
02	\$114	M,W	3/9-4/1	6:15pm-6:55pm
03	\$86	M,W	4/13-4/29	6:15pm-6:55pm
04	\$72	Sa	4/18-5/16	11:15am-11:55am
05	\$86	M,W	5/4-5/20	6:15pm-6:55pm

SWIM LEVEL 5

(Ages 8-12) Class reviews and teaches proper form for front and back crawl, rotary breathing, elementary backstroke, and breaststroke (to 50 yards); introduction to butterfly, open turns. Prerequisites: Able to do a standing dive; tread water for 1 min; swim 25 yards each of front and back crawl, elementary backstroke, and 5 yards of breaststroke. Students younger than 8 must pass a swim evaluation.

Location: Claude Moore RCC**Activity Number: 373255**

Sec	Fee	Day	Date	Time
30	\$90	M,W	4/13-5/6	6:50pm-7:20pm
31	\$68	M,W	5/18-6/8	6:50pm-7:20pm
32	\$90	Tu,Th	4/14-5/7	7:30pm-8:00pm
33	\$68	Tu,Th	5/19-6/4	7:30pm-8:00pm
34	\$68	F	4/17-6/5	6:50pm-7:20pm
35	\$68	Sa	4/18-6/6	9:00am-9:30am
36	\$68	Su	4/19-6/7	10:50am-11:20am

Location: Dulles South RCC**Activity Number: 305279**

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	6:15pm-6:45pm
02	\$68	M,W	4/13-4/29	7:00pm-7:30pm
03	\$68	M,W	5/4-5/20	7:00pm-7:30pm
04	\$68	Tu,Th	4/14-4/30	7:30pm-8:00pm
05	\$90	Tu,Th	3/5-3/31	5:45pm-6:15pm
06	\$68	Tu,Th	5/5-5/21	6:30pm-7:00pm
07	\$57	Sa	4/18-5/16	11:15am-11:45am
08	\$45	Su	3/8-3/29	12:30pm-1:00pm
09	\$68	Tu,Th	4/14-4/30	5:45pm-6:15pm
10	\$68	Tu,Th	5/5-5/21	7:30pm-8:00pm

Location: Round Hill AC**Activity Number: 332245**

Sec	Fee	Day	Date	Time
01	\$72	Sa	3/7-4/4	11:15am-11:55am
02	\$114	M,W	3/9-4/1	6:15pm-6:55pm
03	\$86	M,W	4/13-4/29	6:15pm-6:55pm
04	\$72	Sa	4/18-5/16	11:15am-11:55am
05	\$86	M,W	5/4-5/20	6:15pm-6:55pm

SWIM LEVEL 6

(Ages 8-14) This 45 minute class develops good endurance training and teaches 100 yds of front and back crawl; 50 yds of breaststroke; and reviews butterfly. Prerequisites: Students must be able to swim 50 yds of front and back crawl; 15 yds of breaststroke; or have passed a swim evaluation.

Location: Claude Moore RCC**Activity Number: 373256**

Sec	Fee	Day	Date	Time
30	\$136	M,W	4/13-5/6	7:30pm-8:15pm
31	\$102	M,W	5/18-6/8	7:30pm-8:15pm
32	\$102	F	4/17-6/5	7:30pm-8:15pm
33	\$102	Su	4/19-6/7	11:30am-12:15pm
34	\$102	Sa	4/18-6/6	11:15am-12:00pm

Location: Dulles South RCC**Activity Number: 305280**

Sec	Fee	Day	Date	Time
01	\$134	M,W	3/2-3/25	7:45pm-8:30pm
02	\$101	M,W	4/13-4/29	6:15pm-7:00pm
03	\$101	M,W	5/4-5/20	7:45pm-8:30pm
04	\$101	Tu,Th	4/14-4/30	5:45pm-6:30pm
05	\$101	Tu,Th	5/5-5/21	7:15pm-8:00pm
06	\$83	Sa	3/7-4/4	12:00pm-12:45pm
08	\$101	Tu,Th	5/5-5/21	6:30pm-7:15pm

TEEN SWIM CLASSES**TEEN INTRO TO SWIMMING**

(Ages 12-17) Introduction to swimming for the teen. Class works on face and head submersion, floating on front and back; gliding, and basic arm and leg movements. Prerequisite: Must be comfortable entering 4 feet of water.

Location: Claude Moore RCC**Activity Number: 373380**

Sec	Fee	Day	Date	Time
01	\$90	M,W	4/13-5/6	6:10pm-6:40pm
02	\$68	M,W	5/18-6/8	6:10pm-6:40pm
03	\$68	Su	4/19-6/7	9:40am-10:10am

Location: Dulles South RCC**Activity Number: 305475**

Sec	Fee	Day	Date	Time
01	\$90	M,W	3/2-3/25	5:30pm-6:00pm
02	\$68	M,W	4/13-4/29	4:45pm-5:15pm
03	\$68	M,W	5/4-5/20	7:00pm-7:30pm
04	\$90	Tu,Th	3/5-3/31	6:30pm-7:00pm
05	\$68	Tu,Th	4/14-4/30	6:30pm-7:00pm

SWIM TEAM PREP & CONDITIONING**SWIM TEAM PREP**

(Ages 8-13) This 45 minute class focuses on preparing students for competitive swimming by working on stroke development, endurance training, starts and turns; review and practice of butterfly. Prerequisites: Must be able to swim 50 yds of front and back crawl, 25 yds breaststroke, or have completed Swim Level 6.

Location: Claude Moore RCC**Activity Number: 373381**

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	4/14-5/7	5:30pm-6:15pm
02	\$102	Tu,Th	5/19-6/4	5:30pm-6:15pm
03	\$102	F	4/17-6/5	6:00pm-6:45pm
04	\$102	Sa	4/18-6/6	9:40am-10:25am

Location: Dulles South RCC
Activity Number: 305281

Sec	Fee	Day	Date	Time
01	\$136	M,W	4/13-4/29	5:30pm-6:15pm
02	\$136	Tu,Th	3/5-3/31	7:15pm-8:00pm
03	\$85	Sa	3/7-4/4	11:15am-12:00pm

HIGH SCHOOL PREP

(Ages 14-17) This 45 minute class focuses on preparing students for competitive swimming by working on stroke development, endurance training, and starts and turns. Prerequisites: Must have completed Swim Level 6, or have passed a swim evaluation.

Location: Claude Moore RCC
Activity Number: 373382

Sec	Fee	Day	Date	Time
01	\$136	Tu,Th	4/14-5/7	6:25pm-7:10pm
02	\$102	Tu,Th	5/19-6/4	6:25pm-7:10pm
03	\$102	F	4/17-6/5	7:00pm-7:45pm
04	\$102	Su	4/19-6/7	9:55am-10:40am

Location: Dulles South RCC
Activity Number: 305282

Sec	Fee	Day	Date	Time
01	\$136	M,W	3/2-3/25	7:45pm-8:30pm
02	\$102	M,W	5/4-5/20	7:45pm-8:30pm
03	\$68	Su	3/8-3/29	11:30am-12:15pm
04	\$102	Tu,Th	4/14-4/30	7:15pm-8:00pm

STROKE & TURN DEVELOPMENTAL

(Ages 13-17) This 45 min class focuses on fine tuning the four competitive strokes; learning competitive turns, and an introduction to racing starts. Prerequisites: Must have completed Swim Level 6; or passed a swim evaluation.

Location: Dulles South RCC
Activity Number: 305283

Sec	Fee	Day	Date	Time
01	\$102	M,W	4/13-4/29	7:15pm-8:00pm
02	\$85	Sa	4/18-5/16	12:00pm-12:45pm
03	\$85	Su	4/19-5/17	11:30am-12:15pm

ADULT SWIM CLASSES

BEGINNING ADULT

(Ages 18 & up) Goals of this 45 minute class include submerging face in water, swimming independently on front for 5 yards. Prerequisites: Must be comfortable entering 4 ft of water.

Location: Claude Moore RCC
Activity Number: 373461

Sec	Fee	Day	Date	Time
10	\$136	M,W	4/13-5/6	7:30pm-8:15pm
11	\$102	M,W	5/18-6/8	7:30pm-8:15pm
12	\$102	Sa	4/18-6/6	10:20am-11:05am

Location: Dulles South RCC
Activity Number: 305575

Sec	Fee	Day	Date	Time
01	\$85	W	3/4-4/1	11:45am-12:30pm
02	\$102	W	4/15-5/20	11:45am-12:30pm
03	\$102	M,W	4/13-4/29	7:15pm-8:00pm

INTERMEDIATE ADULTS

(Ages 18 & up) Goals of class include floating on back; swimming 25 yards on front and back; and learning to tread water. Requisites: Students must be comfortable in 4 feet of water; able to fully submerge face for 5 seconds; glide on front and back from side of pool.

Location: Claude Moore RCC
Activity Number: 373462

Sec	Fee	Day	Date	Time
10	\$136	Tu,Th	4/14-5/7	8:05pm-8:50pm
11	\$102	Tu,Th	5/19-6/4	8:05pm-8:50pm
12	\$102	Su	4/19-6/7	10:20am-11:05am

Location: Dulles South RCC
Activity Number: 305576

Sec	Fee	Day	Date	Time
01	\$136	M,W	3/2-3/25	7:00pm-7:45pm
02	\$136	Tu,Th	3/5-3/31	7:15pm-8:00pm



ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.
Serving individuals with disabilities.
"Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information. Please see updated program activities on our website, click on the Seasonal Guide link.

GENERAL INTEREST

FRIENDS OF ADAPTIVE RECREATION (FAR) ADVISORY BOARD, INC.

Location: PRCS office. Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call Maria Auger at 703-771-5013 for more information.
4th F September, November

FRIDAY NIGHT LIGHTS

(18 & up, Level 1 & 2) When you step into our West World Laser Tag, you transcend time all the way back to 1876! On this journey into the Wild Wild West of the past, you'll enter an old town controlled by the rowdy Bricker gang. It's your job to help restore the peace for the residents. Pizza dinner will be provided. Contact Michelle Waugh for more information.

341713-01 \$65 F 3/13 4:00pm-10:00pm

COOKING CLASS

(Ages 16 & up, All levels) What's cooking? Let's do brunch!



Planning a Birthday Party?

Book a PRCS Birthday Party Package and leave the planning to us!

Depending on location, themes can include:

*Superhero • Moonbounce • Nature • Adventure
Swimming • Princess • Archery & more!*

Call PRCS at 703-777-0343



It will be easy like Sunday mornings and the possibilities are endless! We will turn ordinary breakfast into an extraordinary, over the top, scrumptious brunch! It's the newest food trend and everyone's favorite meal, so let there be brunch! Classes will be held at the PRCS Main office on Thursdays. Contact Michelle Waugh for more information.

341762-01 \$65 Th 3/19, 3/26, 4/2 4:30pm-6:30pm

LIONS, TIGERS, & BEARS OH MY!

(All Ages, All Levels) Caution, it is a zoo over there! Hop on board and take a narrated tour through a free roaming safari. Feed and learn about animals such as zebra, bison, watsui, buffalo, deer, llamas and many more!

Enjoy feeding and petting sheep, goats, rabbits, and many more barnyard favorites! Bottle feed baby goats! You can even feed some of our exotic animals like a giraffe, camels, and more! Enjoy Our VIP Status with private animal encounters just for us! Bring a bagged lunch for picnic in the park and money for souvenirs if you wish. Please contact Michelle Waugh for more information.

341714-01 \$85 Sa 4/25 9:00am-4:00pm

MOVIE MARATHON

(10 & up, All Levels). Did you have a long week? Then, come relax with friends and enjoy some drinks and snacks during the movies! Lunch will be provided. Contact Amy Barker for more information.

341728-01 \$25 Sa 3/14 11:00am-5:00pm

341728-02 \$25 Sa 5/23 11:00am-5:00pm

GIRLS NIGHT IN

(16 & up Level 1 & 2). Girls Night is a top-notch way to truly let our hair down and get to know our "friends". Join us for catered dinner, facials, nail painting, chick flicks, and fun. Where your pajamas for a fun filled, comfortable, cozy, Girls Night In. Contact Michelle Waugh for more information.

341715-01 \$60 F 4/10 5:30pm-10:00pm

COWTOWN SHOPPING

(16 & up Level 1 & 2). Join our group as we travel to one of the largest indoor and outdoor flea markets on the East Coast! This market has 100s of vendors; if you cannot find it here, you cannot find it anywhere! Contact Amy Barker for more information.

341730-01 \$35 Sa 3/7 9:00am-7:00pm

MOVIE MADNESS

(16 & up, Levels 1, 2, 3) Join us at a nearby theater to see a current hit movie! Before the show, enjoy dinner with great friends! Movies decided closer to the date of the showing. Bring money for dinner and additional money for snacks at the theater. Contact Michelle Waugh for more information.

341724-01 \$25 F 3/20 5:00pm-9:30pm

341724-02 \$25 F 4/17 5:00pm-9:30pm

341724-03 \$25 F 5/15 5:00pm-9:30pm

341724-04 \$25 F 5/29 5:00pm-9:30pm

RIDE INTO THE DANGER ZONE

(16 & up, All Levels) Are you ready for some of the most memorable and electrifying aerial footage around? Join us as The Manassas Airport proudly presents the 2020 Manassas Airshow. The airshow is a family friendly event featuring aerial performers from across the USA. There will be food, fun, flying and lots to do. Please bring money for lunch and souvenirs. Contact Michelle Waugh for more information.

341718-01 \$50 Sa 5/2 9:00am-4:00pm

SPRINGTIME IN THE PARK

(Ages 18 & up, Level 1) Get an early taste of the summer fun at our seasonal event, Springtime in the Park. During your visit, enjoy more than 50 rides, say hello to your favorite Hershey's Characters, and stop by Zoo America North American Wildlife Park. This is an overnight trip with meals, accommodations, park pass, entrance to Chocolate World with VIP activities, and entrance to the Hershey Story Museum. Please bring money for souvenirs if you wish. Contact Michelle Waugh for more information.

341720-01 \$245.00 F & Sa 5/8 8:30am-TBD
5/9 9:00pm-TBD

ARTS

ARTS FOR ALL LOUDOUN

Formerly VSA arts of Virginia-Loudoun County

Location: Franklin Park Visual and Performing Arts Center. Open to anyone who would like to work with Arts for All. We encourage people to join us and learn about the many opportunities that exist to volunteer with our programs. Please contact Kellie.Goossens@loudoun.gov for more information.

4th ongoing 7:00pm – 9:00pm

ARTS FOR ALL LOUDOUN - SEUSSICAL JR.

(All ages) Join the all-inclusive cast of Arts For All Loudoun (formerly VSA Loudoun County) as they entertain you with this colorful show about the powers of friendship, loyalty, family and community. Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical JR., a fantastical musical extravaganza! Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Horton must protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him.

Tickets \$15/person, \$10/ Seniors and students
www.ArtsForAllLoudoun.org

F-Sa 3/27-3/28 7:00pm
Su 3/29 3:00pm
F-Sa 4/3-4/4 7:00pm
Su 4/5 3:00pm

DINNER & THE ARTS

(Ages 16 & up, Levels 1, 2 & 3) A musical perfect for the whole family, Seussical takes us into the world of Dr. Seuss, where we revisit beloved characters including The Cat in the Hat, Horton the Elephant, Gertrude McFuzz, Lazy Mayzie, and JoJo. The Cat in the Hat guides us into The Jungle of Nool where we see Horton, the kind hearted elephant who discovers a speck of dust containing Whoville. Dinner will be at a TBD location and the show will be at Franklin Park Arts Center. Please bring money for dinner, snacks at the show, and souvenirs. Contact Michelle Waugh for more information

341729-01 \$50 Sa 4/4 5:00pm-9:30pm

MYSTERY ADVENTURES - MURDER MYSTERY DINNER

(Ages 16 & up, Levels 1 & 2) Enjoy an afternoon of sleuthing, deductive reasoning and wicked fun as you participate in the 10th Annual Winemakers' Honorary Invitational Society awards banquet – affectionately known as WHIS. Renowned French wine critic, Cabernet Franc, has agreed to judge this year's competition. As a winemaker, each of you will be competing for the grand prize of \$100,000. Alas! The awards banquet goes awry when MURDER appears on the agenda. Listen to the clues, ask questions, and participate as a character in this chilling tale, or just relax and enjoy the show. Contact Michelle Waugh for more information.

341725-01 \$100 Su 3/1 12:30pm-7:00pm

SPORTS

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Location: PRCS office. Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location. Contact Chris Caesar. 703-777-0438.

SPARE TIME BOWLING

(16 & up, All Levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering. Bus departs at 2:15pmM from ECHO on Fridays. No transportation provided AFTER bowling. Participants picked up at Village Lanes unless registered for post bowling Movie Madness program. Contact Michelle Waugh for more information.

341710-01 \$25 F 3/6 2:30pm-4:30pm

341710-02	\$25	F	3/20	2:30pm-4:30pm
341710-03	\$25	F	4/3	2:30pm-4:30pm
341710-04	\$25	F	4/17	2:30pm-4:30pm
341710-05	\$25	F	5/1	2:30pm-4:30pm
341710-06	\$25	F	5/15	2:30pm-4:30pm
341710-07	\$25	F	5/29	2:30pm-4:30pm

ADAPTIVE AQUATICS

Adaptive Aquatics will return in Fall 2020.



SPECIAL EVENTS

MARCH

DR. SEUSS DAY CELEBRATION

(Ages 5 & under) Celebrate the birthday of Dr. Seuss! Read Dr. Seuss stories, try our "Thing 1" & "Thing 2" obstacle course, and enjoy zany games and activities with Seussian flair! Call 703-430-9480 for more information.

Location: Sterling Community Center

303706-01 \$4 M 3/2 11:00am-12:00pm

LUCKETTS BLUEGRASS

(All Ages) Celebrate 45 years of Bluegrass at Lucketts. Concerts feature traditional groups as well as up and coming talent. Join us each and every Saturday night from fall through winter for traditional and contemporary live Bluegrass Music. Doors open at 6:00PM, shows start at 7:00PM. Admission: Adults \$17; 3-17 years \$5; under 3 free. Call 703-771-5281 or email lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

Sat 3/7-4/25 7:00pm-10:30pm

6TH ANNUAL BLUEMONT SHAMROCK 5K/10K RACE

(All Ages) Run with the luck of the Irish in one of the most picturesque areas of Northern Virginia. The out and back course winds through scenic country roads of beautiful Western Loudoun County. Offering 5K and 10K distances, this race offers something for everyone. No strollers or pets allowed in the race. Race starts and ends at Great Country Farms. Register early in order to receive a commemorative shirt at www.bluemontshamrockrace.com or call 540-554-8643 for more information.

Location: Bluemont Community Center

Sa 3/14 9:00am-11:00am

TAKE LOUDOUN HOME EXPO

(All ages) Celebrate Loudoun's agricultural bounty and locally made products. Learn about Loudoun's farms and wineries. Learn about how you can be a part of community supported agriculture including wine club memberships. Purchase products made in Loudoun County. Exhibitors will be set up three locations within Claude Moore Park and some will have tastings and samples available. For more information, visit TakeLoudounHomeExpo.com

Location: Claude Moore Park, Claude Moore Recreation & Community Center, Heritage Farm Museum

Free Sa 3/14 1:00pm-5:00pm

FAMILY FUN DAY

(All Ages) Join us for a day full of fun! We will have hot dogs on the grill. Enjoy fun, Douglass Dune activities, fire fighter and police officer visits, moon bounces, face painting, and much more.

Location: Douglass Community Center

Free Sa 3/21 11:00am-2:00pm

DADDY-DAUGHTER DANCE

(Ages 3-12) Take your little princess on a date to remember.... Dress your best for dancing, dinner and a commemorative photograph! Register early as spaces are limited and this event will fill! No on-site registration. Please email Lovcc@loudoun.gov or call 540-822-5284 for more information.

Location: Lovettsville Community Center

302706-01 \$20 Couple Sa 3/21 5:30pm-7:30pm

302706-02 \$10 Each Additional Daughter

BIG TRUCK DAY

(All ages) Are you interested in big trucks and tractors?! Come and have a hands-on experience at Big Truck Day! You will be able to push buttons, beep horns, enjoy the bells, whistles and sirens as you climb on and explore various trucks, tractors and more! Lunch provided Children must be accompanied by a parent. No admission fee for parent. Children 2 & under admitted free. Event may be canceled due to weather. Admission \$6 at the door. Call 540-338-5882 for more information.

Location: Philomont Community Center

311700-01 \$5 F 3/27 12:00pm-2:00pm

BREAKFAST WITH THE EASTER BUNNY

(All ages) Enjoy a good family breakfast, meet the Easter bunny, go on an Easter egg hunt, create a craft and have your face painted! Advanced registration is required, seating is limited. For more information, call 703-771-5281 or email lucketts@loudoun.gov.

Location: Lucketts Community Center

309737-01 \$25 Four or fewer
Sa 3/28 9:00am-11:00am

309737-02 \$35 Five or more
Sa 3/28 9:00am-11:00am

309737-03 \$25 Four or fewer
Sa 3/28 11:30am-1:30pm

309737-04 \$35 Four or more
Sa 3/28 11:30am-1:30pm

BREAKFAST WITH THE EASTER BUNNY

(All ages) Join the Easter Bunny and friends for doughnuts in the gym. We will decorate Easter Eggs, visit with the Bunny, jump in our moon bounces, play spring games and enjoy crawling through pop up tents. Remember to bring your camera! For more information call 703-771-5913. Advance registration required by 3/26.

Location: Douglass Community Center

304702-01 \$10 3/28 10:00am-12:00pm
Sa

NATIONAL CRAYON DAY CELEBRATION

(Ages 5 & under) Join us for the most colorful celebration of the year! Children will explore and create inspired works of art with crayons. This is a unique way for children to further develop their interest in art by creating and learning new things. Call 703-430-9480 for more information.

Location: Sterling Community Center

303729-01 \$4 Tu 3/31 11:00am-12:00pm

APRIL

EASTER EGG HUNTS & SWIM AT CMRCC

(Ages 1-12) Have fun this spring with the Easter Bunny! Hunt for eggs and enjoy some breakfast! Kids will decorate a keepsake to take home. Please register for every adult, child and infant. Coffee and a light breakfast is provided for adults. Also, check out our Easter Bunny Swim Event that day!

Location: Claude Moore Recreation & Community Center

\$10/\$5 Ages 1-12/ Adult/ Infant

373732-01	Sa Hunt & Breakfast	4/4	9:00am-11:00am
373732-02	Sa Swim with Bunny	4/4	9:30am-11:00am
373732-03	Sa Hunt & Lunch	4/4	12:00pm-2:00pm

DULLES SOUTH EGG HUNT

(Ages Infant-11) Come join the Dulles South Recreation and Community Center for an Easter Egg Hunt! Moonbounces, crafts, activities, and a special visitor! Must register in advance.

Location: Dulles South Recreation & Community Center

305895-01	\$5/child	Tu	4/7-4/7	10:00am-11:30am
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FLASHLIGHT EASTER EGG HUNT

(Grades K-8) Bring your flashlight and hunt for prize filled eggs in the dark! The hunt will begin at dark, plan to arrive no later than 8:30 pm. Admission is \$10 at the door. Children separated into age groups. Call 540-338-5882 for more information.

Location: Franklin Park

311703-01	\$8	Tu	4/7	8:45pm-9:30pm
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PRESCHOOL FLASHLIGHT EGG HUNT

(Ages 2-4) Children parents only hunt for a younger age. A special area will be mark off for these Children's and parents. Bring a flashlight and hunt for eggs at dusk. The hunt will begin at 8:00pm please arrive no earlier than 7:45pm.

Location: Franklin Park PAY AT THE DOOR \$10.00

311703-02	\$8(early reg)	Tu	4/7	7:45pm-8:00pm
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EGG HUNT

(Age 1-11) Don't miss the annual egg hunt at the Lovettsville Community Center! The hunt will have a rolling group start by age. Crafts and games are included in the registration. Register early as spaces are limited and this event will fill! No on-site registration. Please email Lovcc@loudoun.gov or call 540-822-5284 for more information.

Location: Lovettsville Elementary School

302702-01	\$5	W	4/8	10:30am-11:30am
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PRESCHOOL BREAKFAST & EASTER HUNT

(Ages 2-5) Hop on over to Philomont Community Center for breakfast and an Egg Hunt! Continental breakfast will be provided - orange juice and donut holes. Call 540-338-5882 for information.

Location: Philomont Community Center

311112-01	Free	Th	4/9	10:00am-11:30am
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EGG HUNT & FUZZY BUNNIES

(Ages 2-10) This is an extraordinary egg hunt with a springtime petting zoo! Kids can pet bunnies, chicks, ducks, miniature goats, and more! Parents, don't forget your cameras! Age groups for hunting: 2-3 at 11:20am, 4-6 at 11:40am, 7-10 at 12:00pm. Call 703-430-9480 for more information.

Location: Sterling Middle School Track

303701-01	\$6	Sa	4/11	11:00am-12:30pm
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ARBOR DAY CELEBRATION

(All Ages) Join us for a tree planting, refreshments and a program about nature while we celebrate Arbor Day in Lucketts! Free program. Call 703-771-5281 or email lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

Fri	4/24	1:00pm-3:00pm
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THE ANNUAL LUCKETTS SPRING YARD SALE

(All ages) Clean out your attic and basement and make some money! Or you can shop until you drop! Tables rent for \$10 each and buyers come for free! Refreshments are served and a great shopping day is had by all! Call 703-771-5281 or email lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

309732-01	\$10/Table	Sa	4/25	7:00am-3:00pm
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LUCKETTS SPRING VENDOR MARKET

(All ages) Join us for our Spring Vendor Market where we will have representatives from many home-based businesses. Reserve a booth to sell your merchandise or

just come and shop, shop, shop! Call 703-771-5281 or email lucketts@loudoun.gov for more information. Vendor fee is \$25, shopping is free!

Location: Lucketts Community Center

309733-01	\$25/Table	Sa	4/25	8:00am-2:00pm
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EGGCELLENT ADVENTURES!

(Ages 2-10) New activities and fully loaded eggs! Hop around our many stations focusing on Mother Nature's egg laying animals. Visit live egg laying animals at the petting zoo or in the Visitor Center. Take part in eggciting activities, act like animals, and hunt for eggs. Warm up by our campfire while roasting marshmallows (provided, Halal available), play games, make a craft, and more. Find the egg with the golden coin and win a special prize! Rain date for all sections is 4/9. Call 571-258-3700.

Location: Claude Moore Park Discovery Grove

361719-01	\$5	W	4/8	10:00am-11:00am
361719-02	\$5	W	4/8	11:00am-12:00pm

BLUEMONT'S EASTER EGG HUNT AT BOULDER CREST RETREAT

(All Ages) Join us at Boulder Crest Retreat for our incredible Annual Easter Egg Hunt beginning at 10:00am. This is a collaborative event with Bluemont Community Center's Staff, BCC Advisory Board and Boulder Crest Retreat. Call 540-554-8643 or email BCC@loudoun.gov for more information.

Location: Boulder Crest Retreat

Free	Sa	4/11	10:00am-11:00am
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EARTH DAY CLEAN-UP AT CMP

(All ages) Have you ever wanted to help out the park but were never quite sure how? This is your chance. Join us for the morning and lend a helping hand in our continuous effort to keep this parks trails, streams, and fields beautiful and clean. Groups and individual volunteers please register for this event by 4/17. Call 571-258-3700.

Location: Claude Moore Park Visitor Center

Free	Sa	4/18	9:00am-12:00pm
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EARTH DAY BOOK WALK

(All Ages) Join LVCC and the Purcellville Library in celebration of Earth Day for a book walk! We will be reading the book Earth Day by Emma Carlson Berne. The book teaches the origins of Earth Day with a focus on why it's important to preserve the Earth. It gives details of ways to do this and why we should care. The author explains that Earth Day is just as important as other holidays and finishes with a song and discussion questions. Throughout the book walk we will also have a variety of activities for families to engage in. Email Robert.lloyd@loudoun.gov for more information.

Location: Loudoun Valley Community Center.

Sa	4/18.	10:00am-11:30am
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FAMILY PAINT NIGHT

(All Ages) Children and parents will have the opportunity to create the perfect spring painting. Children must be accompanied with a painting adult. Call 540-554-8643 or email BCC@loudoun.gov for more information.

Location: Bluemont Community Center

306708-01	\$10	F	4/24	7:00pm-9:00pm
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MAKE A PET TAKE A PET

(All ages) Join Claude Moore Park and other local organizations for a celebration of our favorite wild and domestic animals. Discover different animals that are in need of good homes while learning about the wild animals that have one outside! Since wild animals can't be pets, staff will help you craft your own "wild" animal craft to take home. Call 571-258-3700.

Location: Claude Moore Park Visitor Center

Free	Sa	4/25	1:00pm-4:00pm
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ECOLOGY OF NORTHERN VA

(All ages) Claude Moore Park invites Homeschool and Private School groups to participate in exciting and educational activities. Participants will have the opportunity to try out multiple nature activities and explore hands on demonstrations. Take part in pond and forest tours, meet live animals, and more. Ages 3 and under free with registered adult. Call 571-258-3700 for information and registration.

Location: Claude Moore Park Visitor Center

Call ahead	\$5	Tu	4/28	10:00am-1:00pm
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MAY**MOTHER'S DAY CELEBRATION**

(Ages 3-5) Join us at SCC for a celebration of the value of Mothers! Let us treat you to tea as you decorate cookies and make a craft with your little one(s). Call 703-430-9480 for more information.

Location: Sterling Community Center

303728-01	\$6	Th	5/7	11:00am-12:00pm
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FRIENDS OF CMP 5K TRAIL RUN

(All ages) This rain or shine cross-country run winds through the wooded trails and historic roads of CMP. Event is sponsored by the Friends of CMP to help raise money for improvements to our Discovery Grove natural play space and other projects within the park. Call 571-258-3700 or visit www.friendsofclaudemoorepark.org for a registration form and information. Free for ages 5 & under.

Location: Claude Moore Park Historic Area \$30 on Race Day

Ages 6-17 \$15, Adults \$25 thru May 8th

Sa	5/9	8:00am-10:00am
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MOVIE ON THE LAWN

(All Ages) Join Loudoun Valley Community Center, the town of Purcellville and the Purcellville Library for a night time movie on the lawn Friday, May 15th from 8pm to 10pm. Bring a blanket or lawn chair and enjoy a family friendly movie under the stars. All children must be accompanied by a parent. Movie starts at dusk. We will be offering popcorn for the children in attendance. Movie Title TBD closer to the date. Email Robert.Lloyd@loudoun.gov for more information.

Location: Park behind Fireman's Field, Purcellville

F	5/15	7:30pm-10:00pm
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CLAUDE MOORE FEST

(All ages) We're having a party and everyone is invited! Enjoy everything Claude Moore Park has to offer. Visit the Heritage Farm Museum for an open house. Try out the rock climbing wall, games, and activities at the Recreation and Community Center. Go back in time with historic demonstrations and explore the natural world with Claude Moore Park.

Location: Claude Moore Park, CMRCC, and Heritage Farm Museum

Free

Sa	5/16	10:00am-4:00pm
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FOODIE FEST

(All Ages) Join us at our Claude Moore Fest for the 2nd Spring Foodie Fest. Our Foodie Fest will feature a wide variety of food trucks and vendors that will have something for everyone! If you have any questions please contact us at 571-258-3600.

Location: Claude Moore Recreation & Community Center

Free	Sa	5/16	10:00am-4:00pm
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CHALK ART COMPETITION

Join us for our annual Chalk Art Competition which will be held during our Claude Moore Fest. There will be prizes available for each category! Bring your professional supplies and wow us with your talent! We will provide a plaster board for your canvas. Contact Julie at julie.petrey@loudoun.gov for more information or questions.

Location: Claude Moore Recreation & Community Center

Sa, 5/16

373799-01	\$15 Pro Competition	10:00am-4:00pm
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373799-02	\$15 Amateur Competition	10:00am-4:00pm
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SUMMER IS ALMOST HERE CELEBRATION

(All Ages) Summer is getting close! Help us kick off the nice weather with a BBQ at the Douglass Dunes outdoor sand beach and patio area. Hot dogs, slushies, and great music! This is a drop-in event, so feel free to come and stay as long as you want!

Location: Douglass Community Center

Free	Sa	5/16	11:30am-1:30pm
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FIRST ANNUAL PCC FAMILY 'CAMP-OUT!'

(All Ages. Must be accompanied by an adult) Come on out and join us for our first every family 'camp-out' evening. Bring a blanket, a flashlight or lantern and join us for family fun in our outdoor park. We will have hotdogs, popcorn, s'mores and family friendly games. A great way to spend a Friday evening with your neighbors in the park!

Location: Philomont Community Center

311113-01	Free	F	5/29	6:30pm-9:00pm
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SCREEN ON THE GREEN

(All Ages) Bring your blanket or chair and join us at the beautiful Boulder Crest Retreat for a family movie night. Movie will start at dusk. Call 540-554-8643 for more information.

Location: Boulder Crest Retreat

Free Event	F	5/29	8:00pm-10:00pm
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DIRT DAY

(All ages) Get ready to get dirty with a variety of soil activities. Try mud art, build nests, grab a handful of worms, create dams, and just get dirty digging. You may want to BRING A TOWEL AND CHANGE OF CLOTHES for the ride home. Rinsing station and changing locations available.

Location: Claude Moore Park Discovery Grove

Free event	Sa	5/30	1:00pm-3:00pm
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JUNE**FAMILY FISHING FIESTA**

(All ages) Cast away and try for the big one! Join friends and family for a fun filled fishing adventure. Participate in contests and games for prizes. Poles available on a first-come, first-served basis. Never fished before? Don't worry staff will be available for assistance. Anyone can join in! Children must be accompanied by an adult. Ages 3 and under free.

Location: Claude Moore Park Ponds

361755-01	\$5	Sa	6/6	9:00am-11:00am
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PRCS SUMMER 2020 CAMPS

Choose
Your
Adventure!

Summer Daze/Fest/Adaptive Recreation Camp
Pre-registration runs March 9-20

Summer Camp General Registration
Begins March 24

loudoun.gov/camps



FRANKLIN PARK ARTS CENTER

SPECIAL EVENTS

36441 Blueridge View Lane, Purcellville, VA 20132
540-338-7973
 M-F 9:00am-5:00pm

MARCH

ANDREW MCKNIGHT CD RELEASE CONCERT - TREASURES IN MY CHEST

(All ages) Andrew brings some talented musical friends for an exciting and entertaining evening of songs and stories to celebrate the arrival of Treasures in My Chest, his new full-length music album and companion book drawn from his experiences researching his family history over the last six years. For tickets, visit www.andrewmcknight.net, and special packages including book and album will be available the night of the show.

Tickets \$15 advance/\$20 at door
 F 3/6 7:30pm

RATTLESNAKE - A ONE-MAN PLAY BY JOHN HARDY

(All ages) In Rattlesnake, a single actor plays sixteen characters in an epic story that spans thirty years and reaches from Texas to Paris, France. "Rattlesnake... beautifully acted and written... it rises to the kind of ritualistic intensity one does not often see, but always longs for, in contemporary theatre" Asheville Express. This performance is supported by funding from the Virginia Commission for the Arts and the National Endowment for the Arts and the Friends of Franklin Park Arts Center. Visit www.franklinparkartscenter.org for tickets and information.

Tickets \$20-\$25 Sa 3/7 7:30pm reserved seating

PLANETARIUM SHOWS

(Ages 4 & up) Step inside our Digitalis Delta 4 inflatable planetarium to experience the wonder of space, visit the galaxies, launch to the moon and learn to identify constellations. Star shows typically last 30-40 minutes with monthly themes and mostly floor seating. You must call 540-338-7973 to register.

Pay at door \$8/person

Sky Stories

Su 3/8 1:30pm, 2:30pm, 3:30pm, 4:30pm

Mars

Sa 5/30 1:30pm, 2:30pm, 3:30pm, 4:30pm

GALLERY COFFEEHOUSE - COMEDY CULT IMPROV

(All ages) Join the spontaneous and talented crew of Loudoun Valley High School Comedy Cult Improv team as they take audience suggestions and create theatrical scenes and stories on the spot! Unique comedy at its best presented in our lobby gallery! Coffee included, in a real mug.

Pay at door \$8/person

Su 3/8 6:30pm

Su 5/31 6:30pm

MADCAP PUPPETS - TWICE UPON A TIME

(Ages 2 & up) Aiden Legend, an only child, is making funny faces into a mirror when it falls and breaks, accidentally propelling Aiden's mirror image into the real world. Is there room in our world for two Aiden Legends? Can Aiden get the Accidental Twin back into the mirror!? A rollicking puppet adventure for the whole family presented by Madcap Puppets from Cincinnati, OH!

Pay at door \$5/person W 3/11 10:00am

LAST HAM STANDING COMEDY IMPROV

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. If you like "Whose Line Is It Anyway?", you'll love Last Ham Standing-the other comedy meat! Visit www.lastham.com for more information.

Tickets \$14/Adults, \$12/Seniors, \$10/Kids
 F 3/13 8:00pm
 F 4/10 8:00pm
 F 5/15 8:00pm

MARK FORREST & SEASONS CONCERT

(All ages) Mark Forrest, one of Ireland's favorite tenors, returns to Franklin Park Arts Center with an evening of inspirational and uplifting music and song. The evening's inspirational songs include Danny Boy, You Raise Me Up, God Bless the U.S.A and The Impossible Dream. Visit www.franklinparkartscenter.org for tickets and information.

Tickets \$20 advance, \$25 at door
 Su 3/15 3:00pm

ARTS FOR ALL LOUDOUN - SEUSSICAL JR.

(All ages) Join the all-inclusive cast of Arts For All Loudoun (formerly VSA Loudoun County) as they entertain you with this colorful show about the powers of friendship, loyalty, family and community. Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical JR., a fantastical musical extravaganza! Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Horton must protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him. Visit www.artsforallloudoun.org for tickets and information.

Tickets \$15/person, \$10/Seniors & students
 F-Sa 3/27-3/28 7:00pm
 Su 3/29 3:00pm
 F-Sa 4/3-4/4 7:00pm
 Su 4/5 3:00pm

APRIL

ROSALITA'S PUPPETS - THE THREE SINGING PRINCESSES

(Ages 2 & up) Three princesses use music to help them in their journey to find their dad. Presented in collaboration with "Stileto Singers", Rosalita's Puppets is a musical adventure with masks, puppets and audience participation. A musical featuring 3 singers, masks, puppets and audience participation.

Pay at door \$5/person W 4/8 10:00am

GOOSE CREEK PRODUCTIONS - AND THEN THERE WERE NONE

(Ages 16 & up) Ten strangers are lured to an isolated island mansion off the Devon coast by a mysterious "U. N. Owen." At dinner a recorded message accuses each of them in turn of having a guilty secret, and by the end of the night one of the guests is dead. Stranded by a violent storm, and haunted by a nursery rhyme counting down one by one... as one by one... they begin to die. Which among them is the killer and will any of them survive? Join Goose Creek Players as they unfold this Agatha Christie mystery. www.goosecreekplayers.com

Tickets \$15/person
 F-Sa 4/17-4/18 7:30pm
 Su 4/19 2:00pm

F-Sa	4/24-4/25	7:30pm
Su	4/26	2:00pm

GALLERY COFFEEHOUSE - SIDE-BY-SIDE ARTISTS TALK BACK

(All ages) Enjoy an informative evening with this unique coffeehouse and reception. Artists from the side-by-side exhibit share their inspirations and process. Coffee included, in a real mug.

Pay at door \$8/person Su 4/19 6:30pm

MAY

LIZ JOYCE & A COUPLE OF PUPPETS - THE DOUBTFUL SPROUT

(Ages 2 & up) Explore the world under your feet with this 35 minute show presented by A Couple of Puppets, using hand, finger, & rod puppets, marionettes, motorized puppets, and animated segments. Tunnel down with Worm and Sprout as they discover the mysterious life found inside soil. Along the way, kids help figure out the secrets that help Sprout grow. Award-winning puppeteer, Liz Joyce, brings this ecological wonderland to life.

Pay at door \$5/person W 5/13 10:00am

FRANKLIN PARK BIG BAND

(All ages) Franklin Park Big Band presents a concert with unique and lively arrangements of jazz standards and contemporary songs.

Pay at door \$15 Adults, \$12 Seniors/Students Su 5/31 3:00pm

JUNE

15TH ANNUAL WESTERN LOUDOUN ARTS AND STUDIO TOUR

(All ages) Meet talented artists as you wind through the scenic countryside and historic villages of western Loudoun County. Enjoy paintings, pottery, jewelry, photography, fiber, sculpture, and more! Take this unique opportunity to talk personally with the artists, purchase artwork, view demonstrations and exhibits, or win a door prize! And the best part: it's all free! Visit www.wlast.org for a map and studio descriptions. Franklin Park Arts Center will be open Saturday and Sunday only.

Fr-Su 6/5-6/7 10:00am-5:00pm

GALLERY EXHIBITS

The Franklin Park Arts Center Gallery is open Monday – Friday 9:00am–5:00pm and weekends during performances. Call for more information on submitting artwork.

FROM ALL ANGLES

(Ages 18 & up) Friends of Franklin Park Arts Center invited artists to submit works in all mediums that show interesting perspectives, views from a different angle or just simply incorporate angles!

Exhibit F-Su through 3/22

SIDE BY SIDE

(Ages 18 & up) Back by popular demand after a successful and beautiful exhibit last year! Artist pairs or couples are invited to submit works in all mediums that fit the theme of "Side by Side." In this exhibit, artists pairs/couples – married, friends, teacher & student, brother & sister, and so on - are encouraged to submit a pair of works (one from each person in the pair) OR one piece that is a collaborative work between the pair. If submitting a pair of works, they do not have to relate to one another. All artist pairs will be asked to submit a short description of the works and why they are paired or how they relate to one another. We will display artwork side by side, in the pair groupings. At the reception, we hope you will share a bit of your process and what it's like to collaborate with another artist.

Entry fee \$20/Artist
Artwork drop off 4/13 & 4/14 9:00am–4:30pm.
Exhibit F-Su 4/17-5/31
Reception: Su 4/19 6:30pm–8:00pm

CLASSES

SPRING BREAK SPACE DISCOVERY DAYS

(Ages 4 & up) Step inside the Digitalis Delta 4 inflatable planetarium to discover the wonders of space! Spend time in the planetarium and then do a themed activity in our lobby afterwards. On Monday, learn about the constellations and how to use a star map. Travel to the moons in our solar system visiting planets on Tuesday. On Thursday, discover space art and the space phenomenon that inspired it.

363702-01	\$20 Star Quest	M	4/6	10:00am–11:30am
363702-02	\$20 Moons	Tu	4/7	10:00am–11:30am
363702-03	\$20 Planets	Th	4/9	10:00am–11:30am

BOB ROSS PAINTING WORKSHOP

(Ages 16 & up) You have seen Bob Ross create his paintings on PBS and You Tube, now it's time to paint your own masterpiece along with a certified Bob Ross instructor. Complete a 16 x 20 original painting through guided instruction. Please bring an empty pizza box to take home your painting and wear clothes that can get paint on them. Each workshop is limited to 10 people and you will complete your painting in 3 hours. Certified Instructor: Sandra Hill. All materials included in fee.

363752-01	\$85	F	5/1	11:00am-2:00pm
363752-02	\$85	F	5/1	4:00pm-7:00pm
363752-03	\$85	Sa	5/2	11:00am-2:00pm
363752-04	\$85	Sa	5/2	4:00pm-7:00pm



TRIPS COUNTYWIDE

BOOTS & BREWS

(Ages 21-100) Join us for a hike and a brew! Former Park Ranger Robert Lloyd will guide you up the Appalachian Trail to Weaverton Cliffs overlook in Maryland. After the hike we will enjoy a beer at beautiful Harpers Ferry Brewing Company. This event is for ages 21+ and includes transportation only. Food and beverage costs not included.

Loudoun Valley Community Center

301727-01 \$15 Sa 4/25 10:00am-3:00pm

LOCO WINE & ALE TRAIL TOUR

(Ages 21-100) Join us for a tour of Western Loudoun County Breweries, and Wineries on the LoCo Wine & Ale Trail tour. Tour Guide Robert Lloyd will chauffeur you to and from each Winery/Brewery where you will enjoy a tasting, flight, glass, or food. Please arrive at Loudoun Valley Community Center at 10:45 for check in. We will then depart at 11:00 AM for our first stop. Price includes Transportation to, and from the wineries/breweries (price does not include food/beverage costs). Stop 1: Hillsborough Winery & Brewery. Stop 2: Corcoran Winery & Cidery. Stop

3: Notaviva Winery & Brewery. Email Robert.Lloyd@Loudoun.gov or call 540-33-4122 for more details.

Loudoun Valley Community Center
301725-02 \$22 Sa 5/16 11:00am-3:00pm

NEW YORK CITY SHOPPING!

(All Ages) Spend the day shopping, visiting landmarks, and enjoying the city! We will travel by charter bus, leave Dulles South at 5am and leave New York promptly at 8pm. This is a non-chaperoned event; minors **MUST** be accompanied by a parent. This registration is for transportation only. Call 571.258.3456 for more information.

Dulles South Recreation & Community Center
305906-01 \$60 Sa 6/6 5:00am-11:59pm



TRIPS FOR SENIORS

Spring senior trip registration begins on 2/12/20 at 9:00 a.m., unless otherwise noted. Registration is on a first-come, first-served basis. All trips are for individuals 55 and older. Transportation is by 28-passenger bus or motor coach. First price listed is for current senior center members (Carver, Cascades, Dulles South, and Leesburg); second price listed is for non-members. Departure and return locations for most trips: Cascades Senior Center (Sterling) and (old) Leesburg Wal-Mart (950 Edwards Ferry Rd). Some departures are scheduled from Carver Senior Center and Dulles South Community Center. Return times are estimated and may vary. Sign-up is required at any PRCS facility with access to RecTrac or online through WebTrac (day trips only). There are no refunds, although a refund minus an administrative fee (30% for day trips, 20% for overnight trips) may be issued if your seat is resold. Each trip will leave at the designated time. We are unable to wait for anyone; please plan accordingly.

DAY TRIPS - MARCH

“MOTHER ROAD” ARENA STAGE - WASHINGTON, DC

As the hardworking and terminally ill William Joad sets out on an epic journey to pass down his family farm, he is humiliated to find that the only surviving descendant of his family is a Mexican-American named Martin Jodes, an ex-migrant worker. Inspired by John Steinbeck’s classic, *The Grapes of Wrath*, the two men take a ride through the Mother Road, traveling from California back to Oklahoma, all while forging an unlikely bond and coming to terms with their brutal past. This powerful new play, written by playwright Octavio Solis (*El Paso Blue*, *Quixote*), examines the crossroads of family, immigration and the American dream. Includes show and transportation. Bring bag lunch or purchase snack from concession. Minimum, walking. Limited to 27.

346612-01 \$57/ member, \$61/non-member
W 3/4

INTERNATIONAL SPY MUSEUM - WASHINGTON, DC

The new International Spy Museum is now open! With interactive exhibitions and

installations, the foremost collection of spy artifacts in the world, and first-person accounts from top intelligence officers and experts, the new museum places visitors in the shoes of a spy. Your mission begins at the Briefing Center. This is where you will receive a new cover identity, an RFID-enabled badge and prepare to test your spy skills throughout the museum in an immersive *“Undercover Mission.”* Come face to face with spies and spymasters, gadget makers, scientists and engineers from past and present. Take a closer look at the hundreds of imaginative inventions used to steal secrets. Have lunch on own at the food court nearby. Price includes transportation and admission. Extensive walking. Limited to 27.

346613-01 \$27/ member, \$31/ non-member
Th 4/9

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

346611-01 \$12/ member, \$16/ non-member
M 3/9

“KINKY BOOTS” - TOBY’S DINNER THEATRE – COLUMBIA, MD

If you missed this when we offered it during the winter trips here is your chance to see this exhilarating true story that will lift your spirits to high-heeled heights! Winner of six Tony Awards, *Boots* features a joyous score by Cyndi Lauper. Inheriting his father’s bankrupt shoe factory, Charlie Price finds inspiration in Lola, a fabulous entertainer with wild ideas. Working together, they turn the factory around, embrace their differences and discover that you change the world when you change your mind! Includes, transportation, buffet lunch, gratuity and show. Limited to 27. Minimum walking.

346614-01 \$77/member, \$81/non-member
W 3/11

“EASY WOMEN SMOKING LOOSE CIGARETTES”- SIGNATURE THEATRE - SHIRLINGTON, VA

The latest Heidi Thomas Writers’ Initiative is a surprising comedy about opening your home, occasionally your wallet, and always your heart. Marian, the matriarch of a far-flung Jewish family, had happily settled into retirement life with her new husband Richard. However, when a pregnant niece, the troubled boy next door and a distressed daughter with a secret show up at her door, Marian’s empty nest ends up a little fuller than she imagined. This firecracker play by DC area playwright Dani Stoller takes the dysfunction, puts it back in the family, then gives it a hilarious—and subversive—stir. Have lunch on own prior to show in area restaurant or Theatre Café. Price includes show and transportation. Show starts at 2:00 p.m. Limited to 27. Moderate walking. Please note: Some sexual content included.

346615-01 \$87/member, \$91/non-member
Sa 3/14

“GUYS & DOLLS” - FORD’S THEATRE - WASHINGTON, D.C. Option 1

In this beloved 1950s musical comedy, dice-slinging gamblers, pious missionaries and glamorous showgirls come together for a light-hearted romp through New York. It’s a high stakes game of love as brash but charming Nathan Detroit bets Sky Masterson \$1,000 to woo missionary Sarah Brown. Meanwhile, cabaret singer Adelaide tries to convince Nathan, her fiancé of 14 years, to finally tie the knot. Peter Flynn (*Into the Woods*, *Ragtime*) returns to direct this classic, featuring the showstoppers “Luck be a Lady,” “Sit Down, You’re Rockin’ the Boat,” and more. Lunch on own before show in local restaurant. Show begins 2 p.m. Price includes transportation and show. Moderate walking. Limited to 27

346616-01 \$76/ member, \$80/non-member
W 3/18

“CELIA & FIDEL” - ARENA STAGE - WASHINGTON, DC

Can one woman change the mind of a man and the fate of a nation? Fidel Castro’s most trusted confidant and political partner, Celia Sánchez, is never far from his side as he grapples with how to move his country forward. It’s 1980 and a failing economy has led 10,000 Cuban citizens to seek asylum at the Peruvian Embassy in Cuba. Castro must decide what kind of a leader he wants to be: merciful or mighty. Imbued with magical realism, Arena Stage’s seventh Power Play imagines a conversation between Cuba’s most influential female revolutionary and its most

Adult Day Centers of Loudoun County

Special programming designed to engage seniors who may have physical or memory impairments



Provides free time and support for caregivers
Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

- *Caring, friendly, experienced staff*
- *Comfortable, home-like atmosphere*
- *Physical activities and exercise*
- *Mentally stimulating activities*
- *Assistance with personal care needs*
- *Medication administration*
- *Health monitoring*
- *Nutritious hot lunches and snacks*
- *Transportation (select areas)*

To learn more, please call or visit us online at www.loudoun.gov/adulday

Eastern Loudoun Adult Day Center
45140 Bles Park Drive
Ashburn, Virginia
571-258-3232

Leesburg Adult Day Center
16501 Meadowview Court
Leesburg, Virginia
703-771-5334

Mac Brownell Adult Day Center
200 Willie Palmer Way
Purcellville, Virginia
571-258-3402



The Loudoun County Area Agency on Aging is a division of
Loudoun County Department of Parks, Recreation & Community Services

notorious political leader in a contest between morality and power. Includes show and transportation. Bring bag lunch or purchase snack from concession. Minimum, walking. Limited to 27.

346617-01 \$57/ member, \$61/non-member
W 3/25

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

Enjoy slots, table games and simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license. Minimum walking. No outside food allowed in Casino. Limited to 28.

346610-01 \$12/member, \$16/non-member
Th 3/26

"NEIL BERG'S 50 YEARS OF ROCK & ROLL" - WEINBERG CENTER - FREDERICK, MD

With a cast consisting of both stars from Broadway's greatest rock musicals, as well as incredible Rock & Roll singers, Neil Berg shares the often unknown stories from the fifty-year history of the music that changed the world forever! From the progenitors of Rock and Roll in the 1940s, through the glory years of the '50s, '60s, and '70s, up until MTV in the early '80s, Show starts at 8P. Price includes show, and transportation. Minimum walking. Limited to 27.

346618-01 \$42/member, \$46/non-member
F 3/27

CHERRY BLOSSOMS – WASHINGTON, DC

Take a chance on the Cherry Blossoms, you never can be sure when they will bloom! After a drive along East Potomac Park (Hains' Point), you'll have a couple of hours to walk around the tidal basin and enjoy the Cherry Blossoms. If blossoms not in bloom, enjoy the Memorials and Monuments. Bring a bag lunch (no food available). Price includes transportation only. Extensive walking. Limited to 27. No refunds for cancellations.

346619-01 \$12/member, \$16/non-member
Tu 3/31

DAY TRIPS - APRIL

NATIONAL SYMPHONY ORCHESTRA COFFEE CONCERT - KENNEDY CENTER

Following his celebrated NSO debut last season, acclaimed Russian pianist Denis Kozhukhin returns to perform one of the most-loved concertos of all time, "Grieg's Piano Concerto." Conducted by incoming Music Director for the Toronto Symphony Orchestra, Gustavo Gimeno, the program also includes Shostakovich's brilliant Symphony No. 1. A la carte breakfast items will be available for purchase. Concert begins at 11:30 a.m. Price includes transportation and concert. Minimum walking. Limited to 27.

346620-01 \$67/member, \$71/non-member
F 4/3

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 3/9.

346611-02 \$12/ member, \$16/ non-member
Tu 4/7

"BRIGHT STAR"- RIVERSIDE DINNER THEATRE - FREDERICKSBURG

Inspired by a real event and featuring the bluegrass-tinged Grammy-nominated Steven Martin and Edie Brickell score, Broadway's "*Bright Star*" is a sweeping tale of love and redemption set against the rich backdrop of the American South in the 1920s and '40s. When literary editor Alice Murphy meets a young soldier just home from World War II, he awakens her longing for the child she once lost. Haunted by their unique connection, Alice sets out on a journey to understand her past – and what she finds has the power to transform both of their lives. An uplifting theatrical journey that holds you tight in its grasp, *Bright Star* is as refreshingly genuine as it is daringly hopeful. Price includes lunch, show, and transportation. Optional gratuity not included. Minimum walking. Limited to 27.

346621-01 \$77/member, \$81/non-member
W 4/8

"GUYS & DOLLS" - FORD'S THEATRE - WASHINGTON, D.C. Option II

See description for 3/18.

346616-02 \$76/ member, \$80/non-member
F 4/10

ROSEMONT MANOR TOUR & TEA - LONG BRANCH HISTORIC FARM – CLARKE COUNTY

Located in beautiful Millwood, Long Branch Historic House and Farm is a 200-year-old historic home and Virginia horse retirement farm of nearly 400 pristine, permanently preserved acres. Enjoy a house tour and time exploring the grounds before heading to Rosemont Manor for a Tour and Tea. Built in 1811 and set on 60 lush acres, Rosemont is the former home of VA governor and U.S. Senator Harry F. Byrd SR. Includes tours, three-course tea and transportation. Limited to 27. Moderate walking. Please confirm any dietary restrictions upon registration by calling 571 258-3050.

346622-01 \$73/ member, \$77/ non-member
Th 4/16

MURDER AT MOUNT HOPE MANSION – MANHEIM, PA

Enter Victorian Mount Hope Mansion, a most unique setting for a theatrical interactive dining experience. Meet and mingle with intriguing guests and take note as they visit with you while you dine. It's 1944 and the Second Great War rages on in Europe and the Pacific. Back at home, the American people do everything they can to support their boys abroad. The mysterious owner of the Mount Hope Estate is funding a USO tour to help brighten the spirits on the Pacific front, but dark clouds gloom over the Mount Hope Estate and dark intentions are afoot. After a four-course meal, everyone will assemble in the Mansion's Theater Room for interrogation, hilarity and the answer to the question on everyone's mind!. Limited to 52. Includes dinner, gratuity, motorcoach transportation and mystery. Optional driver gratuity not included. Minimum walking.

346623-01 \$102/ member, \$106/ non-member
Tu 4/21

"THE HUMANS" - OLNEY THEATRE - OLNEY, MD

By turns hilarious and haunting, this Tony-winning playtells the story of the Blakes, a middle-class American family celebrating a most unusual Thanksgiving. This year, they gather in New York City at youngest daughter Brigid's Chinatown apartment - a basement duplex that would feel like a bargain if not for the lack of sunlight and the sudden, unexplained, loud noises coming from upstairs. Stephen Karam's brilliant play delivers both the warm comfort of family and a thoroughly modern anxiety about what's on the other side of the wall. Lunch on own prior to show in local restaurant. Price includes transportation and show. Minimum walking. Limited to 27

346624-01 \$64/ member, \$68/non-member
W 4/22

"HOW IT'S MADE"- FACTORY & SHOPPING TOUR IN YORK, PA

If you are a curious person and like to see how things are made, join us! We'll start the day at Harley Davidson Motor Company for a behind-the-scenes look at the making of a legend. After lunch on your own in downtown York, we'll head over to Bluett Brothers Violins. Where you'll hear a master instrument maker walk you through the crafting of a violin. A visit to Stauffer's Cookie Outlet will please shoppers. Our last stop before heading home will be the Markets at Shrewsbury where you'll find freshly baked goods, meats, produce, wines, great eateries and gift shops. Limited to 52. Includes tours and motorcoach transportation. Optional driver gratuity not included. Lunch on own. Minimum walking.

346625-01 \$65/ member, \$69/ non-member
F 4/24

"DR. JANE GOODALL & WOMEN, A CENTURY OF CHANGE" - NATIONAL GEOGRAPHIC MUSEUM Option I

Join us the National Geographic Museum for two exciting spring exhibitions. Dr. Jane Goodall braved the unknown to give the world a remarkable window into humankind's closest living relatives: chimpanzees. In this hands-on, multimedia exhibition celebrating her extraordinary life and work, you'll explore Dr. Goodall's early years through iconic images and a multiscreen experience and venture on a 3D exploration of Tanzania's Gombe Stream National Park. As we approach the 100th anniversary of the U.S. constitutional amendment confirming women's right

to vote, a powerful new exhibition from National Geographic showcases iconic women around the world. Price includes transportation, admission. Bring lunch to eat outside in courtyard or eat in nearby restaurants. Limited to 27. Moderate walking.

346626-01 \$22/member, \$26/non-member
M 4/27

"SEVEN GUITARS" - ARENA STAGE - WASHINGTON, DC

The 1940s Pittsburgh is the backdrop for August Wilson's fifth cycle play and the second production in the August Wilson Festival. Seven lives are interconnected when old friend and blues singer Floyd Barton vows to turn his life around after a surprise windfall leaves him hopeful for a second chance. Infused with deep and soaring blues rhythms, this "rich and exceptionally vivid" (*Variety*) play pits the desire for a better future against the harsh realities ultimately leading to heart-breaking and inescapable circumstances. Includes show and transportation. Bring bag lunch or purchase from concession. Minimum, walking. Limited to 27

346627-01 \$57/ member, \$61/non-member
Tu 4/28

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 3/26.

346610-02 \$12/member, \$16/non-member
Th 4/30

DAY TRIPS – MAY

FLOWER MART at WASHINGTON NATIONAL CATHEDRAL – WASHINGTON, D.C.

Since 1939, the National Cathedrals' All Hallows Guild has held an annual Flower Mart to benefit the Cathedrals Garden and Grounds. Take in the live entertainment, gorgeous flower arrangements in the Cathedral, plants for your garden, a White Elephant Tent and the wide variety of merchandise and food for sale. The talented and knowledgeable Cathedral horticulture staff will answer your gardening questions and present informative sessions. Extensive walking. Includes, transportation and parking fee. Limited to 27.

346628-01 \$18/member, \$22/non-member
F 5/1

"THE MAGIC OF BILL BLAGG"- GEORGE MASON CENTER - FAIRFAX, VA

Witness the impossible with top illusionist Bill Blagg in his new mind-bending and hilarious magic show. Everyone will rub their eyes in disbelief as the "Houdini Times Ten" (NBC), makes objects disappear, teleports across the theater, levitates in mid-air, and so much more. Don't miss your chance to experience this thrilling, action-packed, and interactive show that will leave you and your family breathless. Show begins 2:00 p.m. Includes ticket and transportation. Minimum walking. Limited to 27.

346629-01 \$26/member, \$30/non-member
Su 5/3

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 3/9.

346611-03 \$12/ member, \$16/ non-member
M 5/4

"TONI STONE" ARENA STAGE, WASHINGTON, DC

Considered a pioneer, Toni Stone is the first woman to play baseball in the Negro Leagues, also making her the first woman to play professionally in a men's league in the 1950s. Based on Martha Ackmann's book *Curveball, The Remarkable Story of Toni Stone*, the latest work from award-winning playwright Lydia R. Diamond tells the dynamic and uplifting story of Stone's journey of perseverance and resilience just to do what she loved the most — play baseball. Includes show and transportation. Bring bag lunch or purchase from concession. Minimum, walking. Limited to 27

346630-01 \$57/ member, \$61/non-member
W 5/6

WORLD SERIES CHAMPIONS- WASHINGTON NATIONALS GAME – WASHINGTON D.C.

Come out and cheer on your World Series Champs as they face off against the Arizona Diamondbacks. Game begins at 1:05 p.m. Seats are in Section 110, under cover from the Sun or Rain. Price includes transportation and admission. Moderate walking. Limited to 27.

346631-01 \$62/member, \$66/non-member
Th 5/7

"WASHINGTON OPERA'S PORGY & BESS" – KENNEDY CENTER – WASHINGTON, D.C.

It's "summertime, and the livin' is easy" in Catfish Row, a working-class fishing town in South Carolina. When a murder shakes the community and tempts the strong headed Bess to return to her drug-filled past, Porgy, a crippled beggar, becomes her unlikely refuge. Francesca Zambello's adaptation of Gershwin's beloved "folk opera" returns after playing to critical acclaim across renowned opera stages. Often considered the first great American opera, *Porgy and Bess* soars with original music melding jazz, gospel, and folk styles. Show begins 2:00 p.m. Includes, show, transportation. Limited to 27. Minimum walking.

346632-01 \$134/member, \$138/non-member
Su 5/10

"DR. JANE GOODALL & WOMEN A CENTURY OF CHANGE" - NATIONAL GEOGRAPHIC MUSEUM Option II

See description for 4/27.

346626-02 \$22/member, \$26/non-member
Th 5/14

"NIJINSKY'S LAST DANCE"- SIGNATURE THEATRE - SHIRLINGTON, VA

Elegantly dancing between sanity and madness, this masterful tour-de-force delves into the fascinating and troubled genius of the greatest dancer who ever lived. Alone in his sanitarium cell, memories furiously swirl around famed ballet performer Vaslav Nijinsky. Inhabiting the characters from his past, he journeys from his Imperial Ballet School acceptance at age ten, to his relationship with mentor and lover Sergei Pavlovich Diaghilev, to his innovative choreography that shocked a world in tumult from the Great War. Please note: Show contains nudity. Have lunch on own prior to show in area restaurant or Theatre Café. Price includes show and transportation. Show starts at 2:00P. Limited to 27. Moderate walking.

346633-01 \$87/member, \$91/non-member
Sa 5/16

"SHREK" - TOBY'S DINNER THEATRE – COLUMBIA, MD

Everyone's favorite ogre is back in the hilarious stage spectacle based on the Oscar-winning, smash hit film. In a faraway kingdom an unlikely hero finds himself on a life-changing journey alongside a wisecracking Donkey and a feisty princess who resists her rescue. Throw in a short-tempered bad guy, a cookie with an attitude and over a dozen fairy tale misfits, and you've got the kind of mess that calls for a hero...and his name is SHREK. Includes, transportation, buffet lunch, gratuity and show. Limited to 27. Minimum walking.

346634-01 \$77/member, \$81/non-member
W 5/20

AMERICAN VALOR, A MEMORIAL DAY TOUR – D.C. & NORTHERN VA

This very special exclusive tour will share the story of American honor and sacrifice from across the generations. Come along and pay tribute to those who served, are serving and most importantly those who have made the ultimate sacrifice. The day includes a visit to the National Museum of the Marine Corps at Quantico, D.C. for the Memorial Day Parade where you can enjoy a boxed lunch from your reserved parade seats and Fort Belvoir for an exclusive pre-opening tour, movie and dinner at the brand new National Museum of the United States Army. Limited to 52. Includes museums, tours, parade seats, boxed lunch, dinner, and motorcoach transportation. Optional driver gratuity not included. Extensive walking.

346635-01 \$206/ member, \$210/ non-member
M 5/25

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 3/26.

346610-03 \$12/member, \$16/non-member
Th 5/28

NATIONAL SYMPHONY ORCHESTRA COFFEE CONCERT - KENNEDY CENTER

In honor of Beethoven's 250th birthday, Gianandrea Noseda leads the Orchestra in a three-week festival of concerts celebrating the composer's remarkable genius and impact on music. Our tribute begins with an exciting concert featuring Beethoven's Third Symphony, a major turning point in musical history. Also on the program are Beethoven's First Symphony and his Overture to *The Creatures of Prometheus*. A la carte breakfast items will be available for purchase before the concert. Concert begins at 11:30 a.m. Price includes transportation and concert. Minimum walking. Limited to 27

346636-01 \$67/member, \$71/non-member
F 5/29

2020 OVERNIGHT TRIPS

All overnight Trips are payable on an installment basis.

BETTER IN THE BLUEGRASS, KENTUCKY & OHIO FEATURING THE ARK ENCOUNTER

Kentucky has been a spiritual destination since the days of Colonial America, but is also a place of gangsters, whiskey and horses. This trip features the Ark Encounter and The Creation Museum but will also include a Thoroughbred Trail Tour and a tour of New Riff Distilling. On the Newport Gangster Tour you will explore the streets where the Mob made their millions, gamblers lost their lives and ladies of the night earned their reputations. You'll enjoy a sightseeing riverboat dinner cruise and tour the Harriet Beecher Stowe House. There's more, grab a flyer for all the details. Includes, motor coach transportation, hotel accommodations for 4 nights, 4 breakfasts, 2 lunches and 2 dinners.

All admissions. Extensive Walking. Limited to 52.

946642-01 April 13-17
Trip Cost: Double occupancy \$976/member \$1021/non-member
Single Occupancy \$1220/ member, \$1265/non-member.

A TALE OF TWO CITIES; PITTSBURGH & OHIO

Two all American cities full of history and culture! Begin your tour in Pittsburgh with visits to the Cathedral of Learning, the Frick Art Museum and Phipps Conservatory & Botanical Gardens. You'll also enjoy a Riverboat Tour before heading off to Columbus Ohio. Experience the Columbus Museum of Art, the Kelton House Museum and Garden. Wander cobbled streets on your tour of Columbus's German Village. Includes, motor coach transportation, hotel accommodations, 4 breakfasts, 3 lunches and 5 dinners.

All admissions. Extensive walking. Limited to 52.

946643-01 May 1-5
Trip Cost: Double Occupancy \$1364/member, \$1409/non-member
Single Occupancy \$1712 member, \$1757/non-member

SEASIDE GEMS featuring CAPE MAY & DELAWARE

Come along to the charming coastal communities of Cape May New Jersey and Rehoboth and Lewes Island Delaware. You'll visit the Discoversea Shipwreck Museum, the John Dickinson Plantation, the Air Mobility Command Museum and the First State Heritage Park. Ferry over to Cape May NJ and explore the nation's oldest seashore resort. Step back in time when you visit the Emlen Physick Estate. Look for dolphins onboard your Dolphin Cruise. Includes, motor coach transportation, hotel accommodations, 3 breakfasts, 2 lunches and 3 dinners. All admissions. Extensive walking. Limited to 52.

946644-01 May 19-22
Trip Cost: Double Occupancy \$832/member, \$877/non-member
Single Occupancy \$1072/ member, \$1117/non-member.

MAGNIFICENT MICHIGAN featuring MACKINAC ISLAND, THE GRAND HOTEL, THE HENRY FORD AND LAKE HURON

If breathtaking landscapes, unique attractions, quaint villages, historic hotels, rich culture and delicious meals interest you, you do not want to miss this very special trip to Michigan. Although highlights include a stay at the Grand Hotel on Mackinac Island and a day and a half at the Henry Ford, we've also planned a Detroit Music City Tour, an Elk viewing Journey, a Shipwreck cruise and a Scenic Railroad Trip. There truly is too much to list here so please get a flyer and see all this fantastic tour offers. Includes, motor coach transportation, hotel accommodations for 9

nights, 9 breakfasts, 4 lunches and 8 dinners all admissions and tours. Does not include tour guide and driver gratuity. Extensive walking. Limited to 52

946645-01 June 17-26
Trip Cost: Double Occupancy \$3132/member, \$3177/non-member
Single Occupancy \$4170/ member, \$4215/non-member

BIG SKY COUNTRY/GLACIER NATIONAL PARK

The real treasures of this beautiful state are the sweeping vistas, pristine streams and awe-inspiring mountain peaks. Find out why Lewis and Clark described Montana as "scenes of visionary enchantment," and among the prairies, mountain ranges and ghost towns expect to see a great variety of two and four legged creatures! This Montana and Glacier Park Adventure is a true feast for the senses. Come along on this exciting and delightful journey into the Big Sky Country. Includes, airfare, motor coach transportation, hotel accommodations, 6 breakfasts, 2 lunches and 5 dinners, all admissions. Extensive walking. Limited to 50.

946646-01 September 9-15
Trip Cost: Double Occupancy \$3426/member, \$3471/non-member
Single Occupancy \$4350 member, \$4395/non-member



LOUDOUN COUNTY AREA AGENCY ON AGING

742 Miller Drive SE, Leesburg, VA 20175

703-777-0257

M-F 8:30am 5:00pm

The Loudoun County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

- Adult Day Centers
- Caregiver Services
- Case Management Services
- Congregate Lunch Programs
- Disease Prevention & Health Promotion
- Home Delivered Meals
- Information & Assistance
- Medicare Counseling
- Senior Centers
- Senior Cool Care
- Volunteer Opportunities

CAREGIVER SERVICES

FAMILY CAREGIVER EDUCATION SERIES

Our education series offers learning opportunities for older adults, caregivers and family members on topics related to aging. These programs enhance the ability of caregivers and family members to provide (informal) care for as long as appropriate. For more information about these programs, call 703-771-5407 or email aaasupport@loudoun.gov.

CAREGIVER SUPPORT GROUPS

Meets the first Wednesday of the month at 4:00pm at the Leesburg Adult Day Center (16501 Meadowview Court, Leesburg, VA 20175). For more information, call 703-331-5334. Meets the third Saturday of the month at 10:00am at the Waltonwood (44141 Russell Branch Parkway, Ashburn, VA 20147). For information, call 703-771-5407.

DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. The programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

LIVE WELL! WITH CHRONIC CONDITIONS & LIVE WELL! WITH DIABETES

Learn how to manage the challenges of living with or caring for someone with a chronic condition. This six-week workshop provides information, teaches practical skills, and gives people confidence and motivation. Topics to be covered include: nutrition and physical activity, dealing with difficult emotions, communication, how to get better sleep, and understanding medication. Healthy snacks and course materials will be provided. To find a workshop near you, call 703-771-5407 or send an email to aaasupport@loudoun.gov.

INFORMATION & ASSISTANCE

The Elder Resources team links older adults and their caregivers to supportive community services.

SENIOR CENTERS

ACTIVITIES & FEES

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$26/person (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS

LOCATIONS

Eastern Loudoun Adult Day Center (Ashburn):571-258-3232
Loudoun County Adult Day Center at Leesburg703-771-5334
Mac Brownell Adult Day Center (Purcellville):571-258-3402

PARTICIPANTS

Our centers are open M-F from 7:30am-5:30pm to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from caregiving. Caregiver and Alzheimer's disease support groups are available to provide insight, guidance, companionship, and resources. Caregiver education programs are also available. For more information, call 703-771-5407 or email aaasupport@loudoun.gov.



LICENSED CHILDREN'S PROGRAMS

CHILD CARE

(Ages 3-5) Our full and half-time child care program provides a safe, healthy, learning environment with age-appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00 a.m. - 6:15 p.m. Contact the community center of your choice for more information and availability.

FEES

Full-time.....	7:00am-6:15pm	\$245 per week
Part-time.....	up to 30 hrs/wk.....	\$220 per week
Part-time.....	up to 20 hrs/wk.....	\$180 week
Drop-in.....	Space available basis.....	\$10 per hour
Non-refundable deposit.....		\$50/year
Late payment fee		\$35

LOCATIONS

Bluemont Community Center	540-554-4838
Dulles South Recreation & Comm. Ctr.....	571-258-3311
Loudoun Valley Community Ctr.....	540-338-5035
Lovettsville Community Center	540-822-5381
Lucketts Community Center.....	703-737-8841

PRESCHOOL

Our state-licensed, nine-month preschool program operates September through May. Classes offered for 2.5-5 year olds, but vary by location. Currently enrolled families receive registration priority and a lottery is held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$50 non-refundable deposit will be required at the time of registration. This deposit is credited toward your first month's tuition. Children must be fully potty-trained. The Virginia Department of Social Services requires proof of current immunizations, proof of child identity and age, and a childcare registration form.

LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Recreation & Community Ctr.....	571-258-3500
Douglass Community Center.....	703-771-5913
Dulles South Recreation & Community Ctr.....	571-258-3456
Loudoun Valley Community Ctr.....	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center.....	703-771-5281
Philomont Community Center.....	540-338-5882

COMMUNITY CENTER AFTER-SCHOOL PROGRAMS

Select community centers offer state-licensed after-school programs for children in grades K-5 that follow the Loudoun County School calendar. Contact the center of your choice for current availability.

LOCATIONS

Bluemont Community Center	540-554-8643
Lucketts Community Center.....	703-771-5281
CASA Academy at Philomont Community Center.....	540-338-5882

REGISTRATION

PRESCHOOL: 2020-21 SCHOOL YEAR

- Registration for currently-enrolled families:
- Class lists are released February 3, 2020.
 - Lottery closes February 10, 2020.
 - Families are notified the week of February 10, 2020.
 - Deposit is due February 18, 2020.

- Open registration for remaining spots:
- Class lists are released February 3, 2020.
 - Open lottery runs February 10 - February 18, 2020.
 - Families are notified the week of February 18, 2020.
 - Deposit is due February 27, 2020.

COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

AGE 5-GRADE 5
703-737-8042

Visit www.Loudoun.gov/CASA for information

2019-2020 SCHOOL YEAR REGISTRATION

CASA registration is done in person at the PRCS main office (742 Miller Dr. SE, Leesburg, VA 20175). Participants must be 5 years old no later than September 30th. Many locations are already full with waitlists, please call 703-777-8042 before coming in. For complete registration details, visit www.loudoun.gov/prcslp.

2019-2020 SCHOOL YEAR FEES

CASA:\$335/month/child
Non-refundable Deposit:..... \$50/child/due at registration
Monthly fees are due by the first of the preceding month (e.g., due 3/1 for April)

2019-2020 CASA PROGRAM

This year, we will focus on nurturing participants' individuality through a variety of recreational opportunities including STEM and Literacy. Our creative and talented staff have developed a system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public Schools' (LCPS) calendar.

CASA locations run from the time school ends and close at 6:00 p.m.

2019-2020 CASA LOCATIONS/SCHOOLS SERVED

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Cardinal Ridge, Catoctin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert (Hamilton), Discovery, Dominion Trail, Evergreen Mill, Frederick Douglass, Forest Grove (Sully, Guilford), Goshen Post, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Elementary, Lowes Island, Madison's Trust, Meadowland, Mill Run, Moorefield Station, Mountain View, Newton-Lee, Philomont Community Center, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sycolin Creek, Tolbert, Waterford, Waxpool. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information, please contact us or visit www.Loudoun.gov/casa.

2020-2021 PRE-REGISTRATION

Pre-registration for current CASA participants and siblings runs from March 31 through April 10. Please note that pre-registration is program specific; for example, a 2019 Summer Daze participant is not automatically eligible for CASA pre-registration. Pre-registration for the CASA Assistance Program (Families approved for the Loudoun County Public Schools Free and Reduced Lunch Program)

may pre-register for CASA from April 13 through April 17. Proof of participation for current school year will be required. A \$50 non-refundable deposit per child is required at the time of registration.

2020-2021 SCHOOL YEAR OPEN REGISTRATION

Open registration for CASA begins April 21.

2020-2021 SCHOOL YEAR FEES

CASA:\$345/month/child
Non-refundable Deposit:..... \$50/child/due at registration
Monthly fees are due by the first of the preceding month (e.g., due 3/1 for April)



YOUTH SERVICES

703-777-0343

YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, STEM, book club, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.
FEE\$50/month

YAS Locations

Belmont Ridge MS, Blue Ridge MS, Brambleton MS (offers transportation to Stone Hill MS), Eagle Ridge MS, Farmwell Station MS, Harmony Middle (offers transportation to Blue Ridge MS), Harper Park MS, J.L. Simpson (offers transportation to Harper Park MS), Lunsford MS (offers transportation to Mercer MS), Mercer MS, River Bend MS, Seneca Ridge MS, Smart's Mill MS, Sterling MS & Stone Hill MS

2019-2020 SCHOOL YEAR REGISTRATON

Registration for available spaces is ongoing.

2020-2021 PRE-REGISTRATION

Preregistration for current YAS participants and siblings runs March 31 through April 10 and is available for returning YAS participants and rising grade 6 students from the CASA program.

2020-2021 SCHOOL YEAR OPEN REGISTRATION

Open registration for YAS begins April 21.

YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council, in partnership with Loudoun Youth, Inc., have the opportunity to develop leadership skills, meet new people and be a voice for Loudoun's teens. Members plan special events, (e.g., Loudoun's Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote teen-centered events. Spaces are limited in this competitive program. Applications accepted on a rolling basis. For more information and applications, visit www.loudoun.gov/teens.

LOUDOUN'S

BATTLE OF THE BANDS

FEB 28TH
**CASCADES
OVERLOOK
EVENT CENTER**
6:00 P
\$5 DOOR

**FINAL BATTLE
FRIDAY
MAR 27TH**
TALLY HO
6:00 P
\$8 DOOR

**CASCADES OVERLOOK
EVENT CENTER**
21453 EPICURIE PLAZA #200
STERLING, VA 20164
TALLY HO
19 W MARKET ST
LEESBURG, VA 20175

PRIZES INCLUDE
RECORDING STUDIO TIME +
OVER \$900 IN CASH PRIZES
TEEN PRODUCERS, SOLO ACTS, & BANDS
SUBMIT TO COMPETE AT - LOUDOUN.GOV/TEENS

PRESENTED BY:



FOLLOW US: LOUDOUNTEENS



GENERAL INFORMATION

what you need to know about...

GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00 a.m. on 2/12/20 for county residents. Online registration for all activities begins at 12:01 a.m. on 2/13/20 for county residents. Walk-in registration at PRCS facilities begins on 2/13/20 for county residents during normal business hours for each location. Online registration begins at 12:01 a.m. on 2/20/20 for anyone not residing in Loudoun County (including seniors). Walk-in registration at PRCS facilities begins on 2/20/20 for anyone not residing in Loudoun County (including seniors) during normal business hours for each location.

ONLINE REGISTRATION

WebTrac is the online registration system for enrolling in PRCS activities, using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in two to five business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at www.loudoun.gov/webtrac. If you require additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms may be required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcslp for specific registration procedures for Licensed Preschool, CASA, YAS, Daze and Fest summer camps, Adaptive Recreation camp and licensed trip camps. Proof of participation for current school year will be required for families in the CASA Assistance Program (families approved for the Loudoun County Public Schools Free and Reduced Lunch Program).

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A global childcare statement can be printed using WebTrac. The option is located under "my account" after logging into WebTrac. A statement can be printed for any calendar year; however, the desired tax year must be selected. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy or policy provided by the specific program:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

OUT-OF-COUNTY FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County for facility rentals and adult day services.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES & MATERIALS

The cost of supplies and materials is included in the class or activity fee, unless otherwise indicated. If a supply/material fee is listed for an activity, it must be paid directly to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to out-side costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or

program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5013 or 703-771-5010.

PROGRAM ACCESSIBILITY/ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office). At least three business days advance notice is requested. Phone: 703-777-0343, TTY: 711, Email: prcs@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. For more details, visit www.loudoun.gov/prcs, consult your parent handbook, or call the program location or PRCS Administration at 703-777-0343. For athletic field conditions, visit www.loudoun.gov/fieldstatus.go. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at www.loudoun.gov.

Questions? Give us a call!

ADMINISTRATIVE OFFICE

Main Number.....703-777-0343
TDD/for deaf or hearing impaired..... TTY711

PROGRAMS & SERVICES

Adaptive Recreation 703-737-8042
After School Programs
CASA Grades K-5 703-737-8042
YAS Grades 6-8..... 703-777-0343
Area Agency on Aging/Senior Services 703-777-0257
Children's Programs and Camps 703-737-8042
Facilities Planning & Development..... 703-737-8992
Licensed Childcare/Preschool 703-737-8006
Sports, Youth & Adult 703-777-0343
Sports Postponements/Cancelations 703-777-0456
Youth Services..... 703-777-0343

CENTERS

Bluemont Community Center 540-554-8643
Carver Center 571-258-3400
Claude Moore Recreation & Community Center ... 571-258-3600
Douglass Community Center 703-771-5913

Dulles South Recreation & Community Center 571-258-3456
Dulles South Senior Center 571-258-3883
Eastern Loudoun Adult Day Center..... 571-258-3232
Franklin Park Arts Center 540-338-7973
Leesburg Adult Day Center 703-771-5334
Loudoun Valley Community Center 540-338-4122
Lovettsville Community Center 540-822-5284
Lucketts Community Center 703-771-5281
Mac Brownell Adult Day Center..... 571-258-3402
Philomont Community Center 540-338-5882
Senior Center at Cascades..... 571-258-3280
Senior Center at Cascades..... 571-258-3280
Sterling Community Center 703-430-9480
The Senior Center of Leesburg 703-737-8039

REGIONAL & STAFFED PARK SITES

Banshee Reeks Nature Preserve..... 703-737-8894
Claude Moore Park..... 571-258-3700
Franklin Park 540-338-7603
Philip A. Bolen Memorial Park..... 571-258-3487
Potomack Lakes Sportsplex 703-444-1459



FACILITIES

PRCS ADMINISTRATION

742 Miller Drive, SE
Leesburg, VA 20175
703-777-0343

ASHBURN PARK

43645 Partlow Road
Ashburn, VA 20147
703-777-0343

BANSHEE REEKS NATURE PRESERVE

21085 The Woods Road
Leesburg, VA 20176
703-737-8894

BETH MILLER PARK

20270 Leier Place
Ashburn, VA 20147
703-777-0343

BLES PARK

44830 Bles Park Drive
Ashburn, VA 20147
703-777-0343

BLUEMONT COMMUNITY CENTER

33846 Snickersville Turnpike
Bluemont, VA 20135
540-554-8643

BRAMBLETON COMMUNITY PARK

22388/22389 Belmont Ridge Road
Ashburn, VA 20148
703-777-0343

BYRNE'S RIDGE PARK

24915 Mineral Springs Circle
Aldie, VA 20105
703-777-0343

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132
571-258-3400

Mac Brownell Adult Day Center

200 Willie Palmer Way
Purcellville, VA 20132
571-258-3402

CHICK FORD & RYAN BICKEL FIELDS

43950 Grace Bridge Drive

Ashburn, VA 20147

703-777-0343

CLAUDE MOORE PARK

21544 Old Vestals Gap Road
Sterling, VA 20164
571-258-3700

Claude Moore Recreation & Community Center

46105 Loudoun Park Lane
Sterling, VA 20164
571-258-3600

Lanesville Heritage Area**CONKLIN COMMUNITY PARK**

25701 Donegal Drive
Chantilly, VA 20152
703-777-0343

CORNER HALL PARK (KIRKPATRICK WEST)

41381 Gardenia Dr.
Aldie, VA 20105

COUNTRYSIDE PARK

20756 Countryside Boulevard
Sterling, VA 20164
703-777-0343

DOUGLASS COMMUNITY CENTER

405 E. Market Street
Leesburg, VA 20175
703-771-5913

DULLES SOUTH RECREATION & COMMUNITY CENTER

24950 Riding Center Drive
South Riding, VA 20152
571-258-3456

DULLES SOUTH SENIOR CENTER

24950 Riding Center Drive
South Riding, VA 20152
571-258-3883

EAST GATE PARK

43664 Tall Cedars Parkway
Chantilly VA, 20152
703-777-0343

EASTERN LOUDOUN ADULT DAY CENTER

45140 Bles Park Drive

Ashburn, VA 20147

571-258-3232

EDGAR TILLET MEMORIAL PARK

21561 Belmont Ridge Road
Ashburn, VA 20147
703-777-0343

E.E. LAKE GENERAL STORE

18351 Railroad Street
Bluemont, VA 20135
703-777-0343

ELIZABETH MILLS RIVERFRONT PARK

44105 Heron Way
Leesburg, VA 20176
703-777-0343

Kephart Bridge Landing

43942 Riverpoint Drive
Leesburg, VA 20176
703-777-0343

EVERGREEN MILLS EQUESTRIAN & HIKING TRAIL (CURRENTLY CLOSED)

21332 The Woods Road
Leesburg, VA 20176

FRANKLIN PARK

17501 Franklin Park Drive
Purcellville, VA 20132
540-338-7603

Franklin Park Performing & Visual Arts Center

36441 Blueridge View Lane
Purcellville, VA 20132
540-338-7973

GOSHEN CORNER PARK

41430 Braddock Road
Aldie, VA 20105
703-777-0343

GREG CRITTENDEN MEMORIAL PARK

21401 Windmill Drive
Ashburn, VA 20147
703-777-0343

GWEN THOMPSON BRIAR PATCH PARK

21660 Sterling Boulevard
Sterling, VA 20164
703-777-0343



FACILITIES

HAMPSHIRE PARK

21315 Smith Switch Road
Ashburn, VA 20147
703-777-0343

KEEP LOUDOUN BEAUTIFUL PARK

43055 Golf Club Road
Leesburg, VA 20176
703-777-0343

LEESBURG ADULT DAY CENTER

16501 Meadowview Court
Leesburg, VA 20175
703-771-5334

LEESBURG ANNEX BALLFIELD

102 North Street, N.W.
Leesburg, VA 20175
703-777-0343

LOUDOUN COUNTY SENIOR CENTER AT CASCADES

21060 Whitfield Place
Sterling, VA 20165
571-258-3280

LOUDOUN VALLEY COMMUNITY CENTER

320 W. School Street
Purcellville, VA 20132
540-338-4122

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way
Lovettsville, VA 20180
540-822-5284

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road
Leesburg, VA 20176
703-771-5281

LUCKETTS COMMUNITY PARK

14560 James Monroe Highway
Leesburg, VA 20176
703-777-0343

LYNDORA PARK

43624 Lucketts Bridge Circle
Ashburn, VA 20148
703-777-0343

MEADOW GLEN PARK

41574 Conejo Way
Aldie, VA. 20105
703-777-0343

MICKIE GORDON MEMORIAL PARK

23229 Carter's Farm Lane
Middleburg, VA 20118
703-777-0343

NELL BOONE PARK

11756 Harper's Ferry Road
Purcellville, VA 20132 (Neersville)
703-777-0343

PHILIP A. BOLEN MEMORIAL PARK

42405 Claudia Drive
Leesburg, VA 20175
571-258-3487

PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road
Philomont, VA 20131
540-338-5882

POTOMAC GREEN NEIGHBORHOOD PARK

20750 Marblehead Drive
Ashburn, VA 20147
703-777-0343

POTOMACK LAKES SPORTSPLEX

20280 Cascades Parkway
Sterling, VA 20164
703-777-0343

RAY MUTH SR. MEMORIAL PARK

20971 Marblehead Drive
Ashburn, VA 20147
703-777-0343

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive
Round Hill, VA 20141
571-258-3562

SCOTT JENKINS MEMORIAL PARK

39480 East Colonial Highway
Hamilton, VA 20158
703-777-0343

SETTLE-DEAN CABIN (NO INTERIOR ACCESS)

25625 Loudoun County Parkway
Chantilly, VA 20152
703-777-0343

SHALE RIDGE NEIGHBORHOOD PARK

21335 Shale Ridge Court
Ashburn, VA 20147
703-777-0343

(ARCOLA) SLAVE QUARTERS (NO INTERIOR ACCESS)

24837 Evergreen Mills Road
Sterling, VA 20166

STERLING COMMUNITY CENTER

120 Enterprise Street
Sterling, VA 20164
703-430-9480

SUGARLAND RUN STREAM VALLEY PARK

20750 Meadowland Lane
Sterling, VA 20165
703-777-0343

THE SENIOR CENTER OF LEESBURG

102 North Street, N.W.
Leesburg, VA 20175
703-737-8039

TRAILHEAD PARK AT BELMONT RIDGE

42555 Sungrove Terrace
Ashburn, VA 20148
703-777-0343

TRAILSIDE PARK

20375 Claiborne Parkway
Ashburn, VA 20147
703-777-0343

VESTALS GAP OVERLOOK PARK

45335 Century Blvd.
Sterling, VA, 20166
703-777-0343

WOODGROVE PARK

17020 Evening Star Drive
Round Hill, VA 20141
703-777-0343

SUMMER SAFETY REMINDER!

PREVENT LYME & OTHER TICK-BORNE DISEASES!

- AVOID TALL GRASS
- WEAR REPELLENT
- CHECK PEOPLE AND PETS DAILY FOR TICKS
- PROMPTLY REMOVE TICKS WITH A TWEEZER
- SHOWER SOON AFTER BEING OUTDOORS
- CALL YOUR DOCTOR IF YOU GET A FEVER OR RASH



COMO PREVENIR LA ENFERMEDAD DE LYME Y OTRAS ENFERMEDADES TRANSMITIDAS POR LAS PICADURAS DE LA GARRAPATAS

- EVITAR LA HIERBA ALTA
- USE REPELENTE
- HÁGASE INSPECCIONES DEL CUERPO Y TAMBIEN REVISE LAS MASCOTAS

PARA BUSCAR LAS GARRAPATAS INMEDIATAMENTE DESPUES DE ACTIVIDADES AL AIRE LIBRE

- REMUEVA INMEDIATAMENTE LAS GARRAPATAS USANDO UNA PINZA
- DUCHARSE INMEDIATAMENTE DESPUES DE ESTAR AL AIRE LIBRE
- LLAME A SU DOCTOR SI TIENE FIEBRE O TIENE ALGUN BROTE EN LA PI





- Request a household account for online registration
- Retrieve your ID and password for an existing account
- Add household members to your account
- Enroll in most classes and activities
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
- Pay existing balances for licensed programs
- Print a transaction history
- Print a child care statement
- Print old receipts
- Purchase performance tickets

webtrac.loudoun.gov/online/webtrac.asp?search.html?module=WebTrac&SessionID=07150215fc210205064c95a189ef67781e6c6d1c907e785b1e1154203d495d

Webtrac, Loudoun | Loudoun, VA | Loudoun, VA | Loudoun, VA

NOW MISSING
For job listings please visit our
[Loudoun Jobs Page](#)

Activity Search Criteria

Type	All Types Activity for Heart and child Adaptive Recreation Adventure After School Programs Loudoun American Red Cross Loudoun Aquatics	Age	All Ages 2 Months 3 Months 4 Months 5 6 7	Location	All Locations Blanchard-Rodriguez M Alder 10 Aqueduct P.S. Arlington P.S. Arlington M.S. Southwest P.S.
Keyword Search		Keyword Search Options	Search One	Sort Options	Activity/Session
Days of Week	Any Weekday Sunday Monday Tuesday Wednesday Thursday Friday	Activity Number (first 6 Digits only)		Display Options	Detail
Show Results with Greater Than "N" Spots Available?	N/A				

Search Reset

Loudoun County Department of Parks, Recreation & Community Services

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from March 1 through May 31, 2020. It is designed with you and your family in mind. We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit us at www.loudoun.gov/prcs.

Creating Community Through People, Parks & Programs!



**742 Miller Drive SE
Leesburg, VA 20175**

PH: 703-777-0343/TTY 711 • FAX: 703-771-5354

HOURS: Monday-Friday, 8:30 AM - 5:00 PM



*El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia en Español.
Por favor, llame al 703-777-0343 y solicite un intérprete.*